

**PSY k111 General Psychology 1 –Spring 2012** Instructor: Joseph Strazzo LPC/CEAP  
**Classroom: D 221** **M/W/F 9:00am -9:50am**  
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 Office Hours: M/W/F 8:45am to 9:00am

**Welcome to General Psychology I! Please keep this handout and use it throughout the semester.**

## **Course Description**

This introductory course provides an overview of the theories and research findings pertaining to scientific psychology with an emphasis on: the origins of psychology, theoretical models, research methodology, biological basis of thought and behavior, learning theory, sensation and perception, memory, stress, emotion, health and motivation.

## **Learning Objectives**

The course will provide you with a broad introduction to psychological terms and concepts. My role is to facilitate a positive educational experience and to provide support and assess your progress. You will have the opportunity to learn a variety of psychological theories *and* apply them to behavior, mental health and any endeavor that you undertake. Regardless of your major or career path, concepts taught in this course can be applied as soon as you leave the classroom and enter the real laboratory...your life, family, or occupation.

You will utilize the scientific method and research studies. You are encouraged to ask, “What is the evidence?” each time you encounter statements about human behavior. (Walsh, 2001) You may become a more successful college student after studying human memory. You will gain knowledge of the human nervous system, the anatomy of the senses and the manner in which perception formulates your personal reality. We will delve into motivation, emotions and learning. We will explore how an individual’s behavior is influenced by the complex interplay between environment, genetics, physiology and intrapsychic processes. The course emphasizes written communication skills, questioning and critical thinking. Outside of class, utilize the interactive learning activities available on Blackboard Vista via <http://www.my.commnet.edu> Keep current on global, national and local news as such events are often discussed in light of persons’ psychological functioning. Class time will be used in combinations of: didactic lecture, scholarly debate, writing, Internet exploration, film and small group work. You are encouraged to ask questions during class. “Good thinkers are good questioners.” (King, 1994) *Integrating the course into your work life, campus life and personal life is the goal.*

## **Required Reading**

Myers, David Psychology (Ninth Edition in Modules) New York, NY: Worth Publishers, 2010. The text's Study Guide is highly recommended.

## OPTIONS

Students have two choices for their required text. The choices are 1) print textbook plus PsychPortal [access cards](#) or 2) PsychPortal [access card](#) which includes the eBook (electronic version of the print text).

## The Reading Assignments

*Concentration requires practice.* The weekly lectures/reading assignments will follow the syllabus for the most part. The textbook is *the* central component of the course.

Please be aware each module contains a plethora of data; keep up with the assignments. Digital supplements can be found at:

<http://bcs.worthpublishers.com/myers9einmodules/> You are expected to come to each class having read the assignment *and having thought critically about it.*

## Writing Assignments

I believe that an essential part of education is improving your writing skills as it is a critical aspect of both your educational and occupational success. During the semester I will either show a brief DVD/Article/Quote that pertains to biological, psychological, or social/culture aspects of psychology. You will be required to write a brief summary and at the conclusion of the class hand it in.

## Quizzes

Quizzes are an opportunity to gain a better understanding of the material and prepare for the exam. Quizzes will consist of approximately 10 questions that will touch upon in class discussions or the text book modules.

## Term Paper

Your *term paper* is to be a minimum 5 pages/doubled spaced/12 Font in APA format. The topic of your paper is to focus on a subject relevant to the subject matter either from class discussion, textbook, class writing assignments, or your own personal experience. Remember, TRCC has a writing center for your use....take advantage of it!

## Attendance

Someone is paying (yourself, family, college loan) for you to be here and it would be beneficial that you take advantage of it. Former students agree unequivocally that coming to class is **essential** for success in this course. *Your* attendance is expected and benefits fellow learners. Absences adversely affect your grade. **If you miss a class, you are responsible for obtaining the notes from a classmate.**

Please let me know if you have any problems which cause an extended absence. By next week or so, consider introducing yourself to two classmates, note their names and e-mail addresses or telephone numbers on this syllabus.

## Evaluation Procedures - Grades determined as follows:

25 % Quizzes and in class writing assignments  
 25 % Mid-term exam  
 25 % Paper  
 25 % Final exam

**Extra Credit-** Writing assignments based on a topic of interest can be turned in to deepen your knowledge of that area and if needed improve your grade.

## Integrity & Civility

*You will be treated with respect and as honorable individuals.* Note that academic dishonesty erodes the integrity of the College and devalues *every* degree granted. While the instructor encourages students to work together frequently, honesty in all academic work is expected of every student. This means papers shall be the original creation of each student and answers on examinations will be determined without help from auxiliary sources. If the instructor has any reason to question your conduct, the College's academic dishonesty policy will be followed.

We are here to learn from one another. A tone of civility and good will is expected. Learning how to disagree with someone is an important skill as it's not what you say its how you say it. Cell phone conversations and text messaging are prohibited during class, please put your cell phones on vibrate and please no texting in class. ***Disrespect of your classmates and disruptive behaviors will not be tolerated.***

## Learning Needs

If you have difficulty with the course material, please see me during office hours or call me for an appointment. I am happy to clarify any questions you may have. *Utilize office hours!* If you have special needs (such as a learning disability, physical condition, etc.) and require accommodations to enhance your participation in the class, please contact the Learning Specialist or Student Development Office. In order to provide accommodations, I must receive documentation pertaining to your needs.

## Examinations

Examinations will cover material from the assigned readings (whether discussed in class or not) and data we have discovered in class through video, Internet exploration, lecture or discussion. ***Do not wait*** until the exam date to evaluate your knowledge of psychological concepts, use the practice quizzes located at <http://bcs.worthpublishers.com/myers9einmodules/>

Exams may be taken *only* on the day they are administered; if you miss an exam you will receive a grade of zero. There are very few legitimate reasons for missing an exam. Make-up exams will be given only to students who have an **acceptable reason** for missing the exam, during office hours, **and** only to students who have contacted the instructor in advance of the exam. It is your responsibility to contact the me to make

arrangements for the make-up exam. If a student misses an exam for an unacceptable reason, a **0** will be averaged into the student's grade for the missed exam.

The material will come from the text and lectures. Also, it will provide you with study material for the mid-term and final. The key to the quizzes and exam is to read the questions carefully and take your time. Please ask me any questions. I have notice that study groups work exceptionally well. I strongly encourage students to use study groups in this class!

## Withdrawal

If you choose to withdraw from the course, please notify the instructor via e-mail or telephone. Make sure you contact the Registration Office to complete the official procedures. **The date for withdrawal is May 7<sup>th</sup> 2011.**

## Learning Outcomes General Psychology Part 1

The goals for General Psychology 1 are integrated with the College's general education goals. After completing this course, the successful student will have the following knowledge and skills.

**Critical Thinking:** Utilize critical thinking skills to analyze psychological theories and research data

- Describe human behavior and mental processes from various theoretical perspectives in the field of psychology
- Identify the interrelationship between human biology and psychology
- Identify the manner in which psychological research on memory relates to college study skills

**Information Literacy:** Assess what information is needed to answer questions as well as evaluate the quality of information

- Demonstrate the skill of identifying information needed to answer questions pertaining to psychological terms and concepts
- Recognize and evaluate information sources for a specified purpose
- Develop an understanding of psychology as an ever-changing discipline, based on contemporary research data

**Communication:** Understand and express ideas about psychology through reading and writing

- Demonstrate the ability to comprehend and interpret written passages
- Write clearly---(USE THE WRITING CENTER IF NEEDED) I will discuss APA Format to you through-out the semester.
- Develop the ability to articulate one's viewpoint in verbal discussions

**Systematic Inquiry:** Understand social science research methods used in psychological research

- Demonstrate the ability to describe the science of psychology
- Describe different research methods used in psychology
- Acquire knowledge about men and women whose research endeavors made significant contributions to the field of psychology
- Develop an understanding of the strengths and weaknesses of different psychology research methods

## **Topic Schedule and Assigned Readings**

### **Introduction**

**January 20<sup>th</sup>**

**Review, Introductions, Goals, Expectations**

**Week 1 / January 23<sup>rd</sup>**

**History, Critical Thinking, and Research Methods Modules 1/2/3**

**Week 2/ January 30<sup>th</sup>**

**Emotion, Stress and Health Module 40/41/42**

**Week 3/February 6<sup>th</sup>**

**Emotion, Stress, and Health Module 43-44**

**Week 4/February 13<sup>th</sup>**

**Memory 26-30**

**Week 5/February 20 (no class on the 20<sup>th</sup>/Presidents Day)**

**The Biology of the Mind Modules 4/ 5/6**

**Week 6/February 27<sup>th</sup>**

**Biology of the mind/Continued**

**Week 7/March 5**

**Biology of the mind/continued**

**Review for mid-term and discussion on structure of research paper**

**Exam-----Friday/March 16<sup>th</sup>.**

**March 18<sup>th</sup> thru 25<sup>th</sup> No Class Spring Break!**

**Week 8/March 26<sup>th</sup>**

**Sensation and Perception Modules 17-18**

**Week 9/ April 2<sup>th</sup> (No Class April 6<sup>th</sup>)**

**Sensation and Perception 20-22**

**Week 10/April 9<sup>th</sup>**  
**Learning Module 23/24/25**

**Week 11/April 16<sup>th</sup>**  
**Learning Continued**

**Week 12/April 23<sup>th</sup>**  
**Motivation and Work Modules 36-39**

**Week 13/April 30<sup>th</sup> –**  
**Motivation Continued**  
**Review for final exam and PAPER DUE**

**Week 14/May 14<sup>th</sup> Final Exam**

#### **SPRING 2012**

**Jan. 17** Martin Luther King Day - **College Closed**  
**Jan. 19** Professional Day  
 New Student Orientation  
 Last Day for Full Tuition Refund  
**Jan. 20** **Classes Begin**/Late Registration Begins  
 Add/Drop Period Begins  
**Jan. 24** First 7 ½ -Week Mods Begin  
**Jan. 27** Instructor Signature Required to Add Classes  
**Feb. 2** Last Day of Add/Drop and Partial Tuition Refund  
**Feb. 3** College Professional Day – **Classes Not In Session**  
**Feb. 17** Last Day to Select Audit Option  
**Feb. 21** President's Day Observed – **Classes Not In Session**  
**Mar. 13- 19** Spring Break - **Classes Not in Session**  
**Mar. 22** Second 7 ½ -Week Mods Begin  
**Mar. 23** First 7 ½ -Week Mods End  
**Apr. 7** Last Day to Select Pass/Fail Option  
 Last Day to Submit Incomplete Work from Fall '10 semester and Intersession '11.  
**Apr. 8** Faculty System Professional Day – **Classes In Session**  
**Apr. 15** Last Day to apply for Summer (August '11) Graduation  
**Apr. 22 -24** **Spring Recess – College Closed**  
**May 9** Last Day to Withdraw from Classes  
**May 16** Last Day of 15 Week Session  
**May 16** Second 7 ½ -Week Mods End  
**May 17 - 18** Make-up/Supplemental sessions - **Instructor Discretion**  
**May 19** Final Grades Due  
**May 21** **Commencement**  
**May 27** Student grades available on Web  
**May 30** Memorial Day - **College Closed**  
**June 15** Last day to apply for Fall Graduation (December )

