

CONNECTICUT COMMUNITY COLLEGES NURSING PROGRAM

Capital Community College, Gateway Community College, Norwalk Community College,

Naugatuck Valley Community College, Three Rivers Community College

THREE RIVERS COMMUNITY COLLEGE

Nursing 201

NURSING CARE OF INDIVIDUALS AND FAMILIES I

Syllabus and Course Materials

Fall 2016

The Journey Continues!

CONNECTICUT COMMUNITY COLLEGE NURSING PROGRAM

*Capital Community College, Gateway Community College, Norwalk Community College,
Naugatuck Valley Community College, Three Rivers Community College Community College*

NUR*201: NURSING CARE OF INDIVIDUALS AND FAMILIES I

Course Prerequisites

NUR*102: Family Health Nursing; NUR*103: Pharmacology for families Across the Life Span;
PSY*201: Life Span; SOC*101: Principles of Sociology

Course Co requisites

NUR*202: Pharmacology for Individuals and Families with Intermediate Health Care Needs;
ENG*102: English Composition & Literature

Course Components

| | |
|---------|--|
| Credits | 9 credits |
| Hours | Classroom: 60 hours Clinical: 225 hours |

Course Schedule

Lecture: Tuesdays 8:30-10:30AM and 12:30-2:30PM
Labs: 8:30am - 4:00pm Weeks 4, 8, 11, 14

Course Description

The student will focus on holistic care of individuals and families across the lifespan with a variety of health care needs. The needs of clients experiencing endocrine, respiratory, gastrointestinal, cardiovascular conditions and selected mental health disorders are examined. Bioterrorism as a health care issue will be addressed. Clinical laboratory experience provides the student an opportunity to administer care to a diverse population of clients in a variety of acute care and community health care settings. The student will utilize critical thinking, caring, professionalism and communication skills in the care of the client. Emphasis is placed on provision of safe and competent care and development of the professional role as a member of a multidisciplinary health care team. Over the semester, the student is increasingly challenged in the clinical area with more complex client assignments.

Course Objectives

At the completion of this course, the student will be able to:

1. Implement principles of holistic care for individuals, families and groups from diverse cultures across the wellness-illness continuum.
2. Analyze multiple variables when implementing the nursing process in the care of individuals, families, and groups from diverse populations across the wellness-illness continuum.
3. Integrate evidence-based practice, quantitative reasoning and technology in providing competent care to individuals, families, and groups with intermediate health problems.
4. Utilize therapeutic communication techniques in providing care to individuals, families, and groups with intermediate health problems.
5. Implement a teaching plan for individuals, families, and groups with learning needs.
6. Integrate respect for human dignity through therapeutic relationships with individuals, families, and colleagues.
7. Function effectively as a member of the health care team.

8. Implement legal and ethical practice standards in providing care to individuals, families and groups with intermediate health problems in diverse health care settings.
9. Evaluate the professional nursing roles within the health care delivery system.

UNIT OBJECTIVES

Please refer to class outline for unit objectives.

Faculty / Staff Availability

Students are encouraged to seek clarification with the course leader as needed. Students are also encouraged to seek advisement with faculty as needed. Scheduled faculty office hours are posted outside faculty offices. Students may also meet with faculty by appointment. All faculty and staff look forward to your success and practice as a registered nurse. Please utilize your time and ours to develop your abilities to the fullest!

Faculty: Full Time

Teri Ashton M.S.N.,R.N.,CNE
Course Coordinator
tashton@trcc.commnet.edu
860-215-9405
Office c228

Karyn Therrien M.S.,R.N.
ktherrien@trcc.commnet.edu
860-215-9442
Office c260

Jillian Zupan M.S.N, R.N., CNE
jzupan@trcc.commnet.edu
860-215-9419
Office c244

Pat Colonghi, M.S.N, R.N.
pcolonghi@trcc.commnet.edu
860-215-9477
Office c246

Adjunct Faculty

Barbara Fisher, MSN RN
Linda Moscaritolo, MSN, RN
Teri Cahill-Griffin, MSN, RN
Karen Amor MSN, RN

Director of Nursing and Allied Health: Edith Ouellet, M.S.N., RN,
Associate Professor of Nursing
Office: Junction of D and C Wings, First floor
Phone & Voicemail: 860-215-9460
Email: eouellet@trcc.commnet.edu

ESL /Culture Facilitator: Maryann Brescia MSN, RN

Nursing Lab Staff

Sue Turner, MSN, RN Lab Coordinator
Office Phone: 860-215-9482
Email: sturner@trcc.commnet.edu

Kim Kobelski, MSN, RN
860-215-9482
Email: kmyshka@trcc.commnet.edu

Nursing Program College Facilities

Facilities available to the students are: Faculty offices, the library, nursing classrooms, the nursing lab, the tutoring center, the writing center. These are located on campus. Computer labs are located within the nursing lab and throughout the E Wing.

Nursing 201 Clinical / Lab Experiences

Acute care clinical facilities include the following: WW Backus Hospital, Lawrence and Memorial Hospital, St. Francis Hospital and Medical Center and Day Kimball Hospital.

Orientation: All groups will attend orientation sessions for the med-surg experience. Times will be announced as per facility availability.

Clinical Observational Learning Activity: All students in good clinical standing will participate in observational activities with selected agencies. Dates of observation will be assigned as specified on your clinical rotation schedule.

Student nurse uniforms and college ID badges are required. Students must attend assigned observations as scheduled. Observational experiences are part of the required clinical hours and must be successfully completed to receive satisfactory passing clinical grade. Classroom labs with required validations will be presented as noted on course calendar. Uniforms and name tags are required for all on campus labs. Attendance is mandatory and counts as clinical time.

Clinical Equipment and Uniforms

Stethoscope, Watch with second hand, Bandage Scissors, Black pen, Notepaper, Assigned text, Uniform, ID Badge. Student nurse uniform per Student Nurse Handbook and identification, i.e. College name tag and/or hospital ID badge, are required for all clinical experiences.

Grading Policies

To pass Nursing 201 and progress in the nursing program, a student must do **ALL** of the following:

- Earn at least a 74 average in the theoretical portion of the course. Test items are drawn from ALL content of the course; theory, lab, clinical and math.
- Pass the clinical component of the course in a satisfactory manner.
- Pass Dosage Calculation Competency with 90% accuracy. Students may use calculators provided by the college for all exams involving drug calculations. A student may not administer medications until s/he has successfully passed the dosage calculation examination. A student will be given three (3) attempts to pass the dosage calculation examination. A student who fails the dosage calculation examination must participate in remediation before taking the next examination. A period of one week between exam attempts is required. The third exam is to be taken within 30 days from the start of the semester. A student who fails the third (3rd) examination will be withdrawn from the nursing course and dismissed from the nursing program.
- Pass required clinical skills validations. Three (3) opportunities will be given to pass the skills verification. Students unable to meet critical criteria on the second attempt must attend mandatory remediation.
- Complete required standardized testing as scheduled for the course.

The grading schedule is as follows:

| Score | Grade |
|--------|-------|
| 93-100 | A |
| 90-92 | A- |
| 87-89 | B+ |
| 83-86 | B |
| 80-82 | B- |
| 77-79 | C+ |
| 74-76 | C |
| 70-73 | C- |
| 67-69 | D+ |
| 64-66 | D |
| <66 | F |

Evaluation Activities Reviewed: Examinations

There are five class examinations each worth 15% of the final grade spread out throughout the semester. See Quick view calendar. Each exam will be 50 minutes with 40-42 questions. The additional 25% of the grade is based on the two hour final examination which is a cumulative exam containing between 80 and 85 questions. Bonus points may be added to the final exam based upon the students Proficiency Level achieved on the Custom Assessment of the standardized testing (ATI). Proficiency Level points will be determined by the CT-CCNP Committee prior to the final exam.

It is expected that all students will be present and punctual for exams. In the event that the student will be absent for personal illness, the student must notify the course leader prior to 8 a.m. on the morning of the exam. Failure to do so may result in a failing grade for that particular exam. Planned absences for vacations are **not** valid reasons for missing an exam. If warranted, **one** cumulative makeup exam will be offered at the end of the semester. Any student taking a make-up exam will have 15 points subtracted from the exam grade unless documentation of extenuating circumstances has been provided to and approved by the course leader.

Testing Procedures: Test answer bubble sheets will be distributed at 8:15 am, exams at 8:30 am. Students are required to complete the answer sheet as directed, which includes accurate Banner ID number. Students will have one hour to complete exams and 2 hours to complete the final exam. Students may not leave the exam room for any reason and return to the exam. All books, coats, backpacks, bags, etc. must be left in your car or placed in the front of the exam room. Eating and/or drinking are not permitted during exams. Students may not wear hats during exams. Calculators will be provided by the school. Wooden #2 lead pencils are to be used, no mechanical pencils. Anyone who looks at another student's exam or who is seen talking either to themselves or to someone else during the exam may receive an exam grade of 0. Exam scores will be posted on VISTA no later than 48 hours after the exam.

Students will be required to pass a dosage calculation exam with a grade of 90% or above. Calculators will be provided. The student will have three attempts to pass the exam. If unsuccessful, the student will need to go to the lab for remediation prior to rescheduling the next attempt with the course leader. The next exam must be scheduled at least one week from the most recent unsuccessful attempt. If the student is not successful on the third attempt, the student will be given the opportunity to withdraw. If the student chooses not to withdraw, a failing grade will be given for the course. The student will be given the opportunity to reapply.

Med calculation rounding rules:

- IV, IM and Infusion rates (any medication from a vial), should be rounded to the 10th (For example: 22.3, 27.6, 35.1)
- Infants: should be rounded to the 100th place
- Do not round UNTIL your final product/answer.

Exam Review: Students may review concepts from the exam with the lab staff. Any student receiving a 77.5 or less on an exam will be given a mandatory exam review with the lab staff.

Clinical Evaluation Activities:

Clinical performance is evaluated on the basis of how well the learner meets the objectives and achievements identified on the N210 formative clinical evaluation form. Students must successfully meet the clinical objectives in order to pass the course. Clinical instructors will complete a weekly written formative evaluation of clinical performance, and will meet weekly with students to review student progress. A summative evaluation will be completed and reviewed at the end of the semester.

See CT-CCNP Student Handbook for information regarding the clinical evaluation process.

Clinical Absences: Clinical and college lab time including observational learning activities must be completed to successfully meet objectives. In the event of personal illness, the student will need to notify the clinical instructor and the clinical unit at least one hour prior to the start of the clinical shift. All absences must be made up, including both clinical, lab, and observational experiences. **Students who do not complete clinical and clinical laboratory hour requirements may receive a grade of Incomplete, or may receive a clinical fail. The ability of the faculty to provide make up experience is limited. It may not be possible to meet a student's need for multiple make up days, and the student may receive an incomplete.** Students are strongly encouraged to avoid clinical/lab absences for personal reasons other than student's **own** illness.

STANDARDIZED CURRICULAR TESTING: Standardized testing is required in order to pass this course. Please check the quick calendar for dates and times.

Electronic portfolio- All students are required to maintain an online learning portfolio in Digication that uses the college template. There will be one assignment during the course of the semester that will need to be uploaded into Digication. Completion of this assignment is a course requirement, and failure to complete it may result in an incomplete for the course. This assignment may be used by the general education assessment team on campus to measure college outcomes, and improve student experiences. There will be no identifying data on this assignment to link it to a particular student. However, you are encouraged to use this platform to reflect on, demonstrate, or showcase your growth throughout your time as a nursing student. Your portfolio will be private unless you choose to share it.

Course Communication: Communication in N201 is done exclusively through Blackboard learn messaging or using your SCHOOL email. It is important that you get in the habit of checking blackboard frequently, as you will be held responsible for communications sent to you.

Student Success in N201

Study Groups

Study groups are crucial to your N201 success. It is recommended that students participate in study groups. Study groups have been shown to promote student success. When you decide to join a study group, pick a group that will give you the most benefit. Choose a group with students that are doing well and want to work hard. This may/may not

be your immediate group of friends. For tips on making the most of study groups see the Blackboard posting on Tools for Success. The nursing lab has some space available to meet, as does the library. Staff within the nursing lab are available during posted hours to assist students with tutoring, skills, study/test taking skills, or other learning needs. Students are encouraged to be proactive in their learning and seek help independently. Learning resources can be found on the N201 Course Shell on Blackboard Learn, Text book Web Sites and CDs / DVDs, materials within the nursing laboratory and library, and the ATI website. Students are encouraged to utilize these independent opportunities frequently.

Methods of Instruction

Teaching modalities include lecture, power point, case studies, group activities, I-clickers, and simulation. Computerized programmed instruction and interactive learning tools may be used as well. Blackboard Learn and Digication are N201's learning management tools. Students are encouraged to participate in all activities offered to enhance the learning experience. Students are expected to participate in class discussions, role-play, exam review and lab practice, and simulations. Participation enhances the learning experience and allows students and instructors the opportunity to learn from each other.

Classroom etiquette

Classroom demeanor is a vital part of participation. Students should behave respectfully at all times, recognizing each person's right to learn in an atmosphere conducive to the learning experience. Cell phones should be turned off. Students who violate the rules of courtesy and/or professional demeanor will be asked to leave, and will receive a Professional Occurrence. Students are expected to attend all classes. Tardiness, early departure, and absences have a direct impact on student learning.

Nursing Lab Resources

The Nursing lab is available for all students. The lab staff offer a wide variety of services to help students succeed. Students may be referred to the lab for tutoring, math skills, clinical skills, organization and time management, study strategies and test taking strategies. However, students do not need to be referred to get the benefit of all services the lab has to offer. Students who frequently use the lab find it to be a powerful tool for success.

Required Textbooks: (textbooks are used in prior/subsequent courses)

1. Potter, P. & Perry, A. (2013) Fundamentals of nursing, Enhanced multimedia edition. (8th ed) St Louis MI: Mosby/Elsevier. 978-0-323-08867-1
2. Potter P. & Perry A. (2013) Clinical nursing skills and techniques (7th edition) St Louis MI: Mosby/Elsevier 9780323079334
3. Ackley, B. J.& Ladwig (2010) Nursing diagnosis handbook (9th edition) Philadelphia: Saunders
4. Lewis, S.L., Dirksen, S.R., McLean Heitkemper, M. Bucher, L., & Camera, I.M. (2011), Medical-surgical nursing. Assessment and management of clinical problems (9th ed), St Louis: Elsevier Mosby. ISBN 978-0-323-10089-2
5. Wilson (2013), Pearson nurse's drug guide (2nd ed) Upper Saddle River, NJ: Pearson. 9780132964890
6. Pickar, G. D. & Abernathy A. B. (2013) Dosage calculations, with CD, (9th edition) Clifton Park NY: Delmar Publications, 9781133707271

7. VanLeeuwen, A. M. & Poellhuis-Leth, D. J. (2011), Davis's comprehensive handbook of laboratory and diagnostic tests with nursing implications. Philadelphia: .F. A. Davis
8. Hockenberry, M.J., & Wilson, D. (2013) Wong's essentials of pediatric nursing (8th ed.)St Louis: Mosby Elsevier
9. Varcarolis, E. M. Carson, V. B. & Shoemaker, M. C. (2013). Foundations of psychiatric mental health nursing (7^h) Philadelphia: W.B. Saunders
10. I-Clicker- available in the bookstore
11. Pharm Made Easy online ATI course access- please contact course leader for this.

New books for this course

12. Sole M. L., Lamborn and Hartshorn, (2012). Introduction to critical care nursing, (6th ed,) 9780323088480

Optional:

13. Lehne, R. A. (2012) Pharmacology for nursing care, with CD (8th edition) St Louis MI: Elsevier ISBN 978-1-4160-6249-3
14. Dillon, Patricia, Nursing health hssessment: Clinical pocket guide, Philadelphia: F. A. Davis.
15. Pernel & Paulanka, (2009) Guide to culturally competent health care. Philadelphia: F.A. Davis.
16. Sommers M. S., & Johnson, S. A. (2011) Diseases & disorders: A nursing therapeutics manual (4th ed.) Philadelphia: F.A. Davis.

Additional Information

Nursing Student Handbook

The Connecticut Community College Nursing Program (CT-CCNP) Nursing Student Handbook contains the program specific policies and procedures in effect for academic year 2016-2017. It is the student's responsibility to be familiar with the content in the Nursing Student Handbook. The student will be held accountable for meeting the expectations outlined in the Nursing Student Handbook, College Catalog, and College Student Handbook. The CT-CCNP reserves the right to modify any information contained in the Nursing Student Handbook. Officially approved changes will be made known to students through a Nursing Student Handbook Addendum.

Refer to the Nursing Student Handbook for detailed information regarding:

- Missed Exams
- Clinical Evaluations
- Clinical Warning
- College Labs
- Attendance
- Required Clinical Equipment
- Professional Appearance in the Clinical Sites
- Return after withdrawal
- Inability to return under certain circumstances

Three Rivers Community College Student Handbook

Refer to the TRCC Student Handbook regarding Disabilities, Course Refunds, Withdrawal Dates, Financial Aide and other college specific policies and resources.

WITHDRAWAL POLICY:

Students may withdraw, in writing, at the Registrar's Office for any reason. Refer to the Nursing and College Student Handbooks and College Catalog. Students who receive an overall

unsatisfactory clinical grade at any time in the rotation will fail this course and receive a grade of F. This course does not offer midterm theoretical warning grades. Students with concerns about their course average are encouraged to contact the course leader.

DISABILITIES STATEMENT:

If you have a hidden or visible disability which may require classroom or test-taking modifications, please see the Disability coordinator as soon as possible. Contact Counseling and Disabilities Services (860-215-9017 if you have a learning disability or are looking for information regarding a possible learning disability. Contact student services (860-215-9016) for other physical disabilities. Please see the Three Rivers Community College Catalog for additional policies and information.

COUNSELING

Student counseling is available at no charge to the student. If you are having trouble, please notify your course leader and/or visit the counselors in the student services area. You can call the counseling center directly at 860-215-9017. They can help with career counseling, personal counseling, transfer issues, financial issues, community service needs etc.

CLINICAL CANCELLATION DUE TO INCLEMENT WEATHER:

When the college is closed for reasons of inclement weather, clinical experiences will also be canceled. When the college delays opening, clinical experiences will begin one hour later. However, students should **use discretion in traveling in poor weather conditions**. If you are unable to report to scheduled clinical experiences, be sure to notify your clinical instructor. Preplanning and communication with your clinical instructor and course coordinator is important. Your clinical instructor will guide you to the most appropriate way to communicate with him/her. The College Student Handbook and Catalog lists radio stations announcing cancellations. Information will be posted on the college website regarding college closure/delay.

www.trcc.commnet.edu.

In addition, myCommNet Alert is a system that sends text messages and emails to anyone signed up in the event of a campus emergency. TRCC also sends messages when the college is delayed or closed due to weather. You can sign up for myCommNet Alert on your mycommnet portal.

INDIVIDUALIZED LEARNING NEEDS: The student has the option of choosing which method of studying or combination of methods is most suitable for his/her learning needs. Faculty may request completion of additional learning activities as indicated by student needs. Extra practice sessions can be planned in the laboratory upon request. Study groups can be formed. Additional reading materials can be suggested. Audio and visual tapes and computerized materials on several patient situations are available. At the discretion of the faculty team, individual student clinical rotations maybe re-sequenced to facilitate student learning.

ACADEMIC INTEGRITY:

“Academic integrity is essential to a useful education. Failure to act with academic integrity severely limits a person’s ability to succeed in the classroom and beyond. Furthermore, academic dishonesty erodes the legitimacy of every degree awarded by the College. In this class and in the course of your academic career, present only your own best work; clearly document the sources of the material you used from others; and act at all times with honor.” See TRCC Student Handbook. A student's written work is expected to be **original** and done independently unless otherwise indicated. Footnotes and references must be used to acknowledge the source and avoid plagiarism.

Selected portions of the nursing curriculum are taught, reinforced, or reviewed through the use of educational software/instructional media: e.g., videotapes, computer programs, audio cassettes, filmstrips, online learning activities etc. Students must sign an Ethics Statement regarding the use of these materials and agree to follow the policies outlined in the Statement. The signed Ethics Statement is retained in each student's record.

Violations of academic integrity will be referred to the Academic Dean and dealt with in accordance with the college policy on Academic Integrity.
See Nursing Student Handbook

STATEMENT ON PENALTY FOR ACADEMIC DISHONESTY OR PLAGIARISM:

Plagiarism is the unacknowledged use of another person's words or ideas in your writing. Whether conscious or not, plagiarism is a serious offense. Evidence that you did not write material that you submit under your name can result in failure for the entire course. Refer to College Catalog for policy. Students are expected to:

Demonstrate academic integrity by not engaging in conduct that has as its intent or effect the false representation of a student's academic performance, including but not limited to : (a) cheating on an examination; (b) collaborating with others in work to be presented, contrary to the stated rules of the course; (c) plagiarizing, including the submission of others' ideas or papers (whether purchased, borrowed, or otherwise obtained) as one's own; (d) stealing or having unauthorized access to examination or course materials; (e) falsifying records or laboratory or other data; (f) submitting, if contrary to the rules of a course, work previously presented in another course; and (g) knowingly assisting another student in any of the above, including an arrangement whereby any work, classroom performance, examination, or other activity is submitted or performed by a person other than the student under whose name the work is submitted or performed. Consequences are specified in the College Catalog.