



THREE RIVERS COMMUNITY COLLEGE

SURRENT

**Travel to San Diego
this Summer!**
page 8

**Three Rivers Community
College 2022 Commencement**
page 4

**5 Ideas to Spark Inspiration
for Mother's Day**
page 20

The Current is the official student publication of Three Rivers Community College.

It is written, edited, and designed solely by students.

Editor

Jordan Leroy

Managing Editor

Dustin Durham

Staff

Joe Barberi

Davon Brown

Jordan Leroy

Jaizier St.Hilaire

Melissa Tucker

Advisor

Kevin Amenta

If you would like to contribute to The Current,

Please email submissions, responses, and ideas to:

trccnewspaper@gmail.com

or

kamenta@threerivers.edu

Table of Contents

Campus

Three Rivers Community College 2022 Commencement ... p4

On Campus Art Show ... p6

Educational

Travel to San Diego This Summer! ... p8

A Force for Good ... p 12

What's Causing American Teens to be Sad? ... p 14

Cinco de Mayo ... p18

5 Ideas to Spark Inspiration for Mother's Day ... p20

Entertainment

The Dropout Review ... p22

Video Games that are Coming Out This Summer ... p24

Rust in 2022 ... p26

What's THAT story?
The one you NEED to tell?



Honestly, it's probably the one the world NEEDS to hear.

Sign up for a
FREE 30-MINUTE SESSION
to Mastermind Your Book idea!

Visit www.thenarrativeproject.net
for more info.



World News

Could a Cashless World Ever Happen? ... p28

Breathing "Fresh" Air on Airplanes ... p30

Recipes

Dustin's Near Perfect Steak Rub ... p32

Baked Mac and Cheese ... p34

Three Rivers Community College 2022 Commencement

2022 Graduate Profiles

Three Rivers Community College will have a 2022 Graduate Profiles page, where you'll be able to see profiles of the graduates who participated and sign their guest book to wish them the best.

Graduates can access the Graduate Profile Information Form at www.threerivers.edu/graduate-profile-form/ to enter their information and upload a photo of themselves. The profile will be posted within a week of approval.

Information for those graduating this May

Written by Jordan Leroy

As Three Rivers Community College is welcoming back an in-person Commencement ceremony this spring, here is a helpful guide to what soon-to-be graduates should know:

Where and When?

Commencement 2022 will take place on Wednesday, May 25 at 5:00 pm on the Green at Three Rivers Community College. Graduates should plan to arrive by 3:00pm.

The Nursing Pinning Ceremony will take place Tuesday, May 24, at 5:00 p.m. in the Three Rivers multi-purpose room.

Lavender Graduation will be held on May 12th, from 6:00pm - 8:00pm in room B127 at Three Rivers Community College.

Guests

No tickets will be required for guests, and you can invite as many as you want. However, each graduate will receive only two parking passes, so make sure you can fit everyone into two vehicles. There will be no assigned seating at the ceremony, so seating is by first come first serve.

Grad-a-Palooza

May 11th, 2022 is Grad-a-Palooza; visit the cafeteria between 11:00am and 6:00pm to pick up your cap, gown, tassel, and parking passes. There will be free food and tons of materials to decorate your cap. Included in your cap and gown package will also be a paper giving you all the details you'll need for Commencement.



Papa Tony's
Book your party or event today!
Wood Fired PIZZA
(860) 245-5533

Photo Courtesy: Pexels

On Campus Student Art Show

Student Art Show 2021-2022

Opening Reception

Story by Dustin Durham

Please join us for the opening of the newest exhibition in The Gallery at Three Rivers, the Three Rivers Student Art Show 2021-2022. There will be an awards ceremony held at the end of the opening reception.

This event is free and open to the public. There will be refreshments and live music by Victim or Victor (acoustic).

This gallery will be on display May 6-May 25, 2022. The gallery hours are M-F, 9 a.m. - 7 p.m., please check in at the security desk to visit the gallery. For more information on The Gallery at Three Rivers, visit www.threerivers.edu/gallery

Three Rivers
COMMUNITY COLLEGE

May 6-May 25

The Gallery at Three Rivers

Opening Reception:
Friday, May 6 from 4:00-6:00 pm
with live music and refreshments

Awards Ceremony:
May 6 at 6:00 pm

Live music by Victim Or Victor
(acoustic)

Free & open to the public

Gallery Hours:
M-F: 9:00 am - 7:00 pm

www.threerivers.edu/gallery

Aurora Vennari, Painting II Student,
Synthetic Construction Assignment (detail),
acrylic and collage on board, 24"x18"

student art SHOW 2021-2022

Travel to San Diego This Summer!

A little trip to San Diego is just the thing you need

Written by Davon Brown

Me and my best friend last summer traveled to San Diego for seven days and it was the highlight of our year. Everything about the trip was fun and amazing, and I highly recommend you and your bestie, partner, or family travel there this coming summer because you won't regret it!

The first day in San Diego after landing from the airplane, was a day to unwind from the long flight and the layovers. We ordered in some food and became a home body until the next day...

The second day, my best friend and I went to the San Diego Zoo, and while it was a workout with the amount of hills we had to climb from each exhibit to the next (they had buses throughout you could hop on and off from), they had so many animals and knowledge all over the zoo, it really made you feel you were making a difference in the conservation of these animals.

The mountains at Mission Trail Regional Park



The third day, we went on a beautiful hike at Mission Trails Regional Park where we were enclosed between the mountains at which we felt so small within the world but we also just loved being within nature and all of its beauty. – Later on that same day, we went to Seaport Village and did a little cliché tourist shopping for sweatshirts and souvenirs for our family. They had all different kind of shops, not just for tourist

although they had plenty, but they had a flag store, skin care, biker shops, among restaurants. – That night we went to Sunset Cliffs, and as the name suggests, we watched the sunset, and there was and is nothing like a west coast sunset, if you know you know.



The beautiful coast views at Sunset Cliffs

The fourth day, we went back to Sunset Cliffs and just sat by the ocean and enjoyed the view, the smell of the sea air, the waves crashing against the cliff, and each others company. – Later that day we went for a little 30 minute road trip to make our own scented candles at “Candles on Tap.” My bestie and I LOVE candles so for us this was for sure a top tier activity to do! – From there we went on a gondola ride and had an amazing view of the sunset, the taste of wine, and the funny conversation with the gondolier, from “Black Swan Gondola.”

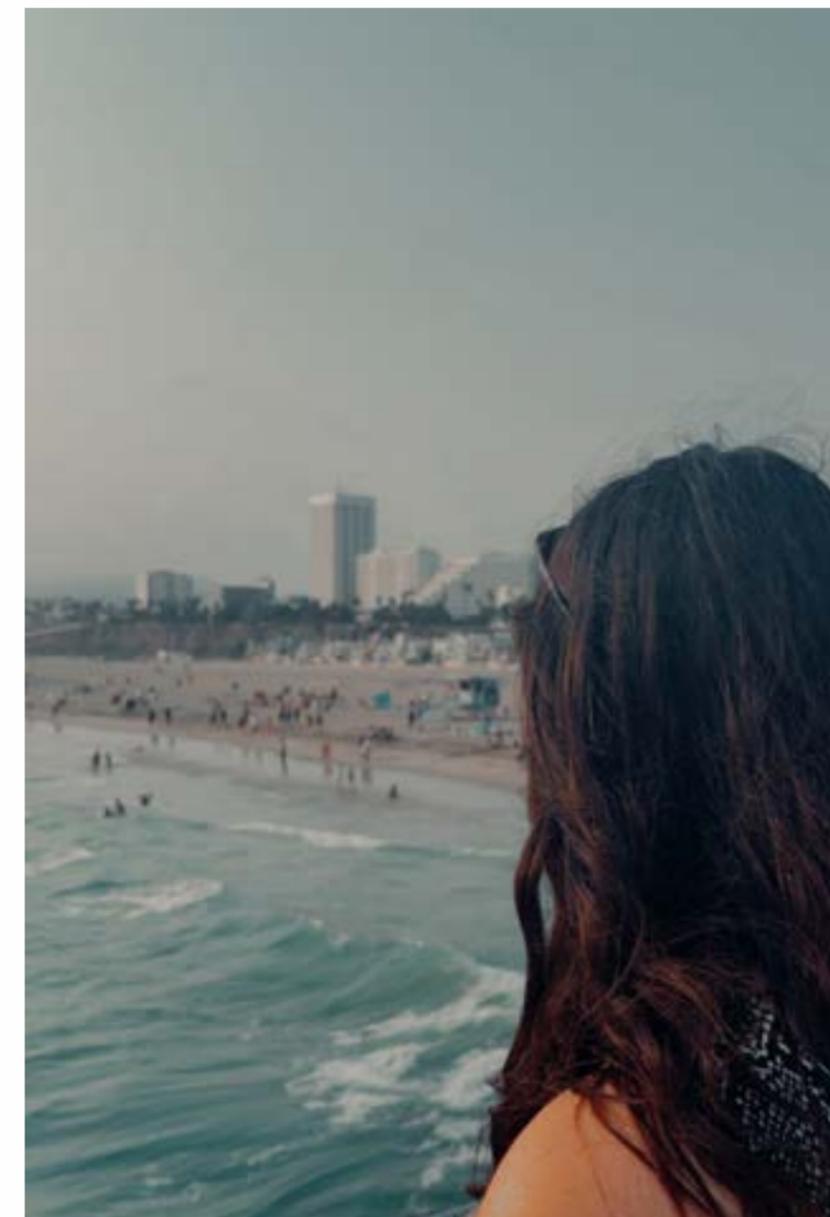
E

The fifth day, we took a 2 hour drive to Los Angeles. We walked the Walk of Fame, we saw and went up to the observing spot for the Hollywood Sign, we drove past Paramount Studios and Warner Brothers Studios, went to the Hollywood Forever Cemetery, shopped on Rodeo Drive (rather looked!), and we ended the day with the Santa Monica Pier. All in all a great day of full tourism, and beauty within the city. Although the road to the Hollywood Sign observation, smaller than one car, but had two way traffic (mind you we were in a Jeep Compass!).

The sixth day, we just relaxed. It was our final full day together in San Diego and we just wanted a good beach day, and although it was a little cloudy that day, it was still a great day of just relaxation, filled with some great authentic Mexican food from Pokez.

The seventh day, my bestie left at 11am, I on the other hand left at 11pm. So on the last day I drove around spent some time at the beach watching the surfers surf and made my way to the Japanese Friendship Garden at which I felt so much peace. Now we intended to go together but other things got in the way during the week, but it was nice to stroll through and look at the garden and really just breathe for a second and focus on nothing but you.

All together I would have rated this trip a 11/10. I had the best company, the best weather, the best Airbnb, and just the best time. I can only guess the same will be for you if you decided to go to San Diego as a summer vacation!

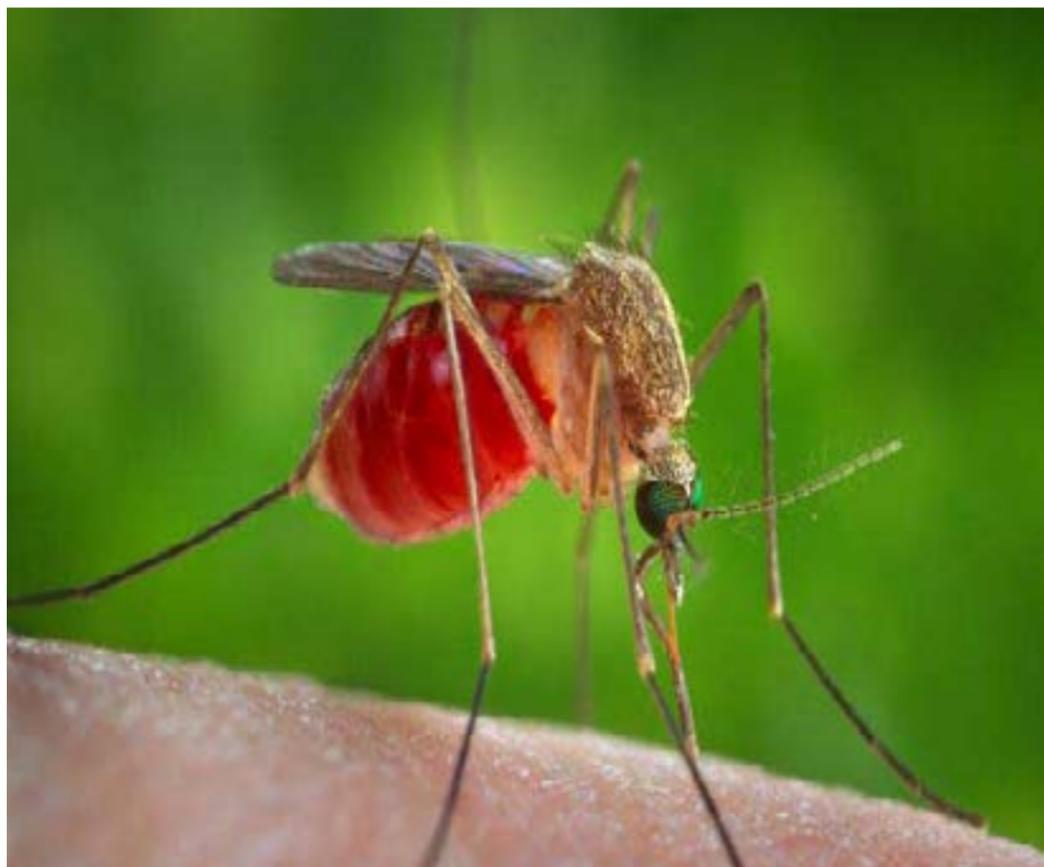


The beach view from the Santa Monica Pier

A Force for Good

Scientists have finally finished their GMO mosquito experiment. The results are in.

Written by Jaizier St.Hilaire



Mosquito: To think that these things are finally being used for good (Photo Courtesy: CDC)

A test that released genetically modified mosquitoes in the Florida Keys has come to an end. This experiment is to see whether these modified irritations could help suppress the disease-carrying mosquito populations. How did this happen exactly?

The biotech firm Oxitec had placed genetically modified mosquito eggs on private properties in the Florida island chain. The modified bugs were engineered to be male, non-biting, and capable of producing male offspring. The eggs were surrounded by capture sites designed to snag adult mosquitoes and traps to collect the eggs of future mosquito generations. Scientists wanted to see if the modified Oxitec mosquitoes would successfully mate with local insects, and if the plan succeeded, and produced only non-biting male offspring, it would reduce the number of wild mosquitos.

Luckily, the experiment was a success according to an announcement from the company. The scientists found out that when modified mosquitoes matured to adulthood, their flight and exploration behavior was the same as wild mosquitoes. The bugs were also successful in mating with native female mosquitoes and laying eggs in the Oxitec traps. The researchers had collected more than 22,000 eggs and watched them hatch in a lab. Oxitec confirmed that all of these eggs hatched males—though the gene that killed female eggs only lasted for about three mosquito generations.

These particular mosquitoes are the ones that carry diseases such as Zika, Yellow Fever, Dengue, etc. The ultimate goal for Oxitec is to be able to squash the spread of disease.

More info can be found on popsci.com's "The first US trial to release GMO mosquitoes just ended. Here's how it went." by Hannah SEO.

What's Causing American Teens to be Sad?

Four forces are supposedly causing rates of depression in young people

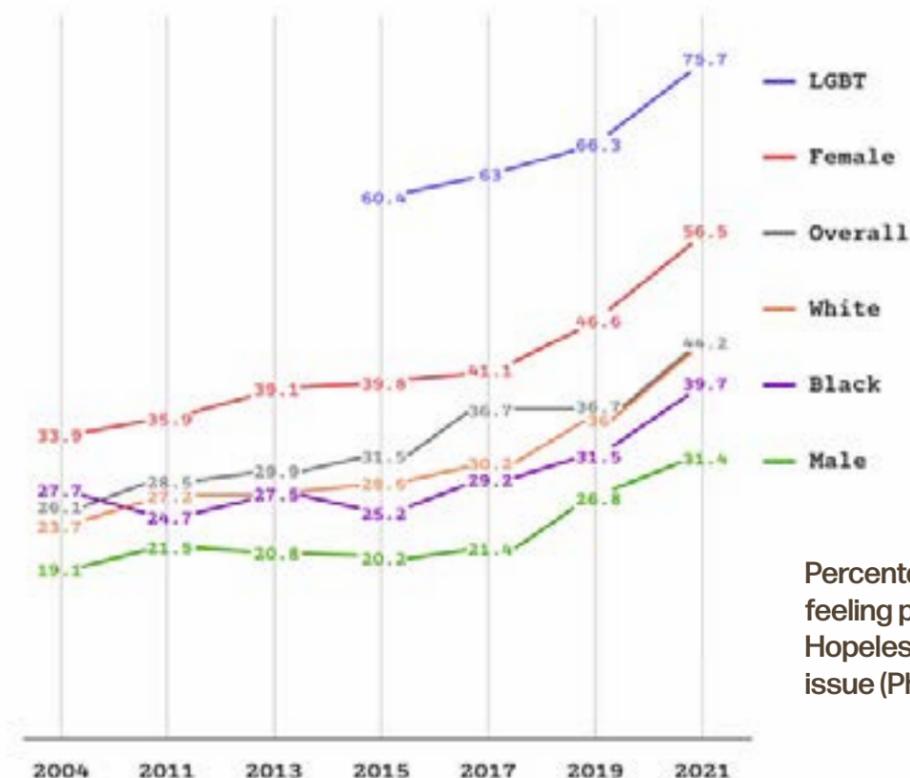
Written by Jaizier St.Hilaire

An increased mental-health crisis amongst young teens is happening in the U.S. From 2009 to 2021, American high-school students who say they feel “persistent feelings of sadness or hopelessness” rose from 26 percent to 44 percent, according to a recent study from the CDC. This is the highest level of teenage sadness ever recorded.

Teens of all races and genders are becoming more and more sad according to this chart. So why is this happening?

According to reporter Derek Thompson from The Atlantic, there are a couple of fallacies that must be squashed before continuing. The first fallacy is that teens are behaving badly. The second is that teens have always been moody, and sadness looks like it is rising only because people are more willing to talk about it. Lastly, the third fallacy is that today's mental-health crisis was principally caused by the pandemic and an overreaction to COVID.

Percent of High-School Students Feeling Persistently Sad or Hopeless



Percentage chart of students feeling persistently Sad or Hopeless: This is a problematic issue (Photo Courtesy: CDC)

What are the 4 problems that are causing such an increase of this feeling in teens?

1. Social Media Use
2. Sociality is down
3. The world is stressful—and there is more news about the world's stressors
4. Modern Parenting Strategies

To try and sum up each force propelling this feeling in teens, the use of social media not just fuels anxiety from already underlying issues, whether that be judgment from friends, society's idealistic standards, etc, but it also makes it harder for young people to cope with the pressures of growing up.

According to psychologist Jean Twenge, who wrote an influential and controversial feature in *The Atlantic* titled “Have Smartphones Destroyed a Generation?” based on her book *iGen*, and Jeff Hancock, a behavioral psychologist at Stanford University who has conducted a meta-analysis of 226 such studies, summed up that the pandemic and the closure of schools has increased teen

loneliness and sadness. According to the reporter, “Aloneness isn’t the same as loneliness, and loneliness isn’t the same as depression. But more aloneness (including from heavy smartphone use) and more loneliness (including from school closures) might have combined to push up sadness among teenagers who need sociality to protect them from the pressures of a stressful world.”

The world’s problems could have some factors, according to the reporter. The reporter interviewed Lisa Damour, a clinical psychologist and author, and told him that no single factor can account for the rise of teenage sadness. “But she believes a part of the answer is that the world has become more stressful. Or, at least, teenagers’ perception of the world seems to be causing them more stress.”

Lastly, parenting could play a strong role in this. The reporter quotes Kate Julian, another reporter who made the *Atlantic* feature “What Happened to American Childhood?,” that, “Anxious parents, in seeking to insulate their children from risk and danger, are unintentionally transferring their anxiety to their kids.”

With more and more states lifting the mask mandate and having more supplies of vaccines to give to the people, could these numbers and theories decrease as the world begins to slowly get back to “normal”?

More information on this can be found on: <https://www.theatlantic.com/newsletters/archive/2022/04/american-teens-sadness-depression-anxiety/629524/>



Cinco de Mayo

The history of Cinco de Mayo

Story by Melissa Tucker

It is a common misconception that Cinco de Mayo, the fifth of May, is Mexican Independence Day. Cinco de Mayo is not Mexican Independence Day, which is celebrated September 16, instead it commemorates the Battle of Puebla. It should be noted Mexican Independence was declared more than 50 years prior to Cinco de Mayo as well.



Cinco de Mayo Celebration. Photo Courtesy CNN



The Battle of Puebla. Photo Courtesy CBS8

Cinco de Mayo celebrates the date of the Mexican army's victory over France on May 5, 1862, at the Battle of Puebla during the Franco-Mexican War.

Benito Juárez was elected president in 1861, to a country that was in financial ruin and was forced to default of debt payments to European government. This led France to send a fleet to storm Veracruz to demand repayment and try to make an empire out of Mexican territory all the while driving President Juárez into retreat.

6,000 French troops led by General Charles Latrille de Lorencez attacked Puebla de Los Angeles, a small town in east-central Mexico. In response Juárez gathered a ragtag 2,000 loyal men of Mexican descent to go to Puebla.

The Mexicans were outnumbered and poorly supplied, led by General Ignacio Zaragoza. On May 5, 1862, the French, with heavy artillery lead the assault. The battle went from daybreak to early evening. The French retreated after losing almost 500 soldiers while fewer than 100 Mexicans were killed in the battle.

The May 5 win represented a great symbolic victory for the Mexican government and boosted morale and resistance among the movement. In Mexico, Cinco de Mayo is actually a relatively minor holiday, it's mostly celebrated in the state of Puebla although other parts of Mexico do celebrate as well.

In the U.S. though, the holiday is much more popular. Cinco de Mayo has evolved into a celebration and commemoration of Mexican heritage and culture. Mexican activists raised awareness of Cinco de Mayo in the 60s because they related with the victory of Indigenous Mexicans over European invaders during the Battle of Puebla.

5 Ideas to Spark Inspiration for Mother's Day

Ideas of how to celebrate this special day

Story by Joe Barberi



Mother's Day is a holiday that puts a spotlight on mothers, and a day where people show extra gratitude towards their mother or motherly figure. For this Mother's Day here are some ideas that can spark some inspiration for you.

- Buy some of her favorite items, like flowers, chocolate, or even tickets to a see her favorite band or event.
- Make her something, one of my favorite things to make is an origami swan or bouquet of flowers. They are relatively easy to make and can be something a mother cherishes.
- Order a bouquet of her favorite flowers or hand pick and arrange a bouquet.
- Cook her favorite dish or meal. This could range from a small simple dish, to making a full course meal.
- Plan a small gathering of other family and friends to celebrate the holiday.

All these ideas are fun and manageable for anyone to do. The point of Mother's Day is to show appreciation to your mother or someone who has been a motherly figure in your life. The options are limitless for what you can plan for this special day. Happy Mother's Day!

The Dropout Review

The Dropout Poster: Photo Courtesy TV Insider

A look at the new Hulu limited series

Review by Melissa Tucker

The Dropout is a show based on real life CEO and founder of the disgraced biotechnology company Theranos, Elizabeth Holmes, played by Amanda Seyfried. The show chronicles her journey from dropping out of Stanford to creating a huge tech company and of course, her downfall when it is revealed that she had been conning people for years.

The Dropout is a compelling show, with Elizabeth Holmes being an interesting character. The story is ultimately about her sheer ambition ultimately becoming her undoing as she ends up hurting people and putting millions of patients at risk with her faulty technology.

In our culture we prize go getters so much, on one hand it is not shocking Holmes was able to convince and con as many people as she did to get to the top. Watching her story in the earlier days it's hard not to root for her to succeed, she is so driven to succeed.



On the other hand, it is fascinating to watch just how far Holmes is able to take the con. Seyfried does an amazing job playing Holmes as she spirals into delusion. The strange voice Holmes puts on sounds exactly like the real-life Elizabeth Holmes.

The show has good pacing with eight episodes that build off of each other. It becomes fascinating to see just how long and how exactly Holmes managed to pull off becoming one of the biggest names in tech while having nothing to back it up. At the end, there is a satisfying ending to top things off.

Video Games That are Coming Out This Summer

These games are finally here

Story by Joe Barberi

All the games that are brought up in this article are coming to both PlayStation and Xbox consoles. These games were also chosen based on my own interests and come out in May and June.

The first game is Evil Dead: The Game, which is categorized as a 5 player PVP multiplayer horror action game. Much like the movies, Evil Dead: The Game follows a similar plot. Players can also play as good or evil. Playing as good enables players to defeat the evil dead. And playing as evil gives players the objective to control the Kandarian Demon. This game is \$40 and comes out on May 13th.

Evil Dead: The Game /Credit: Epic Games



Vampire: The Masquerade-Swansong /Credit: Epic



The next game is Vampire: The Masquerade - Swansong. It's a single player roleplaying game where players can play as three different vampire characters who are searching for who is putting the Boston vampire community in danger. It is also based on the tabletop roleplaying game that shares the same name. This game is priced at \$60 and will be coming out on May 19th.

The third game, MX vs ATV Legends is a single or multiplayer off road racing game. Players have a big open world to explore and race with all different kinds of vehicles, dirt bikes, UTV's, and ATV's. This game offers a variety of different modes to enjoy. For players who enjoy just a single player experience, they can play career mode. Players who like playing with friends can race online against 16 other players. This game is \$40 and is set to release on May 24th.



MX vs ATV Legends /Credit: Steam



The last game is The Quarry, which is a cinematic horror game. Player takes control of the events that take place to complete the game, much like the Life is Strange franchise. Players follow the story of 9 camp counselors who are left alone for one night with the camp to themselves, but none of them know what kind of terrifying night they are in for. The Quarry is \$60 and will be coming out on June 10th.

The Quarry /Credit: IGN

RUST

in 2022

Is Rust worth playing in 2022?

Story by Dustin Durham

At the time of authoring this article, Rust has 91,000 current players on Steam, with a 24-hour peak of 108,000 concurrent players, sitting at the 7th most played game on Steam. All veteran Rust players believe: if you want to play Rust, you must be prepared to die and start over. I would only add to that: again, again, and again.

What Is Rust?

Rust is an open-world survival game where you start off naked with only a rock and a torch. The goal is to collect loot, build a base, protect that base, and become the richest person on the server. Sounds simple, right? Well, it is not always as straightforward and simple as it sounds. Depending on the activity of the server you join and the number of players on that server, getting started can at times feel impossible, which is most notably influenced by player aggression and whether their interested in killing someone with nothing. It can at times be very toxic and annoying when first starting out with nothing.

Once you reach the point where you have a base and some weapons, you can start trying to make explosives which can be used for attacking and raiding other players' bases to steal their loot, or even take over their base as your own. Beware that once you go offline your base is still there so while you are gone other players can come and raid you. Because of this, it is important to strengthen your base as much as possible.

Is Rust Worth Your Time In 2022?

If you like survival games, Rust is a game that you should look at. Rust is unique, gets lots of support from developers, and offers potentially limitless enjoyment due to all the different servers hosted by the community. Rust has been around for a long time but if you are looking to get into it now, I would say expect to die a lot for no reason at all.

Rust is a game that can meet the needs of everyone. In the game you can choose which server to join, meaning that you can join official or modded servers hosted by the community. In an official server with no mods it may take a very long time to reach the point where you can use advanced weapons and have a nice base. However, with modded servers that give upwards of 10x the loot to players, things take exponentially less time to reach end-game feels. Thanks to these modded servers you can still play the game like everyone else even if you only have a few hours on the weekend.

Background Image Courtesy of Dustin Durham



Could a Cashless World Ever Happen?

Wouldn't it be nice and a lot easier?

Written by Davon Brown

What would a cashless world really look like? Could that ever fully be a thing in the future, or is there still a high demand for the paper currency? Well for the card lovers, you can experience going cashless for the first time at Lake Compounce when they open for their 2022 season on April 30th.



North America's oldest continuously operating amusement park. Photo Courtesy Travel+Leisure.

Cash will no longer be accepted for tickets, food and drink concessions, or for their gift shops. They will only be accepting credit or debit cards, as well as the mobile payments options being Apple and Google Pay.

Lynsey Winters, marketing director for Lake Compounce, said one of the park's sister amusement venues, Dutch Wonderland in Lancaster, PA., went cashless for the first time last weekend as of April 18th. Both amusement parks are owned by Palace Entertainment, which is based in western Pennsylvania.

"It allows us to cut down on wait times for our rides and concessions," said Winters. "During COVID -19, a lot of restaurants have gone cashless because of the potential for money carrying germs. And by going cashless, we reduce the possibility of coins flying out of someone's pocket on a ride and hitting somebody else."

For those that don't have any cashless options, Winters said, Lake Compounce customers will be able convert their cash onto prepaid cards at several kiosks located throughout the park. There would be no fee for converting cash to the prepaid cards.

You will be issued one card per reload, meaning once the money runs out on the prepaid card, you will need to get a new card. Also no need to worry about the left over money on the card, as you will be able to use the card everywhere outside of the park wherever Visa is accepted.

"It is becoming industry standard," Winters said of amusement parks going cashless. Just close to home at another New England favorite, Six Flags, decided to go cashless last year, doing the same kind of kiosk situation.



Breathing "Fresh" Air on Airplanes

No more masks required to be worn on airplanes

Written by Davon Brown

The TSA will not enforce the COVID-19 mask mandate on planes and other public transportation, after a federal judge in Florida on Monday April 18th, ruling that the CDC had overstepped its authority. The CDC is still recommending that people still wear mask on public transportation.

U.S. District Judge Kathryn Kimball Mizelle in Tampa said the CDC had failed to adequately explain its reasons for the mandate, and id not allow public comment in violation of federal procedures for issuing new rules.

White House press secretary Jen Psaki, at a news conference Monday, said the administration is reviewing the courts ruling and the justice Department will determine wether it will appeal.

United Airlines said in a statement, that, effective immediately, mask would no longer be required on domestic flights or certain intention flights.

"While this means that our employees are no longer requires to wear a mask - and no longer have to enforce a mask requirement for most of the flying public - they will be able to wear masks if they choose to do so, as the CDC continues to strongly recommend wearing a mask on public transit," United said.

Passengers maskless on airplane for the first time in over 3 years. Photo Courtesy NBC News.



Delta Air Lines add Alaska Airlines also made similar announcements.

United Airlines CEO Scott Kirby told the Today Show, last week that people who are uncomfortable flying - like parents with young children who are not yet eligible for the COVID-19 vaccine - may be offered a credit of a refund.

"For customers like that, that are immunocompromised or that have other concerns or issues ... we are working with those customers if they really don't want to fly," he said, adding, "if they just really don't ever want to fly again, we're actually willing to give them a refund."

United, at the moment seems to be the best airline when it comes to the refunds possibility in the light of the new no mask on public transportation policy news. Cutlines: Passengers maskless on airplane for the first time in over 3 years. Photo Courtesy NBC News.

R

Dustin's Near Perfect Steak Rub

The absolute best steak seasoning
Recipe by Dustin Durham



Hi, my name is Dustin and I really like to grill steak during the summer. It will not be long before summer is here, so I wanted to share my steak rub seasoning with the world. I have used this seasoning mix for years now and after multiple additions and minor adjustments, I feel it is the perfect flavor combination for grilling a nice flavorful steak.

Serves: This recipe makes about 2 cups of seasoning rub.

Ingredients

½ cup Paprika
¼ cup Kosher Salt
¼ cup Sugar
¼ cup Cumin
¼ cup Garlic Powder
¼ cup Chili Powder
2 tablespoons Mustard Powder
2 tablespoons Ground Black Pepper
2 tablespoons Cayenne Pepper

Instructions

In a medium bowl, combine and whisk together all ingredients. Using a funnel, spoon the mixture into your container of choice. I like to use an empty garlic powder container.

Rub steaks with Olive Oil and then generously coat with the seasoning. Let steak set in the refrigerator 1 hour prior to grilling.


R

Baked Mac and Cheese

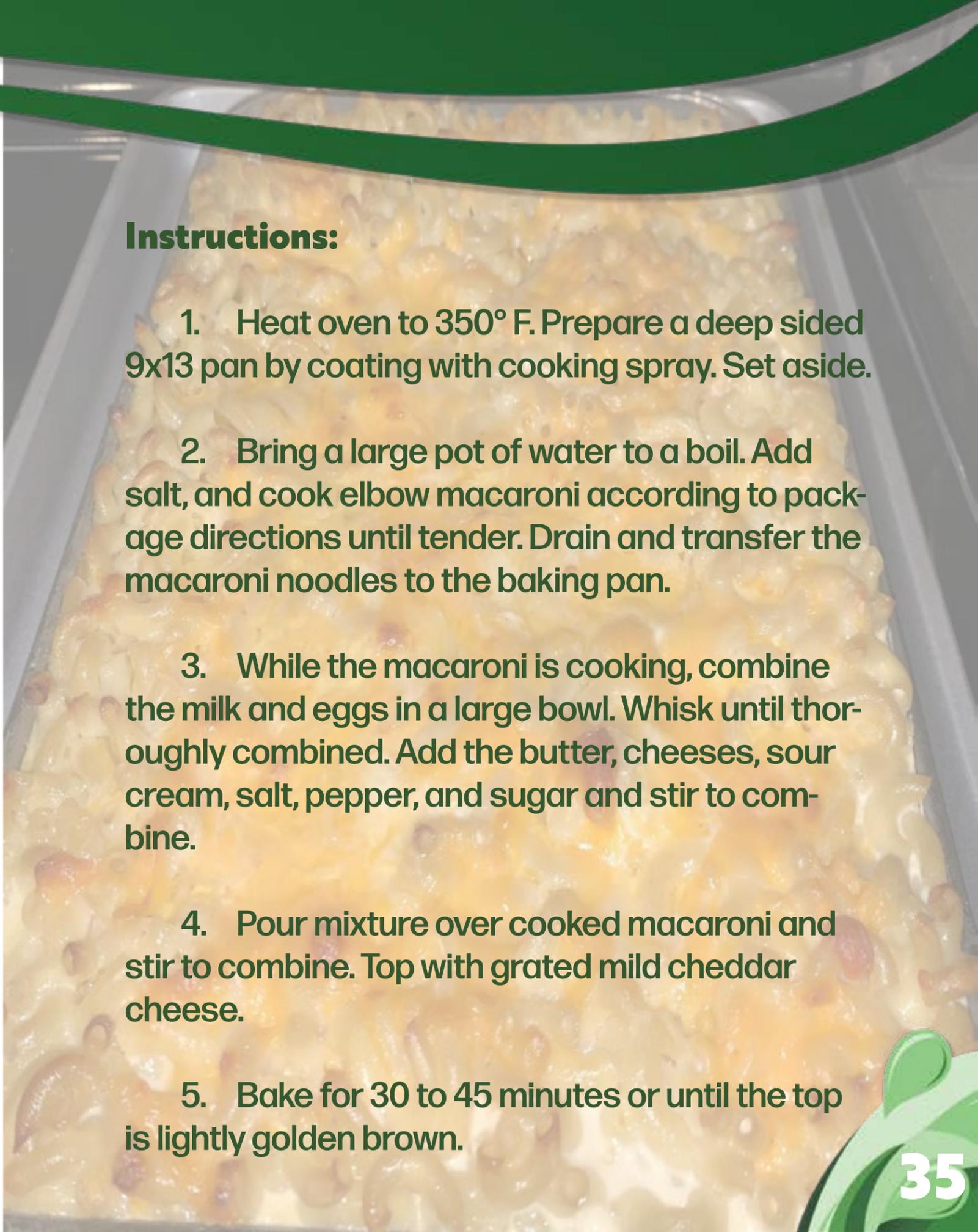
The side dish everyone will be raving about

Written by Jordan Leroy

Want to wow the crowd at the barbeque this summer? Try out this delicious mac and cheese recipe! I have made this numerous times, and each time I bring it to a party I always get people asking for more!

Ingredients:

1 pound elbow macaroni
1 cup whole milk
2 12-ounce cans evaporated milk
3 eggs
1 cup butter, cut into small pieces
1/2 pound Colby cheese, grated
1/2 pound Monterey Jack cheese, grated
1/2 pound sharp Cheddar cheese, grated
1 pound Velveeta cheese, cut into small chunks 1/2 cup sour cream
Salt to taste
1 tablespoon white pepper
1 tablespoon sugar
1 cup grated mild cheddar cheese for topping



Instructions:

1. Heat oven to 350° F. Prepare a deep sided 9x13 pan by coating with cooking spray. Set aside.
2. Bring a large pot of water to a boil. Add salt, and cook elbow macaroni according to package directions until tender. Drain and transfer the macaroni noodles to the baking pan.
3. While the macaroni is cooking, combine the milk and eggs in a large bowl. Whisk until thoroughly combined. Add the butter, cheeses, sour cream, salt, pepper, and sugar and stir to combine.
4. Pour mixture over cooked macaroni and stir to combine. Top with grated mild cheddar cheese.
5. Bake for 30 to 45 minutes or until the top is lightly golden brown.

From Putnam to Pawcatuck

Proud to be
your bank for
your life with:

- A choice of checking accounts
- Easy online and mobile account access
- Mortgages to buy or refinance a home
- Accounts and services for local businesses
- And more!




**Jewett City
Savings Bank**

Since 1873

Brooklyn • Dayville • Jewett City
Pawcatuck • Plainfield • Preston • Putnam
JCSBank.com | 860.376.4444

