# **Three Rivers Community College**

## **Spring 2011**

## **PSY 112: General Psychology II**

| Stephen Weiss, Ph.D.                 | Office: D 205.6W   |
|--------------------------------------|--|
| Office Phone #: 860-823-2819         | Office Hours: M 4:00-5:00PM; TU 10:00-<br>11:00AM; W 4:00-5:00PM; TH 10:00-<br>11:00AM; & by appointment |
| E-Mail: sweiss@trcc.commnet.edu      | Class Room: D 224  |
| Class Schedule:<br>TUTH 1:00-2:15 PM | Website: <a href="http://smw15.org/">http://smw15.org/</a>   |

**Course Description:** This introductory course provides an overview of the applied and social aspects of scientific psychology with an emphasis on: cognition, human development, personality theory and assessment, abnormal behavior, psychotherapy, sexuality and gender, social psychology, consciousness, and workplace psychology.

**Student Learning Outcomes**: The goals and objectives for General Psychology II are integrated with the College's general education goals. After completing this course, the successful student will have the following knowledge and skills.

**Critical Thinking:** Utilize critical thinking skills to analyze psychological theories and research data

- Develop an understanding of the interrelationship between human biology and psychology
- Describe the interrelationship between stress, coping and health
- Develop an understanding of how social psychology informs a respect for diversity and humanity

**Information Literacy**: Assess what information is needed to answer questions as well as evaluate the quality of information

- Demonstrate the skill of identifying information needed to answer questions pertaining to psychological terms and concepts
- Recognize and evaluate information sources for a specified purpose
- Develop an understanding of how to apply ethical principles when using information pertaining to abnormal behavior, mental illness and psychotherapy

**Communication:** Understand and express ideas about psychology through reading and writing

- Demonstrate the ability to comprehend and interpret written passages
- Write clearly
- Develop the ability to articulate one's viewpoint in verbal or electronic discussions

**Systematic Inquiry:** Understand social science research methods used in psychological research

- Demonstrate the ability to describe the science of psychology
- Develop an understanding of the different research methods used in psychological science
- Describe various theories of personality and the research methods to measure personality attributes

**Required Text:** *Psychology*: Ninth Edition in Modules by David G. Myers

See my website for information concerning textbook purchasing options.

| Grading Criteria  | Points | Percentage |
|---|--------|------------|
| 5 Tests (lowest dropped; other four worth 100 pts each) | 400    | 72.7%      |
| Research Papers (each worth 75 points)                  | 150    | 27.3%      |
| Extra Credit  |        |            |
| Total   | 550    | 100%       |

**Note:** Above grading criteria is not subject to change.

# **Grading System:**

| Grade     | %     | Total   |
|-----------|-------|---------|
|           |       | Points  |
| A         | 94+   | 517+    |
| <b>A-</b> | 90-93 | 495-516 |
| B+        | 87-89 | 479-494 |
| В         | 84-86 | 462-478 |
| В-        | 80-83 | 440-461 |
| C+        | 77-79 | 424-439 |
| C         | 74-76 | 407-423 |
| C-        | 70-73 | 385-406 |
| D+        | 67-69 | 369-384 |
| D         | 64-66 | 352-368 |
| D-        | 60-63 | 330-351 |
| F         | -60   | -330    |

### **Notes:**

- (1) While class attendance will not be calculated into the above grades, excessive absences (6-7) will result in a decrease of a full letter grade (for example from C to D). 8-9 absences will cause your grade to be reduced by two full letters (for example from B to D). 10 or more absences will result in failure of the course.
- (2) If you do not complete this course, you must formally withdraw at the registrar's office by May 9<sup>th</sup>. Failure to do so will likely result in you receiving an F on your transcript for this course.

### **Extra Credit:**

- **Experiment Participants:** There will be extra credit points given for involvement as research participants in my survey studies. While this extra credit opportunity will be an option for everyone in this class, your participation is voluntary.
- There will be no individual extra credit opportunities.

**Tests:** All tests will be part multiple choice, true/false and short answer format. There will be **no make-ups** for these exams - since I am dropping the lowest, if one is missed it will count as your low grade (unless, there is an emergency and I am informed immediately).

**Reading Assignments**: The majority of the readings will come from the textbook. Additional readings will be assigned as well.

Research Papers: You will be required to write two, 2-3 page papers (maximum three pages) during this semester. For this paper, you will need to determine a topic with psychological implications (positive attribute or mental disorder) to investigate and then write a brief summary of past research and a section with conclusions and opinions. You must also conduct a structured interview with at least one individual and then include in your paper a summary of this interview (see my website for more details on how the interview can be incorporated into your paper). Paper 2 is a continuation of Paper 1. Papers must be written in APA format. Since you have these assignments well in advance of the due date, I will strictly enforce a 10-point penalty for each day a paper is late (including weekends).

- ❖ Hard-copy submission of papers is required in class on day paper is due. However, on certain occasions I will allow for an electronic submission. Two rules must be followed concerning electronic submissions: (1) File submitted is from a Word document; (2) your submission is not official unless I have sent a confirmation return email of its receipt.
- ❖ If a hard-copy of your paper is left in my mailbox or office (and thus has not been handed to me in person) you must also send me an email informing me of this and your submission is not official unless I have sent a confirmation return email of its receipt.

See my website for guidelines to both papers.

**Copy of article:** A copy of your first journal article must be handed in (for my approval). There will be a five-point penalty attached to Paper 1 if this is handed in late. Due date: Feb 15<sup>th</sup>.

**Policy on Cheating and Plagiarism**: Academic integrity is essential to a useful education. Failure to act with academic integrity severely limits a person's ability to succeed in the classroom and beyond. Furthermore, academic dishonesty erodes the legitimacy of every degree awarded by the College. In this class and in the course of your academic career, present only your own best work; clearly document the sources of the material you use from others; and act at all times with honor.

If I have determined that you have copied from another student or other source, you will receive a grade of zero on that assignment or exam. This zero cannot be counted as your lowest exam grade (it cannot be dropped). A second offense will result in failure of the course. See your student handbook for additional information concerning academic integrity.

**Disabilities Policy:** Students with a documented disability are provided supportive service and accommodations to assist them with their academic objectives. Services are strictly confidential. Disability services may include individualized accommodations, advising, advocacy, counseling, technical assistant and referral information. For further information read this policy in your student handbook.

# **Schedule of Classes**

| Date       | Tentative Topics  | Modules  |
|------------|---|--|
| Jan 20     | Syllabus; Research Issues and Techniques; Library Database Tutorial   | Module 3   |
| Jan 25, 27 | The Brain & Consciousness<br>Sleep and Dreams   | Module 7<br>Module 8   |
| Feb 1      | Hypnosis  | Module 9   |
| Feb 3      | College Professional Day – No Class – Enjoy!  |  |
| Feb 8      | Drugs & Consciousness   | Module 10  |
|            | Reminder: Copy of Journal Article is due Feb 15 <sup>th</sup> !   |  |
| Feb 10     | TEST 1: Modules 3, 7-10   |  |
| Feb 15, 17 | Nature & Nurture: Behavioral Genetics; Evolutionary Psychology;<br>Environmental Influences   | Modules 11-12  |
| Feb 22     | Life Span Development: Prenatal through Childhood   | Modules 13-14  |
| Feb 24     | Life Span Development: Adolescence  | Module 15  |
| Mar 1      | Life Span Development: Adulthood  | Module 16  |
| Mar 3      | TEST 2: Modules 11-12, 13-16  |  |
|            | Reminder: Paper 1 is due next class – Mar 8 <sup>th</sup> !   |  |
| Mar 8      | Thinking & Language   | Modules 31-32  |
| Mar 10     | Intelligence  | Modules 33-34  |
| Mar 13-19  | Spring Break – enjoy!   |  |
| Mar 22     | Genetic & Environmental Influences on Intelligence  | Module 35  |
| Mar 24     | Personality Psychology: Psychoanalytic Perspective  | Module 45  |
| Mar 29     | Personality Psychology: Humanistic Perspective  | Module 46  |
|            | Personality Psychology: Contemporary Research   | Module 47  |
| Mar 31     | TEST 3: Modules 31-35, 45-47  |  |
| Apr 5, 7   | Introduction to Psychological Disorders Anxiety Disorders Treatments for Anxiety Disorders CBT (pp.656-657) EMDR (pp. 665-666) Meds: Antianxiety Drugs (p. 672) | Module 48<br>Module 49<br>Module53<br>Module 54<br>Module 55 |

| Date       | Tentative Topics  | Modules   |
|------------|---|---|
|            | Reminder: Paper 1 is due next class – Mar 8 <sup>th</sup> !   |   |
| Apr 12, 14 | Somatoform Disorders Dissociative Disorders Personality Disorders Treatments for Personality Disorders Group & Family Therapies (pp.657-658) Dialectical Behavior Therapy (see website)   | Module 50  Module 53  |
| Apr 19     | TEST 4: Modules 48-50, portions of 53-55  |   |
| Apr 21     | Mood Disorders Treatments for Mood Disorders Humanistic Therapies (pp.649-650) Cognitive Therapies (pp. 654-656) Light Exposure Therapy (p. 666) Meds: Antidepressants; Mood Stabilizers (pp. 673-674) ECT (pp. 675-676) Alternative Neurostimulation (pp. 676-677) | Module 51  Module 53  Module 53  Module 54  Module 55  Module 55  Module 55 |
| Apr 26     | Schizophrenia Treatments for Schizophrenia Meds: Antipsychotic Drugs (p.672)  | Module 52  Module 55  |
| Apr 28     | Social Thinking/Social Influence  | Modules 56-57   |
| May 3      | Antisocial Relations: Prejudice; Aggression   | Module 58   |
| May 5      | Prosocial Relations: Attraction, Altruism, Peacemaking  | Module 59   |
| May 10     | TEST 5: Modules 51-55, portions of 53-55, 56-59   |   |
| May 12     | Extra Credit Options  |   |