

**THREE RIVERS COMMUNITY COLLEGE  
DIVISION OF NURSING  
COURSE SYLLABUS  
NURSING 227 Spring 2007**

**COURSE DESCRIPTION:**

NURSING 227 – CARE OF CLIENTS/FAMILIES WITH COMPLEX, LONG-TERM HEALTH CARE NEEDS – 9 SEMESTER HOURS

This course focuses on the care of individuals of various age groups and their families in relation to long-term health alterations. Effects of long-term illness upon the individual, family, and the community are examined. Clinical laboratory experience is provided in psych mental health facilities, community hospitals, clinics, and community agencies. Organizational patterns of nursing care delivery are compared and clinical experience in beginning nursing management of groups of clients is provided. Three lecture hours, eighteen laboratory hours. Prerequisite(s): Nursing 115, Nursing 116, Nursing 226. Corequisite(s): Nursing 228, Unrestricted Elective.

**COURSE COMPONENTS**

9 Credits

3 credits lecture

6 credits Classroom/Clinical Laboratory

**CLASSROOM SCHEDULE**

Lecture: Wednesday 8:00 a.m. – 11:00 a.m., Auditorium

**CLINICAL LABORATORY EXPERIENCE:** Students will gain clinical experience during the semester in each of the following settings: an acute medical-surgical unit and a psychiatric in-patient unit. Clinical agencies used for these rotations will be Lawrence and Memorial Hospital, New London; William W. Backus Hospital, Norwich; Connecticut Valley Hospital, Middletown; Natchaug Psychiatric Hospital, Mansfield Center; Day-Kimball Hospital, Putnam; Middlesex Hospital, Middletown, as well as selected community agencies. Students will take the ProCalc drug calculation within the first 2 weeks of the course and must achieve a score of at least 95% in order to continue with clinical experience.

**CLINICAL AND CLASSROOM LAB SECTIONS:**

1) Psych:

Psych In-Patient Facility, Connecticut Valley Hospital 7-3:30, St. Francis 7-3:30, Natchaug 7-3:30, or Middlesex 7:00 a.m. – 3:30 p.m. with clinical conference is included.

2) Acute Care Clinical Rotation:

Ten weeks at Acute Care Facility:

Monday/Tuesday or Thursday/Friday rotations including one post conference per week.

- 5.4 Cardiac Telemetry , 5.2/6.2 L&M 6:45 a.m.-3:15 p.m or 2:45 to 11:15 pm
- Med/Surg, 6-1 Medical St. Francis 7-3:30
- E4 Cardiac Telemetry WWB 7-3:30
- North 4 Surgical Middlesex 3-11:30 PM
- Med-Surg Day-Kimball 7-3:30

3) Orientations:

All groups will attend orientation sessions for psych and med surg where applicable. Times will be announced as per facility availability

4) Classroom Labs:

Classroom labs Wednesdays as indicated on course calendar, 11am-1pm, Auditorium.

5) Observational Learning Activity:

All students will participate in one observational activity with selected community-based agencies. Date of observation will be assigned during the acute care rotation.

**FACULTY**

Full Time:

Nancy Rymut, RN, MS, CEN (Course Co-Coordinator)  
Judy Snayd, RN, MS, CNE  
Francine Wallett RN, MSN  
Teri Ashton, RN, MSN  
Marie Walters, RN, MSN

Adjunct or Part Time in NRS 227:

Ellen Freeman, RN, MSN  
Nancy Scrivano, RN, MSN  
Frances Laureau APRN, MS  
Linda Moscaritolo, RNC, MS  
Rosemary Robertson, RN, MSN  
Sharon Finn, APRN, MSN  
Pam Cardone, RN, MSN  
Heather Bader, RN, BSN  
Joan Graham, RN, BSN  
Laurie Matney, RN, BSN

**COURSE REQUIREMENTS:** In order to successfully complete this course, the student must:

- A. Maintain a satisfactory Clinical Journal
- B. Achieve a theory grade of C or better based on three quizzes, worth a total of 70% of the final grade, and one final exam worth 30%. See the Student Handbook for percentage-grade equivalents. **It is expected that all students will be present and punctual for exams. In the event that the student will be absent for personal illness, the student must notify the course coordinator prior to the start of the exam. Planned absences for vacations are not valid reasons for missing an exam. Failure to notify course coordinator of absence prior to the start of the exam may result in a grade of zero for that exam. If warranted, one 50 question cumulative makeup exam will be offered at semester end. Make up exams are graded on a raw score basis.**
- C. Receive a satisfactory clinical evaluation. Students will be assessed on their clinical performance in accordance with their ability to meet the behaviors identified on the N-227 Clinical Evaluation Form. An evaluation conference will be scheduled between faculty and student after each rotation and as needed. **Students are expected to bring completed self-evaluation forms to all conferences.**
- D. **Clinical and college lab time including observational learning activities must be completed to successfully meet objectives.** Students who can not meet course objectives due to absence may receive a grade of **Incomplete**. All absences must be made up, including both clinical, lab, and observational experiences.
- E. Students may not progress on clinical warning. If a student receives an unsatisfactory grade on a starred item on the clinical evaluation form in their final clinical rotation which results in being placed on clinical warning, he/she will receive an "F" for the course and will need to repeat the course. See Clinical Evaluation Form and Nursing Student Handbook for clinical evaluation.

**TESTING PROCEDURES:** Test answer sheets will be distributed at 7:45 am, exam booklets at 8:00 am. Students are required to complete the answer sheet as directed, which includes **accurate** Banner ID number. Students will have one hour and 15 minutes (class break time) to complete exams and 2 hours to complete the final exam. Students may not leave the exam room for any reason and return to the exam. All books, coats, backpacks, bags, etc. must be left in your car or placed in the front of the exam room. Eating and/or drinking are not permitted during exams. Students may not wear hats during exams. Calculators will be provided by the school. Wooden #2 lead

pencils are to be used, no mechanical pencils. Any one who looks at another student's exam or who is seen talking either to themselves or to someone else during the exam may receive an exam grade of 0. Exam scores will be posted on VISTA no sooner than 48 hours after the exam.

### **REQUIRED TEXTBOOKS:**

\*Cataldo, C. et al., Nutrition in Diet Therapy, 6<sup>th</sup> Edition West, 2003.

\*Ebersole, Hess, Luggen. Toward Healthy Aging 6<sup>th</sup> ed. Mosby, 2002.

\*Lehne, Richard A. et al., Pharmacology for Nursing Care 5<sup>th</sup> ed. 2004.

\*Smeltzer C., and Bare, B. Brunner & Suddarth's Medical-Surgical Nursing, 10<sup>th</sup> ed., Lippincott, 2003.

\*Sole, M., Lamborn, M. and Hartshorn, J. Introduction to Critical Care Nursing, 4<sup>th</sup> ed., Saunders, 2006.

\*Varcarolis, Elizabeth, M., Foundations of Psychiatric Mental Health Nursing, 4th ed., Elsevier, 2002.

Whitehead, D., Weiss, S., and Tappen, Ruth. Essentials of Nursing Leadership and Management, 4<sup>th</sup> ed. F.A. Davis, 2007.

Zerwekh, J. and Claborn, J., Nursing Today: Transition and Trends, 5th ed., Saunders, 2006.

\* Text purchased for previous course.

**WITHDRAWAL STATEMENT:** If withdrawal occurs during the semester, the grade assigned for the course will be based on the College Withdrawal Policy as described in the College Catalog and the Nursing Division Student Handbook.

**DISABILITY STATEMENT:** If you have a hidden or visible disability, which may require classroom modifications, please see course coordinator as soon as possible. If you have not already done so, please be sure to register with the Dean of Students or the Disabled Student Counselor.

**INCLEMENT WEATHER:** When the college is closed for reasons of inclement weather, clinical experiences may also be cancelled. When the college delays opening, clinical experiences will begin one hour later. However, students should use discretion in traveling in poor weather conditions. If you are unable to report to a scheduled clinical

experience, be sure to notify your clinical instructor and the course leader. (The college catalog lists radio stations announcing cancellations.)

**INDIVIDUALIZED LEARNING NEEDS:** The student has the option of choosing which method of studying or combination of methods is most suitable for his/her learning needs. Faculty may request completion of additional learning activities as indicated by student needs. Extra practice sessions can be planned in the laboratory upon request. Study groups can be formed. Additional reading materials can be suggested. Audio and visual tapes and computerized materials on several patient situations are available. At the discretion of the faculty team, individual student clinical rotations maybe resequenced to facilitate student learning.

**PLAGIARISM AND DISHONESTY:** See Student Handbook

### **COURSE OVERVIEW:**

Nursing 227 is the last of a four-part series of courses devoted to the care of clients with increasing degrees and progressive phases of illness. It focuses upon the care of persons of various age groups and their families in relation to long-term health alterations.

Long-term illness for the purposes of the nursing curriculum is considered to be a state of health, which requires a prolonged period of care. This could be due to chronic diseases, impairments, or deviations from the normal state of health that are permanent, or may require special training of the patient for rehabilitation.

During the course, emphasis will be placed on the care of the client with long-term illness and their families. The aim of nursing intervention during long-term illness is to bring about an optimal adaptation by the clients and families to their changed environment. Emphasis is placed on the holistic approach to clients and families including supporting the needs of grieving clients and families as well as teaching clients skills in caring for themselves, considering social, psychological, and physical needs. Nursing skills of increasing complexity will be practiced, including organizing care for a group of clients, implementing nursing skills, increased complexity in critical thinking, and in adapting procedures and teaching methods to the needs of the individual client.

Nursing 227 builds on content from previous semesters and integrates concepts of community and mental health, nutritional and pharmacological aspects of client care throughout the course.

## **COURSE OBJECTIVES:**

Upon completion of this course:

- I. As a **PROVIDER OF CARE**, the learner will be able to:
  - A) Summarize principles of social, physical and biological sciences in the holistic care of groups of adults with complex, long-term illness and their families.
  - B) Analyze the use of the nursing process for groups of adults with complex, long-term illness and their families in a variety of settings.
  - C) Explain concepts and principles of stress, coping and adaptation in the holistic care of individuals with complex, long-term health care needs and their families to promote maximum adaptation.
- II. As a **MANAGER OF CARE**, the learner will be able to:
  - A) Apply principles of leadership and management in organizing and prioritizing holistic care for groups of individuals with complex, long-term illness and their families in a variety of settings.
  - B) Interpret roles of members of the multidisciplinary team as they relate to collaborative care of groups of individuals with complex, long-term illness and their families in a variety of settings.
- III. As a **MEMBER WITHIN THE DISCIPLINE OF NURSING**, the learner will be able to:
  - A) Interpret professional standards of care for complex, long-term individuals and their families.
  - B) Interpret the role of nursing in the care of complex, long-term individuals and their families within institutional and community settings.
  - C) Evaluate profession/ethical issues related to the care of individuals with complex, long-term illness and their families in a variety of settings.