

## Human Biology (w/Lab) Syllabus

**BIO K115, Four sem. hr. credits**  
**CRN -30027**  
**Lecture sec. T1**  
**CRN -30028**  
**Laboratory sec. T1A**  
**Fall 2016**  
**Three Rivers Community College**  
**Norwich, CT 06360**

**Instructor:** Professor William J. Dopirak, Jr.  
**phone:** 860-215-9424  
**e-Mail:** wdopirak@trcc.commnet.edu  
**Office Location:** C-130

### **Office Hours:**

**Tuesday:** 3-4 pm  
**Thursday:** 2-4pm

***Or by appointment***

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**Required Text:** Goodenough, J. *et al.* 2012. *Biology of Humans: Concepts, applications, and issues* 4<sup>th</sup> Ed. Pearson/Prentice Hall. 535p.

### **Catalog Description:**

An introductory presentation of human structure and function. A survey of body systems for students who want to be more knowledgeable about the life processes of their own bodies. Lab procedures do not involve animal dissections. This course is open to students in the Office Administrative Careers - Medical Option Program as well as non-science majors. This course does not meet the pre-admission requirement for the Nursing Program.

### **Primary Objectives:**

In addition to developing an understanding of human life processes, the student will be aided in developing understandings of the normal structures and functions of the human body. The student will also be aided in developing an understanding of the biological sciences as it may relate to other disciplines and the interdependence of all life forms and the natural laws in operation that ensures stability to these life forms. Finally, the student will be encouraged to become more aware and/or more knowledgeable in relation to current biological concerns such as pollution, chemical food additives, and genetic engineering and their physiological effect on the human body.

### **Attendance Policy:**

Students are expected to attend class and laboratory sessions regularly. If a class or lab is missed due to circumstances beyond your control, **please**, be sure to notify your instructor and make the necessary arrangements for obtaining the lecture notes. **You will be responsible** for the material. **If 3-4 classes (and/or 3-4 labs) are missed, a deduction of 5 POINTS will be taking from your final grade. TEN POINTS will be deducted from your final grade if 5 or more classes (and/or labs) are missed. If 100% attendance is noted, 5 points will be added to your grade.**

## Grade Evaluation:

There will be three examinations and two laboratory practical's. Although the subject matter does tend to build on itself, there will be three non-cumulative examinations. The third exam will be given during Final Exam week. There will be eleven quizzes. The lowest quiz grade will be dropped. Exam and quiz questions will consist of multiple choice and/or short answers. A ten minute oral presentation may also be required included.

## Grading:

Final grade will be based on a percentage of the following:

\***Semester grade** = 3 exams (300 points) + 10 Quizzes (100 points)

‡**Laboratory grade** = 2 Lab practicals (200 points) + 8 Lab reports (80 points)

## Final Grade:

100.0-99.0= A	79.4-77.5= C+
98.9-93.5= A	77.4-72.5= C
93.4-90.5= A-	72.4-69.5= C-
90.4-87.5= B+	69.4-63.5= D+
87.4-84.5= B	63.4-59.5= D
84.4-79.5= B-	59.4-00.0= F

## College Withdrawal Policy:

A student who finds it necessary **to** discontinue a course once class has met must provide written notice to the registrar. Withdrawal forms are available at the Registrar's office on both campuses and the office at the Sub-base. Non-punitive "W" grades are assigned to any withdrawal requested before the various unrestricted withdrawal deadlines, **See Registrar for dates.** After that period, a student wishing to withdraw must obtain written authorization of the instructor to receive a 'W' grade on their academic record, non-punitive grade indicating termination of class participation. Students who do not withdraw, but stop attending will receive a grade of "F" for the final grade. Students are advised that withdrawal from 50% or more of their classes will result in being placed on Progress Probation for the following semester. Eligibility for refund of tuition is based upon date of withdrawal when received by the Registrar. Verbal withdrawals cannot be accepted.

**Digication:** All students are required to maintain an online learning portfolio in Digication that uses the college template. Through this electronic tool students will have the opportunity to monitor their own growth in college-wide learning. The student will keep his/her learning portfolio and may continue to use the Digication account after graduation. A Three Rivers General Education Assessment Team will select and review random works to improve the college experience for all. Student work reviewed for assessment purposes will not include names and all student work will remain private and anonymous for college improvement purposes. Students will have the ability to integrate learning from the classroom, college, and life in general, which will provide additional learning opportunities. If desired, students will have the option to create multiple portfolios

**BIO K115 Human Biology w/Lab**  
**Tentative Lecture and Laboratory Schedule**

(Fall 2016)

**Lecture:** M & W (1:30-2:45pm) Room A-221

**Laboratories:** W (3:00-5:45 pm) Room A-221

<b>Topic</b>	<b>Week</b>	<b>Chapter</b>
Biological organization Chemical organization of life	(1)	1 & 2 <b>LAB- Scientific Method</b> 2 & 3
Chemistry and life (cont.) <b>Quiz 1:</b> Cellular organization	(2)	<b>LAB- Use of the microscope</b> 3
Tissues <b>Quiz 2:</b> Skin, and organ systems	(3)	<b>LAB- Cellular biology</b> 4
Musculoskeletal system <b>Quiz 3: Review for Exam I</b>	(4)	<b>LAB- Tissues</b> 5
<b>EXAM 1</b> Musculoskeletal system (cont.)	(5)	<b>LAB- Skeletal anatomy</b> 6
<b>Quiz 4:</b> Blood Cardiovascular system	(6)	<b>LAB PRACTICAL</b>
<b>Quiz 5:</b> Cardio system (cont.) Lymphatic system	(7)	11 & 12 <b>LAB- Muscular anatomy</b>
<b>Quiz 6:</b> Immunity Respiratory system	(8)	13 <b>LAB- Cardiology</b> 14
<b>Quiz 7:</b> Nervous system	(9)	<b>LAB- Special senses</b>
<b>Quiz 8:</b> Nervous system (cont.) Review for exam II	(10)	8 & 9 <b>LAB- Respiratory</b>
<b>EXAM II</b> Endocrine system	(11)	10 <b>LAB- Nutrient in food</b>
<b>Quiz 9:</b> Digestive System Cellular Respiration	(12)	15 <b>Lab- Uro-genital system</b>
<b>Quiz 10:</b> Urinary system	(13)	<b>OPEN LAB</b> 16 & 17
<b>Quiz 11:</b> Reproductive system	(14)	<b>LAB PRACTICAL</b>
<b>Quiz 12:</b> Review for Final Exam	(15)	<b>FINAL EXAM</b>

**Human Biology**  
**BIO K115**  
**Topical Outline**

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- I** Biological organization
  - a)** characteristics of life
  - b)** organizational schemes of life
  - c)** scientific method
  
- II** Chemical organization of life
  - a)** structure of matter
  - b)** atoms, molecules, and bonding of the elements
  - c)** organic versus inorganic compounds
  - d)** groups of bioorganic molecules of humans
  - e)** energy and metabolism
  
- III** Cellular organization
  - a)** the cell theory
  - b)** organelles and cellular structure
  - c)** mitosis and meiosis
  - d)** plasma membranes and chemical transport through them
  - e)** cellular respiration
  
- IV** Human structural organization
  - a)** tissues
  - b)** organs
  - c)** systems and homeostasis
  - d)** body cavities and membranes
  
- V** Coordinating mechanisms of the human body
  - a)** nervous system
  - b)** sensory system
  - c)** endocrine system
  
- VI** Human support and locomotion
  - a)** skeletal system
  - b)** muscular system
  
- VII** Human life support mechanisms
  - a)** digestive system
  - b)** cardiovascular system
  - c)** immune system
  - d)** respiratory system
  - e)** urinary system
  
- VII** Human reproduction and development
  - a)** meiosis and gametogenesis
  - b)** male and female reproductive systems
  - c)** human development

## **Learning Outcomes of the Course:**

Upon completion of this course, the student should be able to correctly answer questions about or discuss ideas and issues associated with the following objectives.

### **A) Describe biological organization:**

1. Be able to discuss characteristics of life and relate human characteristics to them.
2. Describe the basic organizational schemes of living organisms.
3. Describe the scientific method of inquiry.

### **B) Describe the chemical organization of living organisms:**

1. Distinguish between matter and energy.
2. Discuss the organizational aspect of matter.
3. Distinguish between organic and inorganic compounds.
4. Describe and identify the four major groups of bioorganic compounds making up humans.
5. Describe and identify the major groups of inorganic compounds making up humans.
6. Define metabolism.

### **C) Describe cellular structure and function:**

1. Discuss the importance of cells.
2. List and describe the major structural aspects of cells
3. Describe and list the major organelles of cells.
4. Describe mitosis.
5. Describe the plasma membrane structure.
6. Discuss methods of nutrient and chemical transport into and out of cells.
7. Briefly describe cellular respiration.

### **D) Describe basic human structural organization:**

1. Describe the functions, structure, classification, and identification of tissues.
2. Define organs and using skin as an example, describe its basic structure.
3. Relate cell, tissue, organ, organ system, and homeostasis to human organization.
4. Describe body cavities and their lining membranes.

## **Learning Outcomes (cont.)**

### **E) Discuss mechanisms for coordinating the human body by describing:**

- 1.** The human nervous system by:
  - a.** Describe neurons, impulses, and synapses.
  - b.** Describe the organization of the central nervous system.
  - c.** Describe the organization of the peripheral nervous system.
  - d.** Describe sense receptors with a focus on the ear and the eye.
  
- 2.** The human endocrine system by:
  - a.** Define hormones and describe their basic method of action and control.
  - b.** Describe the major endocrine glands and the hormones produced by them.

### **F) Describe the support and locomotion mechanisms of the human body by describing the skeletal and muscular system:**

- 1.** Describe functions of overall bone structure.
- 2.** Identify the bones of the human skeleton.
- 3.** Classify joints and joint movement.
- 4.** Describe functions of/and overall structure of a muscle.
- 5.** Describe the basic mechanics of muscle contraction.
- 6.** Be able to identify the major muscles of the muscular system.

### **G) Describe the major life-support mechanisms of the body by discussing the following:**

- 1.** Describe the process of digestion:
  - a.** Discuss the basic anatomy of the G-I tract.
  - b.** Describe the digestion and absorption of food.
- 2.** Describe the cardiovascular system:
  - a.** Discuss the functional and structural organization of the circulatory pathway.
  - b.** Describe the structure of the heart and discuss how its beat is maintained.
  - c.** Describe the circulation of blood through the body.
  - d.** Describe the structure and function of blood.
- 3.** Describe the basic mechanics of immunity.
- 4.** Describe the makeup of the respiratory system:
  - a.** Describe the airway.
  - b.** Describe the mechanics of breathing.
  - c.** Describe the exchange of oxygen and carbon dioxide gases
- 5.** Describe the organization of body fluids and their maintenance:
  - a.** Organize the body into fluid compartments and discuss their mechanics of balance.
  - b.** Describe the urinary system.
  - c.** Describe the process of urine formation.

## **Learning Outcomes (cont.)**

- H)** Describe the process of human reproduction and development:
1. Describe meiosis and gamete formation.
  2. Describe the structure and function of the male and female reproductive systems.
  3. Discuss the basic process of human development.

## **Academic and Classroom Misconduct:**

The instructor has the primary responsibility for control over classroom behavior and maintenance of academic integrity, and can order the temporary removal or exclusion from the classroom, and/or laboratory, of any student engaged in conduct illative of the general rules and regulation of the institution. Extended or permanent exclusion from classroom, and/or laboratory, or further disciplinary action can be effected only through appropriate college procedure. Plagiarism, cheating, or any form of academic dishonesty is prohibited. Students guilty of academic dishonesty directly or indirectly will receive a zero for an exercise or exam and may receive an F for the course in addition to other possible disciplinary sanctions that maybe imposed trough the regular institutional procedures. Any student that believes he or she has been erroneously accused may appeal the case through the appropriate institutional procedures if their grade was affected.

## **Disabilities Statement:**

If you have a hidden or visible disability, which may require classroom or test-taking modifications, please see me as soon as possible. If you have not already done so, please be sure to register with the college disability counselors by contacting Student Services Office.

- Matt Liscum, Counselor: (860)215-9265 (Room A-113)
  - Learning Disabilities
  - ADD/ADHD
  - Autism Spectrum
  - Mental Health Disabilities
- Elizabeth Willcox, Advisor: (860)215-9289 (Room A-113)
  - Medical Disabilities
  - Mobility Disabilities
  - Sensory Disability