

CONNECTICUT COMMUNITY COLLEGE NURSING PROGRAM (CT-CCNP)

*Capital Community College, Gateway Community College,
Naugatuck Valley Community College, Northwestern Connecticut Community College,
Norwalk Community College, Three Rivers Community College*

NUR 102: FAMILY HEALTH NURSING

Course Prerequisite

NUR 101: Introduction to Nursing Practice; PSY 111: General Psychology; BIO*235: Microbiology

Course Corequisite

NUR 103: Pharmacology for Families Across the Life Span; PSY 201: Life span Development; SOC 101 Principles of Sociology

Course Components

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| Credits | 8 credits |
| Hours | Classroom: 60 hours Clinical: 180 hours |

Course Description

The student will focus on issues affecting the family, including childbearing, childrearing, geriatric care and intermediate health care needs of limited duration. The medical surgical health problems include care for the client in the perioperative period and the client experiencing orthopedic and simple genitourinary conditions. The course addresses several psychiatric disorders: anxiety and cognitive disorders, common child and adolescent psychiatric disorders. The student will have clinical rotations that provide experience caring for the childbearing family as well as caring for medical-surgical clients across the lifespan.

Course Objectives

At the completion of this course, the student will be able to:

1. Apply principles of holism in providing nursing care for individuals and/or families from diverse cultures across the lifespan.
2. Demonstrate application of the nursing process when providing nursing care to individuals and/or families across the lifespan.
3. Administer safe and competent care to individuals and/or families using evidence- based practice, quantitative reasoning, and technological competence.
4. Demonstrate effective communication when interacting with individuals, families, and members of the health care team.
5. Implement a basic teaching plan for individuals and/or families with a learning need across the life span.
6. Foster a caring environment by demonstrating respect for individuals and/or families across the life span.
7. Demonstrate a basic ability to function as a member of the health care team.
8. Exhibit accountability and responsibility when providing nursing care to the individuals and families across the lifespan.
9. Assume responsibility for personal growth and professional role development.

Course Schedule

Lecture: Wednesdays 8:30-10:30AM and 12:30-2:30PM

College Laboratory: 8:00 a.m. to 2:30 or 3 p.m. four days as noted on calendar

Two Day Clinical experience as assigned. Please note calendar and Blackboard for specifics of in-hospital experiences.

Methods of Instruction

This course is team taught. Teaching modalities include lecture, discussion, simulations, case studies, demonstration, return demonstration, guest speakers, experiential exercises, small group activities, and clinical practice. Computerized programmed instruction and interactive video and simulations are also used. Blackboard Learn and ePortfolio are used as learning management tools. It is advised to direct questions on course content to the professor responsible for that content.

Required Textbooks: (All textbooks are used in subsequent courses)

1. Lewis S. et al. (2011). Medical Surgical Nursing: Assessment and Management of Clinical Problems (8th ed.). St. Louis, MI: Mosby/Elsevier. 978-0-3230-6581-8
2. Potter, P & Perry, A. (2011). Fundamentals of Nursing Enhanced Multimedia Edition (7th ed.) St. Louis MI: Mosby/Elsevier. 978-0-3230-8083-5
3. Potter, P & Perry, A. (2011). Virtual Clinical Excursions for Fundamental of Nursing 7th Edition. St. Louis, MI: Mosby/Elsevier. 978-0-3230-5522-2
4. Perry, A. and Potter, P. (2011). Clinical Nursing Skills and Techniques (7th ed.). St. Louis, MI: Mosby/Elsevier. 978-0-3230-5289-4
5. Chapman, L, & Durham, R, Maternal-newborn nursing the critical components of nursing care. Philadelphia: F.A. Davis Company, 2010.
6. Hockenberry, M. J., & Wilson, D., Wong's essentials of pediatric nursing. St. Louis: Mosby (2009).
7. Ackley, Nursing Diagnosis Handbook (9th edition) Saunders, 2010.
8. Deglin, Davis Drug Guide for Nurses (12th edition) F.A. Davis, 2011.
9. Pickar, Dosage Calculations, with CD, (8th edition) Delmar Publications, 2007 packaged with 3,2,1Calc.
10. Lehne, Pharmacology for Nursing Care, with CD (7th edition) Saunders, 2010.
11. Pagana, Mosby's Manual of Diagnostic and Lab Tests (3rd edition) Mosby, 2010.
12. Varcarolis, Foundations of Psychiatric Mental Health Nursing (6th edition), Saunders, 2010
13. I Clicker (available in bookstore)
14. My Nursing Lab, Pearson Education, 2010.

Optional:

15. Dillon, Nursing Health Assessment, with CD, (2nd edition) F.A. Davis, 2007.
16. Pernel & Paulanka, Guide to Culturally Competent Health Care F.A. Davis, 2005.
17. Summers, Diseases & Disorders (3rd edition) F.A. Davis, 2007.
18. Quick Notes for Anatomy and Physiology (1st edition) F.A. Davis 2008.

Nursing Faculty and Staff

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Full-Time

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Full Time Faculty: Special Lecturer and ESL /Culture Facilitator:

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Part-Time

Sandra Basley, M.S.N., R.N –B.C., adjunct clinical faculty

Elizabeth Briglia, M.S.N., R.N., adjunct clinical faculty

Christine Kirk, M.S.N., R.N., adjunct clinical faculty

Judy Dollard, M.S.N., R.N., adjunct clinical faculty

Kristin Scarlata, M.S., APRN, adjunct clinical faculty

Nursing Lab Tutors:

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Kim Kobleski, R.N., B.S.N.
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Faculty / Staff Availability

Students are encouraged to seek clarification with the course coordinator as needed. Students are also encouraged to seek advisement with faculty as needed. Scheduled faculty office hours are posted outside faculty offices. Students may also meet with faculty by appointment. All faculty, staff and peers look forward to your success and practice as a registered nurse. Please utilize your time and ours to develop your abilities to the fullest.

Study Groups

Students are encouraged to form study groups which can meet in the lab or at the groups' mutual location choice. Tutors within the nursing lab are available also during posted hours of the Nursing Laboratory. Students are encouraged to be proactive in their learning and seek help independently. Referrals may be made by faculty for lab and theory improvement. The Nursing Lab and Nursing Tutors are in place to promote success and retention. Students are encouraged to utilize these independent opportunities weekly. Practice materials are within your N102 Course Shell on Blackboard Learn, Text book Web Sites and CDs / DVDs, material within the nursing laboratory and library. Sample exam questions can be found within these materials. Some students have recommended the following book for practice with first semester Nursing Exam Questions. It is available to use in our nursing laboratory.

Nugent, P. A., & Vitale, B. A. (2008). *Test Success, Test-Taking Techniques for Beginning Nursing Students* (5th ed.). Philadelphia: F.A. Davis.

Nursing Program College Facilities

Faculty offices are located within C wing second floor.

The College lab is located in the A wing second floor.

Computer labs are located within the nursing lab and throughout the campus (library and E wing).

The Library is located in the C wing first floor.

Nursing Program Clinical Facilities

William W. Backus Hospital, Norwich CT

Lawrence and Memorial Hospital, New London CT

Day Kimball Community Hospital, Putnam CT

St Francis Hospital and Medical Center, Hartford CT

Hospital for Special Care, New Britain, CT

Middlesex Hospital, Middletown, CT

Clinical Equipment

Stethoscope
Watch with second hand
Bandage Scissors
Black pen
Note paper
Assigned text
Uniform
ID name badge and TRCC picture ID

Class Examinations

| Test | Date | Weight |
|---|--------------------------|--------------------------------------|
| Medication Calculations | 9/7/12 (Friday) | Must earn $\geq 90\%$ (Pass/Fail) |
| Quiz I | 9/12/12 (Wednesday) | 15% |
| Quiz II | 10/3/12 (Wednesday) | 15% |
| Quiz III | 10/24/12 (Wednesday) | 15% |
| Quiz IV | 11/14/12 (Wednesday) | 15% |
| Quiz V | 12/5/12 (Wednesday) | 15% |
| Final Exam *You must bring documentation that you have completed course evaluations to the final exam | 12/10/12 (Monday) | 25 % |

Grading Policies

To pass Nursing 102 and progress in the nursing program a student must do **ALL** of the following:

- Earn at least a 74 average in the theoretical portion of the course. Test items are drawn from ALL content of the course; theory, lab, clinical and math.
- Pass the clinical component of the course in a satisfactory manner.
- Pass Dosage Calculation Competency with 90% accuracy. Students may use calculators provided by the college for all exams involving drug calculations. A student may not administer medications until s/he has successfully passed the dosage calculation examination. A student will be given three (3) attempts to pass the dosage calculation examination. A student who fails the dosage calculation examination must participate in remediation before taking the next examination. A student who fails the third (3rd) examination will be withdrawn from the nursing course and dismissed from the nursing program.
- Pass required clinical skills validations. Three (3) opportunities will be given to pass the skills verification. Students unable to meet critical criteria the second attempt will must attend mandatory remediation.

Evaluation activities reviewed:

Clinical: A conference will be scheduled **by the learner** with his/her clinical instructor for discussion and evaluation **of the student's progress at the end of each clinical week**. A clinical evaluation form will be completed by the instructor and reviewed by the student at these times. Clinical performance is evaluated on the basis of how well the learner meets the objectives and achievements identified on the evaluation form. Students must successfully meet the clinical objectives in order to pass the course. Students are responsible for self-evaluation and documentation. Students will submit their Assessment Collection Tool and Nursing Care Plan as assigned. A summative evaluation will be completed and reviewed at the end of the semester.

- **Theory:** There will be five *50 minute exams* (with 30-50 questions on each exam) and one two hour final examination (with 100 questions) in Nursing 102. The exams will start at 8:30AM. Class will resume promptly at 9:30 a.m.
- **Weight:** 5 exams, each worth 15% = 75% of total grade. Final examination = 25% of total grade. The five exams plus the final = the letter grade in the course.
- The final course grade also requires a satisfactory evaluation for clinical performance and successful completion of the Med Math test and Clinical Validations.

The grading criteria are:

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|----------|----------|----------|
| | A 93-100 | A- 90-92 |
| B+ 87-89 | B 83-86 | B- 80-82 |
| C+ 77-79 | C 74-76 | |
| D+ 67-69 | D 64-66 | |
| F 0-65 | | |

EVALUATIONS:

The student must complete evaluations for the course, faculty, and clinical instructor/s before grades will be released.

Standardized Curricular Testing

Standardized curricular testing is required and attendance is mandatory.

Nursing Program Policy Handbook

The student is responsible for content in the TRCC and Nursing Program Handbooks.

Refer to the Nursing Program Policy Handbook for detailed information regarding:

- Missed Exams
- Clinical Evaluations
- College Labs
- Attendance
- Required Clinical Equipment
- Professional Appearance in the Clinical Sites
- Return if withdraw

- Inability to return under certain circumstances

Attendance Policy

Students are expected to attend each lecture, classroom laboratory and clinical experience. It is the student's responsibility to notify the instructor if absence is necessary and to fulfill objectives of the experience. All clinical absences are to be made up as per the Nursing Program Policy Handbook.

Test Make-Up Policy

If you must be absent from a scheduled test due to illness or other emergency, contact the course coordinator by 8 a.m. on the morning of the test (860-892-5709). *Failure to do so may result in a failing grade for that test. Any student taking a make-up examination will have 15 points subtracted from the examination grade unless documentation of extenuating circumstances has been provided and approved.*

Students with an approved absence from scheduled tests will be given an alternate form of the examination at a time and date toward the later part of the semester. The make-up can be a cumulative make-up.

Statement on Penalty for Academic Dishonesty or Plagiarism

Plagiarism is the **unacknowledged** use of another person's words or ideas in your writing.

Whether conscious or not, plagiarism is a serious offense. Evidence that you did not write material that you submit under your name can result in failure for the entire course. Refer to the 2011-2012 College Catalog for policy. Students are expected to: "Demonstrate academic integrity by not engaging in conduct that has as its intent or effect the false representation of a student's academic performance, including but not limited to: (a) cheating on an examination; (b) collaborating with others in work to be presented, contrary to the stated rules of the course; (c) plagiarizing, including the submission of others' ideas or papers (whether purchased, borrowed or otherwise obtained) as one's own; (d) stealing or having unauthorized access to examination or course materials; (e) falsifying records or laboratory or other data; (f) submitting, if contrary to the rules of a course, work previously presented in another course; and (g) knowingly assisting another student in any of the above, including an arrangement whereby any work, classroom performance, examination, or other activity is submitted or performed by a person other than the student under whose name the work is submitted or performed." Consequences are delineated in the College Catalog.

Additional Expected Activity Requirements

Students are expected to participate in class discussions, role-play, simulations, material review and lab practice. Participation enhances the learning experience and allows students and instructors the opportunity to learn from each other. Students will be expected to submit work (Select Sim Chart CLEW(s), Reflection(s), Process Recording, Geriatric nursing Assignment) to ePortfolio. Grades maybe withheld until assignments are posted to ePortfolios. Students are reminded that classroom demeanor is a vital part of participation. Students should behave appropriately at all times and are asked to practice common courtesy, recognizing each person's right to learn in an atmosphere

conducive to the learning experience. Students who violate the rules of courtesy and/or professional demeanor will be asked to leave. Students are required to attend all class meetings. Tardiness and early leaves as well as absences have a direct impact on student learning.

GERIATRIC NURSING PRESENTATIONS

Each clinical group will deliver a presentation that covers a portion of the geriatric nursing care content, using real case scenarios from your medical/surgical nursing experiences. Each clinical group will receive a topic (TBD), and each presentation will be a maximum of 20-30 minutes.

Please refer to the syllabus and curriculum objectives. We will focus on topics such as ageism, functional assessments/ability, normal physiologic changes in aging, theories of aging (continuity, disengagement, and activity theory), psychosocial changes, polypharmacy, caregiver role-strain, and cognitive changes in aging. During weekly clinical assignments you apply this knowledge each time you provide nursing care to the older adult and their family.

ePORTFOLIO

- 1.) Post your geriatric presentation assignment. Review your CLEWs and Reflections completed during each week's clinical experiences (these do not all need to be posted into your ePortfolio). Choose at least ***one personal clinical experience*** that best demonstrates a connection ***you*** can make between the information you learned in the clinical setting and the knowledge you gained preparing and presenting information about the care of the geriatric client. Please post an entry, which discusses this connection, into your ePortfolio. When posting, consider the following criteria in order to guide your reflective responses:
 - a. Identify and clearly describe the clinical issue/problem related to the care of the geriatric patient you select
 - b. Please include your nursing assessment and analysis with viewpoints from credible resources (peer reviewed academic literature)
 - c. Include a comprehensive plan (with interventions) you implemented to address the identified problem. Be sure to include any complexities or challenges that may exist
 - d. Concluded with an evaluation, demonstrating outcomes related to the presented problem

*Once you have completed this work send Edie Ouellet an invitation to your ePortfolio at eouellet@trcc.commnet.edu by 11/25/12

- 2.) **During your last week of clinical**, prepare a summative reflection (using the same reflective tool you use each week). Address each core value in regards to the entire semester experience. Reflect on the entire clinical semester

*Once you have completed this work send **your clinical instructor** an invitation to your ePortfolio

WITHDRAWAL POLICY:

Students may withdraw, in writing, at the Registrar's Office for any reason. Refer to the Nursing and College Student Handbooks and College Catalog. Students who receive an overall unsatisfactory clinical grade at any time in the rotation will fail this course and receive a grade of F. Students who receive a clinical grade of Fail should consult the Student Handbook for CTCNP policies. This course does not offer midterm theoretical warning grades. Students with concerns about their course average are encouraged to contact the course coordinator.

DISABILITIES STATEMENT:

If you have a hidden or visible disability which may require classroom or test-taking modifications, please see the course leader as soon as possible. If you have not already done so, please be sure to register with Chris Scarborough if you have a learning disability, ADD or ADHD, or Student Services for other physical disabilities. Please see the Three Rivers Community College Catalog for additional policies and information.

CLINICAL CANCELLATION DUE TO INCLEMENT WEATHER:

When the college is closed for reasons of inclement weather, clinical experiences will also be canceled. When the college delays opening, clinical experiences will begin one hour later. However, students should use discretion in traveling in poor weather conditions. If you are unable to report to scheduled clinical experiences, be sure to notify your clinical instructor and the appropriate nursing unit. Preplanning and communication with your clinical instructor and course leader is important. (The College Student Handbook and Catalog lists radio stations announcing cancellations.) There also will be a notice of delays or cancellation on a recording at 886-0177, posted on the Three Rivers Web Page: www.trcc.commnet.edu, Blackboard Learn, or you may sign up for early alert (notification via email or text).