

PSY κ111 General Psychology 1 –Spring 2011

Instructor: Joseph Strazzo LPC/CEAP

Classroom: E 206

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Welcome to General Psychology I! Please keep this handout and use it throughout the semester.

Course Description

This introductory course provides an overview of the theories and research findings pertaining to scientific psychology with an emphasis on: the origins of psychology, theoretical models, research methodology, biological basis of thought and behavior, learning theory, sensation and perception, memory, as well as emotion and motivation.

Learning Objectives

The course will provide you with a broad introduction to psychological terms and concepts. My role is to create a great educational experience and to provide support and assess your progress. You will have the opportunity to learn a variety of psychological theories *and* apply them to behavior, mental health and any endeavor that you undertake. Regardless of your major or career path, concepts taught in this course can be applied as soon as you leave the classroom and enter the real laboratory...your life, family, or occupation. I believe that writing is a critical skill and a part of your educational experience and throughout the course you will be tasked with developing and expanding that skill. I will collect these assignments at end of each class and you will be surprised on how this assignment will hone your observation skills.

You will utilize the scientific method and research studies. You are encouraged to ask, “What is the evidence?” each time you encounter statements about human behavior. (Walsh, 2001) You may become a more successful college student after studying human memory. You will gain knowledge of the human nervous system, the anatomy of the senses and the manner in which perception formulates your personal reality. We will delve into motivation, emotions and learning. We will explore how an individual’s behavior is influenced by the complex interplay between environment, genetics, physiology and intrapsychic processes. The course emphasizes written communication skills, questioning and critical thinking. Outside of class, utilize the interactive learning activities available on Blackboard Vista via <http://www.my.comnet.edu> Keep current on global, national and local news as such events are often discussed in light of persons’ psychological functioning. Class time will be used in combinations of: didactic lecture, scholarly debate, writing, Internet exploration, film and small group work. You are encouraged to ask questions during class. “Good thinkers are good questioners.” (King, 1994) *Integrating the course into your work life, campus life and personal life is the goal.*

Required Reading

Myers, David Psychology ninth Edition in Modules New York, NY: Worth Publishers, 2010. The text's Study Guide is highly recommended.

OPTIONS

Students have two choices for their required text. The choices are 1) print textbook plus PsychPortal [access cards](#) or 2) PsychPortal [access card](#) which includes the eBook (electronic version of the print text).

The Reading Assignments

Concentration requires practice. The weekly lectures/reading assignments will follow the syllabus for the most part. The textbook is *the* central component of the course.

Please be aware each module contains a plethora of data; keep up with the assignments. Digital supplements can be found at:

<http://bcs.worthpublishers.com/myers9einmodules/> You are expected to come to each class having read the assignment *and having thought critically about it.*

Writing Assignments

I believe that an essential part of education is improving your writing skills as it is a critical aspect of both your educational and occupational success. *At the beginning of each class* I will either show a brief DVD/ Article/Quote that pertains to biological, psychological, or social/culture aspects of psychology. You will be required to write a brief summary and at the conclusion of the class hand it in. This accounts for 25% of your grade.

Your *term paper* is to be 5 pages/doubled spaced/12 Font in APA format. The topic of your paper is to focus on a subject relevant to the subject matter either from class discussion, textbook, or in class writing assignments.

Attendance

Someone is paying (yourself, family, college loan) for you to be here and it would be beneficial that you take advantage of it. Former students agree unequivocally that coming to class is **essential** for success in this course. *Your* attendance is expected and benefits fellow learners. Absences adversely affect your grade. **If you miss a class, you are responsible for obtaining the notes from a classmate.**

Please let me know if you have any problems which cause an extended absence. By next week or so, consider introducing yourself to two classmates, note their names and e-mail addresses or telephone numbers on this syllabus.

Evaluation Procedures - Grades determined as follows:

- 25 % Mid-term exam
- 25 % Final exam
- 25 % Paper
- 25 % In-class writing assignments

Extra Credit- Writing assignments based on a topic of interest can be turned in to deepen your knowledge of that area and if needed improve your grade.

Integrity & Civility

You will be treated with respect and as honorable individuals. Note that academic dishonesty erodes the integrity of the College and devalues *every* degree granted. While the instructor encourages students to work together frequently, honesty in all academic work is expected of every student. This means papers shall be the original creation of each student and answers on examinations will be determined without help from auxiliary sources. If the instructor has any reason to question your conduct, the College's academic dishonesty policy will be followed.

We are here to learn from one another. A tone of civility and good will is expected. Learning how to disagree with someone is an important skill as it's not what you say it's how you say it. Cell phone conversations and text messaging are prohibited during class, please put your cell phones on vibrate and please no texting in class. *Disrespect of your classmates and disruptive behaviors will not be tolerated.*

Learning Needs

If you have difficulty with the course material, please see me during office hours or call me for an appointment. I am happy to clarify any questions you may have. *Utilize office hours!*

If you have special needs (such as a learning disability, physical condition, etc.) and require accommodations to enhance your participation in the class, please contact the Learning Specialist or Student Development Office. In order to provide accommodations, I must receive documentation pertaining to your needs.

Examinations and Quizzes

Examinations and quizzes will cover material from the assigned readings (whether discussed in class or not) and data we have discovered in class through video, Internet exploration, lecture or discussion. ***Do not wait*** until the exam date to evaluate your knowledge of psychological concepts, use the practice quizzes located at <http://bcs.worthpublishers.com/myers9einmodules/>

Exams may be taken *only* on the day they are administered; if you miss an exam you will receive a grade of zero. There are very few legitimate reasons for missing an exam. Make-up exams will be given only to students who have an ***acceptable reason*** for missing the exam, during office hours, **and** only to students who have contacted the

instructor in advance of the exam. It is your responsibility to contact the Instructor to make arrangements for the make-up exam. If a student misses an exam for an unacceptable reason, a **0** will be averaged into the student's grade for the missed exam.

Withdrawal

If you choose to withdraw from the course, please notify the instructor via e-mail or telephone. Make sure you contact the Registration Office to complete the official procedures. The date for withdrawal is May 9th 2011.

Learning Outcomes General Psychology Part 1

The goals for General Psychology 1 are integrated with the College's general education goals. After completing this course, the successful student will have the following knowledge and skills.

Critical Thinking: Utilize critical thinking skills to analyze psychological theories and research data

- Describe human behavior and mental processes from various theoretical perspectives in the field of psychology
- Identify the interrelationship between human biology and psychology
- Identify the manner in which psychological research on memory relates to college study skills

Information Literacy: Assess what information is needed to answer questions as well as evaluate the quality of information

- Demonstrate the skill of identifying information needed to answer questions pertaining to psychological terms and concepts
- Recognize and evaluate information sources for a specified purpose
- Develop an understanding of psychology as an ever-changing discipline, based on contemporary research data

Communication: Understand and express ideas about psychology through reading and writing

- Demonstrate the ability to comprehend and interpret written passages
- Write clearly
- Develop the ability to articulate one's viewpoint in verbal or electronic discussions

Systematic Inquiry: Understand social science research methods used in psychological research

- Demonstrate the ability to describe the science of psychology
- Describe different research methods used in psychology

- Acquire knowledge about men and women whose research endeavors made significant contributions to the field of psychology
- Develop an understanding of the strengths and weaknesses of different psychology research methods

Topic Schedule and Assigned Readings

Introduction

Week 1 /January 25th

Review, Introductions, Goals, Expectations

Week 2 /February 1st

Modules 1/2/3

Week 3/ February 8th

Emotion, Stress and Health Module 40/41/42

Week 4/February 15th

Emotion, Stress, and Health Module 43-44

The structure of a research paper

Week 5/February 22nd

Memory 26-30

Week 6/March 1st

The Biology of the Mind Modules 4/ 5/6

Week 7/March 8th

Biology of the Mind continued

Topic for your research paper due-A brief summary

March 15th---no classes. SPRING BREAK

Week 8/March 22th

Mid-term Exam 1st part of class

Sensation and Perception Modules 17-19

Week 9/March 29th

Sensation and Perception 20-22

Week 10/ April 5th
Learning Module 23/24/25

Week 11/April 12th
Motivation and Work Modules 36-39

Week 12/April 19th
Motivation Continued

Week 13/April 26th
Consciousness and the Two-Track Mind Modules 7/8

Week 14/May 3rd -
Consciousness continued Modules 9/10
Review for final exam and **PAPER DUE**

Week 15/May 10th **Final Exam**

SPRING 2011

Jan. 17 Martin Luther King Day - **College Closed**

Jan. 19 Professional Day

New Student Orientation

Last Day for Full Tuition Refund

Jan. 20 **Classes Begin/Late Registration Begins**

Add/Drop Period Begins

Jan. 24 First 7 ½ -Week Mods Begin

Jan. 27 Instructor Signature Required to Add Classes

Feb. 2 Last Day of Add/Drop and Partial Tuition Refund

Feb. 3 College Professional Day – Classes Not In Session

Feb. 17 Last Day to Select Audit Option

Feb. 21 President's Day Observed – **Classes Not In Session**

Mar. 13- 19 Spring Break - **Classes Not in Session**

Mar. 22 Second 7 ½ -Week Mods Begin

Mar. 23 First 7 ½ -Week Mods End

Apr. 7 Last Day to Select Pass/Fail Option

Last Day to Submit Incomplete Work from Fall '10 semester and Intersession '11.

Apr. 8 Faculty System Professional Day – **Classes In Session**

Apr. 15 Last Day to apply for Summer (August '11) Graduation

Apr. 22 -24 **Spring Recess – College Closed**

May 9 Last Day to Withdraw from Classes

May 16 Last Day of 15 Week Session

May 16 Second 7 ½ -Week Mods End

May 17 - 18 Make-up/Supplemental sessions - **Instructor Discretion**

May 19 Final Grades Due

May 21 **Commencement**

May 27 Student grades available on Web

May 30 Memorial Day - **College Closed**

June 15 Last day to apply for Fall Graduation (December)

