SYLLABUS

HSE 183 Substance Abuse
Spring 2007

Three Rivers Community-Technical College
Norwich, CT 06360

Instructor: Michael J. Hanley, Ph.D.

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Office Hours: by appointment
Course Overview
The course provides an overview of substance abuse and dependency. Topics include physiological, psychological and sociological issues surrounding people involved with substance disorders. The course is intended to provide students with enough understanding and awareness of these issues to recognize them when serving human service recipients. Course material has wide application to people working in private and public social service agencies.

Text
Concepts of Chemical Dependency, Sixth Edition
Author: Harold E. Doweiko, Published by Brooks/Cole

Evaluation Procedures
Student progress will be assessed through class participation, weekly discussion summaries (see next page), an individual visit, mid-term examination and a final examination. A quiz may be given for each assigned reading beginning with the second week of classes. Quizzes can not be made-up. Final Grade is base on the following proportions:

- Discussion Summaries = 20%
- Quizzes = 20%
- Individual Visit and Presentation = 20%
- Mid Term Examination = 20%
- Final Examination (comprehensive) = 20%
- Final Grade = 100%

Grades  Equivalent  Quality Points
A     94-100  4.0
A-    90-93  3.7
B+    87-89  3.3
B     83-86  3.0
B-    80-82  2.7
C+    77-79  2.3
C     73-76  2.0
C-    70-72  1.7
D+    67-69  1.3
D     63-66  1.0

Attendance Requirements
Each student is expected to attend all classes. Exceptions will be made for medical and family emergencies.

Course Outline
I. Introduction to chemical dependency - Chapters 1-8
II. Substances that are abused – Chapters 9-14
III. Midterm 3/29, Multiple Choice, Matching, Short Answer (chapters 1-14)
**Course Outline (continued)**

IV. Substances that are abused (continued) Chapters 15-21
V. Etiology, treatments and outcomes – Chapters 20-21, 27-29, 32-36
VI. Final Examination 5/10 (Comprehensive – all chapters covered in class)
   Multiple Choice, Short Essay and Problems Questions

<table>
<thead>
<tr>
<th>Class Topics</th>
<th>January</th>
<th>February</th>
<th>March</th>
<th>April</th>
<th>May</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>25 – Introduction to Chemical Dependency</td>
<td>1 – No class</td>
<td>1 – Amphetamines, CNS Stimulants Cocaine</td>
<td>5 – Tobacco/ Victims of Abuse/Abusers</td>
<td>4 – Self Help Groups/Legislation/Crime</td>
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<tr>
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<td>Chapters 1&amp;2</td>
<td>8 – Models of Addiction</td>
<td>Chapters 11&amp;12</td>
<td>Chapter 19-21</td>
<td>Chapters 34-36</td>
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<td>15 – Pharmacology/Alcohol Abuse/Addiction</td>
<td>Chapters 13&amp;14</td>
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<td>22 – Barbiturates – Benzodiazepines</td>
<td>Chapters 15&amp;16</td>
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<td>29 – Midterm Examination – Multiple Choice/Short Answer</td>
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<td>29 – Anabolic Steroids – OTC Analgesics</td>
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<td>26 – Pharmacological Interventions/ Addiction and Disease</td>
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Note: The above schedule may vary depending on many factors. The instructor will advise students of topic changes so they may adjust their study.
College Withdrawal Policy
(please see the latest version of this policy available on-line at www.trcc.commnet.edu

Disabilities Statement
If you have a visible or hidden disability which may require classroom or test-taking accommodations, please see me as soon as possible.

Class Assignments
Reading assignments may be tested each week with a quiz.

A midterm exam will cover all material presented in class and in the reading from the text. Short answer and multiple choice.

Discussion Summaries - Each week students will be required to hand in a discussion summary that is consistent with the topic of each week's reading. The article or paper from which the summary is taken should be summarized by you in a paragraph (at least several coherent sentences) that covers the main topic of the article selected. Your thoughts about the content of the article are the point of the report - so have them and write them down. Summaries are graded on a three point scale: 1- acceptable, 2- good and 3- excellent. The instructor reserves the right to have students re-do summaries that are found wanting. The overall quality and quantity of summaries will be given a grade at the end of the semester equal to one fifth of the overall course grade. Summaries can not be made-up or handed in late.

Visit - As a practical accomplishment, students are required to attend an Open AA or NA meeting of their choice. A short, 2 page (minimum), single spaced paper will be written to describe the visit and the impressions of the student regarding (anonymous) content of the meeting and reactions of the student and others attending that meeting. On April 12th, all students will present their individual visit summaries in class with a short (5-10 minute) presentation. Students not able or willing to present orally to the class - with the instructors permission - will write a longer 4 page (minimum) paper that will reference material from the text and at least 4 other primary sources to support their observations.

Final Exam – A comprehensive exam that will cover all course assignments/materials.

Course Objectives
1. Understand the bases of abuse and addiction with special attention to the biological bases of addiction as well as the affects of substances on the brain and other organ systems.

2. To inform students that chemical dependency is a primary, treatable disease.

3. Familiarity with the various drugs of abuse and their relation to chemical dependency.

4. To aid in early identification of chemical dependency and provide information on referral sources for students who may be employed in the field of human services.

5. To increase student awareness of the prevalence of substance abuse in our society and its significant impact on individuals, families and institutions.