

<p>NUR 108 with Lili Rafeldt Online</p> <p>Complete Three Folders Each Week, assignments to hand in are in red</p> <p>Wednesday through Wednesday = a week</p>	<p>Success in College</p> <p>Each week review the module, learn, and complete the assignments.</p>	<p>Professionalism In Health Care, A Primer for Career Success, by Makely</p> <p>Each week review the module, learn and complete the assignments.</p>	<p>Professional Concepts and Shadow Health Program</p> <p>Each week review the module, learn and complete the assignments.</p>
<p>1/17-1/31Week 1+ (Extra time to become familiar with the course)</p> <p>Assignments are due by or before 1/31</p>	<p>Complete the Welcome Information Page and send it to me through the message feature in the course. (It is in your messages)</p> <p>Read the Big Picture article: "Dynamic or fixed knowledge. Are you born smart or you go on and achieve it?" Watch the GRIT Ted Talk— answer the quiz questions</p> <p>Read what other students have said about learning.</p>	<p>Review what is means to be a positive citizen in a community; classroom and website</p> <p>Read and Review syllabus for Spring 2018</p> <p>You are not using the text this week.</p> <p>Introduce yourself and write a positive sentence to repeat to yourself when your inner critic says you can't do something. Post this on the discussion board.</p>	<p>Review the HOT Careers website and identify 21st century health careers.</p> <p>Assignment: What health career interests you, why? What health topics interests you? Submit through Bb assignment tool.</p> <p>Sign into Shadow Health Course with your code and the course #</p> <p>For Online Perspectives of Nursing – Announcement to be posted</p> <p>I will assign work in future weeks.</p>
<p>1/31-2/7Week 2+</p> <p>Assignments are due by or before 2/7</p>	<p>Watch the TED talk "What top students do differently." Complete the Listening Assignment after watching the TED Talk and reviewing the Four Quadrant Time Management box. Submit through Bb assignment tool.</p> <p>Remember planning, being proactive, asking questions, sharing information and time management increase your success in school.</p>	<p>Read Chapter TWO and review module. Key points: Your Work Ethic and Performance. You will read Chapter one in week seven.</p> <p>Consider how you are developing your reputation as a TRCC student too.</p> <p>Complete the Chapter TWO test on Bb, you can take it multiple times. We often learn through testing. Your highest grade will be used in calculations.</p>	<p>Complete the Digital Experience Orientation</p> <p>Nurses and Health Care Professionals use technology. With this program you will virtually learn what nurses do.</p> <p>You can complete this experience multiple times. Shadow Health and this assignment is open I will check Shadow Health.</p>

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<p>2/7-2/14 Week 3+</p> <p>Assignments are due by or before 2/14</p>	<p>Watch the TED Talk "Learning styles & the importance of critical self-reflection"</p> <p>Was there a word or phrase you did not know? What is meta-analysis? Where did you look it up?</p> <p>How will you learn English, or science, or healthcare or another new body of knowledge?</p> <p>Write a one page paper about how you learn or make meaning of new information. Use what you learned through the TED talk. In this reflection, include an introduction, supporting paragraphs and a conclusion. Submit through the Digication.</p> <p>You can use the writing center for support to review your paper before you hand it in. See Writing Center (on the lower part of the page is the email submission area)</p>	<p>Read Chapter THREE and review module. Key points: Personal Traits of Health Care Professionals</p> <p>Complete the Chapter THREE test on Bb, you can take it multiple times. We often learn through testing. Your highest grade will be used in calculations.</p>	<p>Nursing is thinking, communicating and doing. Are you a critical thinker who communicates?</p> <p>Review the power point about critical thinking.</p> <p>Watch the TED Talk about critical thinking.</p> <p>What is the five step process?</p> <ol style="list-style-type: none"> 1. Formulate your question. 2. Gather your information. 3. Apply the information. 4. Consider the implications. 5. Explore other points of view. <p>Read the case, it is also posted on the discussion board, using critical thinking how would you solve the problem. Post your answer, read what your classmates suggest and respond to one other person. State if you agree or disagree with their solution and why.</p> <p>Consider how DO YOU handle conflict?</p> <p>Always remember HIPPA, verbal and nonverbal communication.</p>

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<p>2/14-2/21 Week 4+</p> <p>Assignments are due by 2/21</p> <p>Take a moment to reread the syllabus. How do you earn your letter grade?</p>	<p>Use the library online or in person. It is important for life-long learning. Information Literacy is using skills to find professional information. This is a necessary skill for evidence based practice of the 21st century.</p> <p>Find an article about a health career or health topic you want to investigate. State why you picked that article and summarize it. Use APA format and cite the article. Submit you answer via the Bb assignment tool.</p>	<p>Read Chapter SIX and review module. Key points: Professionalism and Your Personal Life.</p> <p>Complete Chapter SIX test on Bb, you can take it multiple times. We often learn through testing.</p>	<p>A dictionary is a tool in all courses. Curiosity is critical for safe practice as a nurse and health care professional.</p> <p>Defining words and understanding policies. Pick a word or phrase in a policy from the Nursing Student Handbook or other school policy. Use a dictionary and post your understanding of the word or phrase. Post your answer on the discussion board</p>
<p>2/21-2/28 Week 5+</p> <p>Assignments are due by 2/28</p> <p>Take a moment to reread the syllabus. Can you keep Shadow Health and complete the modules again?</p>	<p>How to take a test, how to identify different types of questions. Why is it important to learn to write questions?</p> <p>Where can you find practice tests? Do you remember what top students do? Can you use test banks found on the internet? Why is integrity important for a nurse and any health care professional? Post your answer on the discussion board, respond to a peer.</p>	<p>Read Chapter FOUR and review module. Key points: Communication and team work, strengthen relationships.</p> <p>Complete Chapter FOUR test on Bb, you can take it multiple times. We often learn through testing.</p>	<p>Recognize plain language, the PEEER communication model.</p> <p>Watch effective and ineffective communication videos.</p> <p>Read therapeutic and nontherapeutic communication techniques.</p> <p>Complete the Shadow Health Communication Module.</p>

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<p>2/28-3/7 Week 6+</p> <p>Assignments are due by 3/7</p>	<p>Watch the TED Talk Cultural Intelligence CQ</p> <p>Knowing yourself, your own culture, and religion is important. Knowing who you are supports success in school and life.</p> <p>Complete the Heritage Assessment Quiz and share a heritage fact on the discussion board. Respond to a peer.</p>	<p>Read Chapter FIVE and review module. Key points: Cultural diversity and competence in patient</p> <p>Complete Chapter FIVE test on Bb, you can take it multiple times. We often learn through testing.</p>	<p>Use time to prepare presentation project.</p> <p>Use time to meet with advisors and complete plans of study and guided pathway forms.</p>
<p>3/7-3/21 Week 7+</p> <p>Assignments are due by 3/21 (Spring Break 3/11-3/18)</p>	<p>Focus on rubric use: Oral, Information and writing rubric the importance of it.</p> <p>Discuss how rubrics help you to be successful in assignments and classes. Post on discussion board, respond to a peer.</p>	<p>Read Chapter ONE and review module. Key points: The Health Care Industry and Your Role</p> <p>Complete Chapter ONE test on Bb, you can take it multiple times. We often learn through testing.</p>	<p>Review the Basic skills Intermediate skills Advanced skills of a RN</p> <p>Math for health care professionals.</p> <p>Discuss other health professional skills on the discussion board.</p>
<p>3/21-3/28 Week 8+</p> <p>Assignments are due by 3/28</p> <p>Early In-person Registration 3/29</p>	<p>You need to have some humor, start your day positive, look at the videos.</p> <p>Time to meet with advisors and complete assignment for individual plans of study and guided pathway forms.</p>	<p>Read Chapter SEVEN and review module. Key points: Practice of practicum, how to prepare for a test.</p> <p>Complete Chapter SEVEN test on Bb, you can take it multiple times. We often learn through testing.</p>	<p>Assessment skills and the importance of learning biology, chemistry, anatomy, physiology and microbiology.</p> <p>Complete Respiratory Concept Lab in Shadow Health.</p>

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3/28-4/4 Week 9+ Assignments are due by 4/4 In-person Advising registration Day 3/29 College closed 3/30 Registration for next semester 4/2, also in-person advising registration	Attend an event in the school or your community which supports your learning. Share a description of the event with your colleagues on the discussion board.	Read Chapter EIGHT and review module. Key points: Job openings, Job applications. How to find a job. Employment and Professional Development. Complete Chapter EIGHT test on Bb, you can take it multiple times. We often learn through testing.	How to wash your hands, Infection control of the honor system. Infection Control; the chain of infection, immunizations, preventing illness, Hand Hygiene Practicum
4/4-4/11 Week 10+ Assignments are due by 4/11	Did you Register for the Summer and Fall semesters? Post presentations in class Digication portfolio	Maintaining safety and ergonomic health Complete CHA Test	What is Nursing Process? Review video and power point.
4/11-4/18 Week 11+ Assignments are due by 4/18	Comment on colleagues Digication Class presentations	Orthopedic Health Care Module, Consider Nursing Process. Complete the role of health professionals in care of the orthopedic patient. List the complications a patient may have after surgery.	Complete the respiratory assessment of Tina Jones in Shadow Health. Why is it important to do a respiratory assessment on every patient?
4/18-4/25 Week 12+ Assignments are due by 4/25	Nutrition, sleep and rest are important for success in school too. Consider your sleep patterns. Read a food label and look for the Na+ content. Post on the Discussion board.	Cardiovascular Health and Professional Organizations: American Heart Association. After reviewing the video and taking the AHA test, share who you would give the test too, why and how you would do it on the discussion board. Nurses and health care professionals are always teaching others.	How are you doing this semester? Is time management working? You can push through and complete the semester.

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4/25-5/2 Week 13+ Assignments are due by 5/2	Emotional Intelligence is important for you and health care professionals. Read the articles in the module. Summarize what you have learned this semester. Submit through Digication.	Pain and Nursing Interventions Caring and Compassion Complete the pain test	Complete the Health History Assessment of Tina Jones in Shadow Health.
5/2-5-9 Week 14+ Assignments are due by 5/9 5/4 is last day to withdraw—contact faculty and financial aid before you consider this	Success in college panel Take the GRIT test again. Have you grown?	Preparing for Health Care in the Summer Months	Nursing Graduate Panel Share a tip for success next semester on the Discussion board.
5/9-5/14 (Monday) Week 15+ Final week	Celebration, Synthesis and Surprises	May not need to take final if previous assignments complete and have desired points to equal grade	

Outline is subject to change based on available materials. 2018 LAR