

## Three Rivers Community College NUR 108 Perspectives of Nursing Fall 2012 Calendar

**Class on Wednesday 3:30-6:15PM in room D219 and online—see schedule below**

**Contact Information—Lili Rafeldt, RN, MA, CNE via Blackboard Learn Message Tool—best way**

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<i>Week</i>	<i>Content Overview</i>	<i>Pre-Class Preparation</i>	<i>In-Class Activity Overview</i>	<i>Assignments to Demonstrate Learning</i>	<i>Due / Points</i>
One	Overview  General Education  Nursing Core Values  Critical Thinking and Nursing Process	Where are we meeting, what supplies do I need, have I organized my time, life and finances to attend classes?  If not what do I need to do?  Bring texts to class	Review of syllabus and course  Netiquette and Respect for Self and Others  Meet colleagues  Learning Preferences and resources--strategies for building your success tool kit  Nursing process—a new language and way of thinking  Planning—essential to nursing and educational success	Attendance and participation in first night of class activities  Group Scavenger Hunt—in school and online  Individual Personal and Academic Goals  Complete Vark Learning Style Preference and Reflection	Week two—25 points  Week two —25 points  Week two --50 points
Two	Communication in college and nursing  Oral and Written, Reading and Listening  Verbal and Nonverbal	<i>Wilkerson: 103, 279, 302-304, 171, 191</i>  <i>Nugent and Vitale: Chapter 1, 3, and 4</i>	Communication Concepts  Therapeutic and nontherapeutic communication techniques  Time Management  Test Taking Skills in the health careers  The Writing Center	Introducing yourself to your classmates  Process Recording and Reflection <b>Or</b> Listening Assignment	Week Three—25 points  Week Three —50 points

Three	<p>Nursing Process and Critical Thinking</p> <p>Critical Thinking and Logical Analysis</p>	<p><i>Wilkerson: 8-20 and 29-64</i></p> <p><i>Nugent and Vitale: Chap 2</i></p> <p><i>Journal article</i></p>	<p>NP and CT outside and in clinical</p> <p>Case studies— Concept Maps and Simulation</p> <p>Physical Assessment— sciences important</p> <p>Jeopardy</p>	<p>Weekly 12 question quiz</p> <p>Assessment Activity— being a detective</p>	<p>Week 4—25 points</p> <p>Week 4—50 points</p>
Four Guest: Kate Lynes, Research and Instructional Librarian	<p>Information Literacy and Evidence Based Practice in Nursing and Allied Health</p> <p>Continuing Learning-- Life Long Learning</p> <p>21<sup>st</sup> Technological Literacy</p>	<p><i>Wilkerson: 35-38, 192-194, Appendix C and D</i></p> <p><i>Nugent and Vitale: Chapter 9</i></p> <p>Math Text Chapter 1</p>	<p>Determining information needed Searching CINHAL, Health and Wellness, Medline Plus</p> <p>Evaluating websites</p> <p>Using the library and the <i>Nursing Gateway</i></p> <p>Prioritizing work in college and nursing</p> <p>How the pre and corequisites contribute to the nursing program— who is Erickson?</p>	<p>Weekly 12 question quiz from the content of the week before</p> <p>Information Literacy Search— Nursing and the Messages</p>	<p>Week 5—25 points</p> <p>Week 5—50 points</p>
Five	<p>NP and CT Continued</p>	<p><i>Wilkerson: Chapter 3 and 4</i></p> <p>Math Text Last chapter and appendix (Note different careers in problems)</p> <p><i>Links in Bb Learn</i></p>	<p>Focus on Assessment and Diagnosis</p> <p>Working with and as a collaborative team</p> <p>The Social Nature of Nursing</p> <p>Documenting patient care</p> <p>Telling your story-- emotional intelligence</p>	<p>Weekly 12 question quiz</p> <p>Listening Assignment</p> <p>Discussion Board Sharing-- Planning for ePortfolio project</p>	<p>Week 6—25 points</p> <p>Week 6—50 points</p> <p>Week 6—25 points</p>

Six	<p>Safety in college and Competent Practice Across the Health Care Professions</p> <p>Scientific and Quantitative Reasoning Abilities</p>	<p><i>Wilkerson: 315, 340-358,</i></p> <p>Chapter from Nursing Text (used with permission)</p> <p>Review Hand washing checklist</p> <p><i>Links in Bb Learn</i></p> <p>Math Chapter</p>	<p>Safe behaviors in the home, college and community</p> <p>Safe practice in infection control (CDC video link)</p> <p>Hand washing with <i>GloGerm</i></p> <p>Safe preparation for medication administration—preparing med sheets (Medline Plus)</p> <p>Connecting patho(physio)logy and pharmacology</p> <p>Building math (quantitative) reasoning skills</p>	<p>Weekly 12 question quiz</p> <p>Hand washing practicum</p> <p><i>Pre-Test:</i> review answers and identify areas of strength, areas to improve and plan for future health care use of math</p> <p><b>AND</b></p> <p>Planning for College Expenses</p>	<p>Week 7—25 points</p> <p>Week Six—required in class activity</p> <p>Week 7—50 points</p>
Seven	<p>Safe Practice in Specialties and Common Disorders—diabetes, cardiovascular disease, cancers, Chronic Obstructive Pulmonary Disease (COPD), urinary retention, depression, obesity and comorbidities in adults and children</p> <p>Scientific Knowledge</p>	<p><i>Wilkerson: 117-154, Table 4-3 on page 126, Table 4-5 on page 131</i></p> <p><i>Nugent and Vitale: Chapter 7</i></p> <p>Math Chapter</p>	<p>Diagnostic Reasoning in medicine, nursing and collaborative practice</p> <p>Ability to think conceptually with attention to detail too</p> <p>Quantitative skills in safe and competent practice</p> <p>Advanced Test taking skills</p>	<p>Weekly 12 question quiz</p>	<p>Week 8—25 points</p>
Eight	<p>Caring</p> <p>Social Phenomena</p>	<p><i>Journal Article</i></p> <p>Chapter from Nursing Text (used with permission)</p>	<p>Theories of Caring</p> <p>Is Caring the Essence of Nursing?</p> <p>Novice to Expert development</p>	<p>Weekly 12 question quiz</p> <p>Caring for Academic Self—Educational Plan</p> <p>Discussion Board Post</p>	<p>Week 9—25 points</p> <p>Week 9—50 points</p>

		<i>Links in Bb Learn</i>	Humor  Stress and Coping in college and the health care professions  Nurses as advocates, thinking courageously  Student Nurses' Association	and Response— Strategies to Decrease Stress and Care for Self	Week 9— 25 points
Nine	Holism in college and health care  Global Awareness  Historical Knowledge  Appreciation of Human Dimensions	<i>Wilkinson: 99-112, 184-191</i>  <i>Nuggent and Vitale:</i>  <i>Links in Bb Learn</i>	<b>Online work—through learning module</b>  Humanistic Inquiry and Global Awareness—each health professional is a unique person  Purnell Model of Health Care  Wellness to Illness Health Continuum  <i>Healthy People 2020</i>  Cultural Perspectives in Health Care	Weekly 12 question quiz  Discussion Board Post—List one cultural practice and how that will affect the care that is required for a client's improved health and/or wellbeing  Complete the Heritage Assessment in Wilkinson: page 102 and identify how who you are will affect your nursing care	Week 10— 25 points  Week 10— 25 points  Week 10— 50 points
Ten	Professionalism in college and nursing  Responsible Citizenship  Appreciation of Ethical Human Dimensions	<i>Wilkinson: 113-114, Appendix B</i>  <i>Nugent and Vitale: Practice Test Questions</i>  <i>Links in Bb Learn</i>	<b>Online work—learning module</b>  Professionalism as: A way of life  Differentiating between legal and ethical principles Legal and ethical principles in college—what is plagiarism, what is cheating?	Weekly 12 question quiz  Discussion Board Posting and Response—Where is the policy for plagiarism or cheating at TRCC? What are the consequences? How can you prevent either behavior?	Week 11— 25 points  Week 11— 25 points

			<p>Honesty and Integrity in nursing</p> <p>Obtaining and maintaining an RN license in CT and other states</p>	<p>Discussion Board Posting and Response—What are the requirements for obtaining an RN license in CT?</p>	<p>Week 11—25 points</p>
Eleven	Professionalism in nursing and other health careers	<p><i>Wilkerson: 18-21, 1-16, 278-280</i></p> <p><i>Links in Bb Learn</i></p>	<p><b>Online work—learning module</b></p> <p>What qualities does a nurse need?</p> <p>Lifelong learning—pathways for continuing your education</p> <p>Considering who you are and the qualities and behaviors a nurse needs—do you want to be a nurse? If not what else do you want to pursue academically and as a career?</p> <p>Differentiating between roles of CNA, LPN and RN</p> <p>Communication and Delegation in health care</p>	<p>Weekly 12 question quiz</p> <p>Discussion Board Post and Response: What qualities help a registered nurse to be effective?</p> <p>Discussion Board Post and Response: Is there another career that interests you?</p>	<p>Week 12—25 points</p> <p>Week 12—25 points</p> <p>Week 12—25 points</p>
Twelve	Going into clinical settings--preparation	<p><i>Nugent and Vitale: Practice Test Questions</i></p> <p><i>Links in Bb Learn</i></p> <p><i>Basic Skills Video clips: Hygiene and Mobility</i></p>	<p><b>Online work—learning module</b></p> <p>Essentials as a student—the distraction of technical skills—the need for critical thinking</p> <p><i>CHA module</i></p>	<p>Completion of CHA Test</p>	<p>Week 13—50 points</p>

			Preparation for travel, uniforms, contingent plans if car doesn't work, children are sick, emergency finances, other unexpected events		
Thirteen	Self-Learning Week  What is your intrinsic motivation?  Do we all still need extrinsic motivation?	What area to you want to review or search for additional information?  <i>Links in Bb Learn</i>	<b>Online work— learning module</b>  Assessing your own strengths and areas to develop is critical for success  What would you like to learn?  Complete and submit your ePortfolio	ePortfolio project	Week 14-100 points
Fourteen	Service Learning— sharing who we want to be with others--class meeting	To be announced	<b>Class meeting</b>	Teaching and Learning plan/implementation	Week 14 Presentation—100 points
Fifteen	Class Celebration— Connecting the Course Outcomes and Plans for the Future	Panel group	<b>Class meeting</b>	Attendance required	
Finals week			May be exempt		
Notes--					
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