

Syllabus

HM 101 : Basic Foods

Three Rivers Community College
Mohegan Campus
Norwich CT 06360

Instructor: David Miguel CEC,CCE

Office Hours: Wednesdays 6:00-9:15 pm

Office: TRCC Kitchen

Grasso Tech: 441-0362 M-Fr 7:15-2:45
Email: DMiguel@trcc.commnet.edu
david.miguel@ct.gov

Fall 2016

Three Rivers Community College

Course Syllabus

1. TITLE AND NUMBER: HM 101 Basic Foods

2. DESIGNATION:

- a. Elective _____ Type _____
b. Required X Program: Hospitality Management

3. PREREQUISITE: None

4. COURSE DESCRIPTION: This Course will expose the students to the world of food service management. Here you will learn the basics of stocks, sauces soups, cooking methods, baking and menu planning. You will also serve as a support staff for the college cafeteria.

5. OBJECTIVES:

- a) The students will learn and practice team work and professionalism that is practiced in any food service environment. This will include: Mother Sauces, cooking techniques, understanding of all raw food products as well as basic baking, garde manger, nutrition and management.
- b) The students will, upon learning a facet of this course, produce a finished product our cafeteria kitchen.
- c) The students will practice sanitation and kitchen safety at all times.
- d) When possible, students may take field trips to area establishments and catering halls.

6. REQUIRED TEXT

Professional Cooking - Wayne Gisslen, 6th edition. James Wiley and Sons

7. GRADES and QUALITY POINTS

A = 4.0

A- =	3.7
B+=	3.3
B =	3.0
B- =	2.7
C+=	2.3
C =	2.0
C- =	1.7
D+=	1.3
NC	No Credit

8. METHOD of EVALUATION:

Students will receive grades based on the following:

<u>Attendance/Homework*</u>	30%
<u>Unit Tests (5)</u>	50%
<u>Final Exam</u>	20%

NOTE: If three classes are missed, the student will be will be required to make up the entire course.

9. College Withdrawal Policy

A student who finds it necessary to discontinue a course must complete a withdrawal form in the Registrar's office at the time of withdrawal. Students may withdraw from class anytime during the first ten weeks without being in good standing or obtaining prior approval . Students who do not withdraw, but stop attending will be adversely affect the good standing status of the student receiving the grade. Eligibility for refund of tuition is based upon date of withdrawal when received by the Registrar. Verbal withdrawals cannot be accepted.

Due to the nature of the course material, attendance and homework grade will be based on the level of participation that students are involved in. The class discussion will involve the prior week's reading assignment. Homework is due before class begins. Absences, tardies and early dismissals will be graded accordingly

10. Disability Statement

Counseling and Student Development Services -Disabilities

Contact Information

College Disabilities Service Provider	
Matt Liscum, Counselor (860) 215-9265 Room A113	<ul style="list-style-type: none">• Learning Disabilities• ADD/ADHD• Autism Spectrum• Mental Health Disabilities
Elizabeth Willcox, Advisor (860) 215-9289 Room A113	<ul style="list-style-type: none">• Medical Disabilities• Mobility Disabilities• Sensory Disability

Students with Disabilities

Three Rivers Community College welcomes students with disabilities. Services for students with disabilities are coordinated through the Counseling Center. In accordance with federal law, students with documented disabilities may request reasonable accommodations. Students are required to submit a Self Disclosure Form, provide documentation, and meet with a Disability Service Provider before the start of the semester, if possible. Please call the Counseling Center for more information.

Continuing Notice of Nondiscrimination

Three Rivers Community College does not discriminate on the basis of race, color, religious creed, age, gender, gender identity or expression, national origin, marital status, ancestry, present or past history of mental disorder, learning disability or physical disability, veteran status, sexual orientation, genetic information or criminal record. The following person has been designated to handle inquiries regarding the non-discrimination policies: Equity and Diversity Officer, 574 New London Turnpike, Norwich, CT 06360. 860-215-9000.

Course Schedule

Wednesdays

8/31 Class introduction, kitchen tour. Ch. 1

9/7 Chapters 2&3

9/14 Test Ch 1,2,3

9/21 Ch 4

9/28 Ch 5

10/5 Ch 6- Test Ch 4,5

10/12 Ch 7

10/19 Ch 8& 9, Test Ch 6,7

10/26 Ch 10 &11

11/2 Ch 12, 13, 30 Test Ch 8,9,10,11

11/9 Yeast Breads and pies-

11/16 Test Ch.12, 13, 30 or project assigned

11/23 Thanksgiving Recess

11/30 Ch 19&20

12/7 Ch 34

12/14 Final exam