

CONNECTICUT COMMUNITY COLLEGES NURSING PROGRAM

*Capital Community College, Gateway Community College, Norwalk Community College,*

*Naugatuck Valley Community College, Three Rivers Community College*

THREE RIVERS COMMUNITY COLLEGE

Nursing 203

**NURSING CARE OF INDIVIDUALS AND FAMILIES II**

Syllabus and Course Materials

SPRING 2016

**The Light at the end of the Tunnel...**

## **CONNECTICUT COMMUNITY COLLEGE NURSING PROGRAM**

*Capital Community College, Gateway Community College, Norwalk Community College,  
Naugatuck Valley Community College, Three Rivers Community College Community College*

### **NUR\*203: NURSING CARE OF INDIVIDUALS AND FAMILIES II**

#### **Course Prerequisites**

NUR\*201: Nursing Care of Individuals and Families I

NUR\*202 Pharmacology for Individuals and Families with Intermediate Health Care Needs

#### **Course Co requisites**

NUR\*204: Pharmacology for Individuals and Families and Groups with Complex Health Care Needs

NUR\*205 Nursing Management and Trends

Humanities or Fine Arts Elective

#### **Course Components**

Credits 8 credits

Hours Classroom: 45 hours

Clinical: 225 hours

#### **Course Schedule**

Lecture: Thursdays 8:30- 12 Noon in Room A216

#### **Course Description**

The student will focus on the holistic care of individuals, families, and groups with complex health care needs. The student will incorporate critical thinking, caring behaviors, professionalism, and communication skills when providing nursing care in a variety of acute, long-term and/or community settings. The student will have an opportunity to manage a multi-client assignment with an emphasis on safe and competent practice. An observational experience with a visiting nurse agency will be provided.

#### **Course Objectives**

At the completion of this course, the student will be able to:

1. Integrate the principles of holism and nursing theory in providing care to individuals, families and groups with complex health needs.
2. Integrate nursing interventions by utilizing the nursing process in providing care to groups of clients with complex health problems across the life-span.
3. Provide safe and competent care to groups of clients with complex health problems using evidence-based practice, quantitative reasoning and technology.
4. Evaluate the therapeutic communication techniques used in nurse-client interactions.
5. Evaluate the effectiveness of teaching-learning activities that meet the needs of individuals, families and groups experiencing complex health problems.
6. Collaborate with members of the health care team to establish a culturally competent environment that promotes caring behavior.
7. Collaborate with members of the health care team in a variety of settings.
8. Implement strategies to provide accountable and responsible care within the legal-ethical standards of the nursing profession.
9. Support the advancement of nursing practice through life-long learning and political awareness

#### **UNIT OBJECTIVES**

Please refer to class outline for unit objectives.

## **Faculty / Staff Availability**

Students are encouraged to seek clarification with the course leader as needed. Students are also encouraged to seek advisement with faculty as needed. Scheduled faculty office hours are posted outside faculty offices. Students may also meet with faculty by appointment. All faculty and staff look forward to your success and practice as a registered nurse. Please utilize your time and ours to develop your abilities to the fullest!

### **Director of Nursing and Allied Health**

Edith Ouellet MSN, RN  
Phone: 860-215-9460  
E-mail: [euouellet@trcc.commnet.edu](mailto:euouellet@trcc.commnet.edu)

### **Full Time Faculty**

MaryAnn Perez-Brescia MSN, RN  
(Course Leader)  
Phone: 860-215-9438  
[Mperez-brescia@trcc.commnet.edu](mailto:Mperez-brescia@trcc.commnet.edu)

Pat Colonghi MSN, RN  
Phone: 860-215-9477  
[pcolonghi@trcc.commnet.edu](mailto:pcolonghi@trcc.commnet.edu)

### **Adjunct or Part Time Faculty:**

Ryan Telford MSN, RN  
(Lecturer)  
[rtelford@trcc.commnet.edu](mailto:rtelford@trcc.commnet.edu)

Melissa Bargnesi, MSN, RN  
[mbargnesi@trcc.commnet.edu](mailto:mbargnesi@trcc.commnet.edu)

Laurie Matney, MSN, RN  
[lmategy@trcc.commnet.edu](mailto:lmategy@trcc.commnet.edu)

Heidi Morse, MSN, RN  
[hmorse@trcc.commnet.edu](mailto:hmorse@trcc.commnet.edu)

Shawna Edwards, MSN, RN  
[sedwards@trcc.commnet.edu](mailto:sedwards@trcc.commnet.edu)

Sandy Basley, MSN, RN  
[sbasley@trcc.commnet.edu](mailto:sbasley@trcc.commnet.edu)

Colleen Planchon MSN, RN  
[cplanchon@trcc.commnet.edu](mailto:cplanchon@trcc.commnet.edu)

Lisa Orowson MSN, RN  
[lorowson@trcc.commnet.edu](mailto:lorowson@trcc.commnet.edu)

Kathy Heim MSN, RN  
[kheim@trcc.commnet.edu](mailto:kheim@trcc.commnet.edu)

Carol Emmerthal  
[cemmerthal@trcc.commnet.edu](mailto:cemmerthal@trcc.commnet.edu)

Linda Morris  
[limorris@stfranciscare.org](mailto:limorris@stfranciscare.org)

**Nursing Lab Faculty:**

Sue Turner, MSN, RN Lab Coordinator  
Phone: 860-215-9482,  
E-mail: [sturner@trcc.commnet.edu](mailto:sturner@trcc.commnet.edu)

Kim Myshka Kobelski, MSN RN  
E-mail: [kkobleski@trcc.commnet.edu](mailto:kkobleski@trcc.commnet.edu)

**Nursing Program College Facilities**

Facilities available to the students are: Faculty offices, the library, nursing classrooms and the nursing lab. These are located on campus. Computer labs are located within the nursing lab and throughout the E Wing.

**Nursing 203 Clinical / Lab Experiences**

**Clinical facilities** include the following: WW Backus Hospital (part of Hartford Health Care), Lawrence Memorial and St. Francis Hospital, Windham Hospital (part of Hartford Health Care) and the Visiting Nurse Association of Southeastern CT

**Psych/Behavioral Health facilities** include South East Mental Health Authority, WW Backus Hospital and Natchaug Hospital

**Orientation:** All groups will attend orientation sessions for the psych and med-surg experiences. Times will be announced as per facility availability.

**Clinical Observational Learning Activity:** All students in good clinical standing will participate in Observational activities with selected agencies assigned by your clinical faculty. Dates of observation will be assigned as specified on your clinical rotation schedule. Required paperwork will be forwarded to med-surg faculty person

**Student nurse uniforms and college ID badges** are required. Students must attend assigned Observations as scheduled. Observational experiences are part of the required clinical hours and must be successfully completed to receive satisfactory passing clinical grade. Classroom labs with required validations will be presented as noted on course calendar. Uniforms and nametags are required for all on campus labs. Attendance is mandatory and counts as clinical time.

**Clinical Equipment and Uniforms**

Stethoscope, Watch with second hand, Bandage Scissors, Black pen, Notepaper, Assigned text, Uniform, ID Badge are required. Student nurse uniform per Student Nurse Handbook and identification, i.e. College nametag and/or hospital ID badge, are required for all clinical experiences.

**Mental Health Clinical Information**

Professional street attire and name pins are required. Any further clinical requirements for specific clinical sites will be announced by clinical faculty.

**Grading Policies**

To pass Nursing 203 and progress in the nursing program, a student must do **ALL** of the following:

- Achieve a theory grade of 74 or better on four quizzes, each worth 18.75% for a total of 75% and the final exam, which is worth 25% of the total grade in the theoretical portion of the course.
- Math content is included on all quizzes and the final.
- Pass the clinical component of the course in a satisfactory manner.
- Complete required standardized testing as scheduled for the course
- Bonus points may be added to the final exam based upon the students Proficiency Level achieved on the Custom Assessment of the standardized testing (ATI)

Proficiency Level points will be determined by the CT-CCNP Committee prior to the final exam.

The grading schedule is as follows:

Score	Grade
93-100	A
90-92	A-
87-89	B+
83-86	B
80-82	B-
77-79	C+
74-76	C
70-73	C-
67-69	D+
64-66	D
<66	F

**It is expected that all students will be present and punctual for exams. No extra time will be allowed for late arrivals. In the event that the student will be absent for personal illness, the student must notify the course leader prior to 8 a.m. on the morning of the exam via email. **Planned absences for vacations are not valid reasons for missing an exam.** If warranted, **one** cumulative makeup exam will be offered at the end of the semester. Any student taking a make-up examination will have **15 points subtracted** from the make-up examination grade unless documentation of extenuating circumstances has been provided to and approved by the Nursing Director. Please refer to the Student Nursing Handbook.**

**Testing Procedures:** Test answer bubble sheets and exams will be distributed at 8:25 am. Students are required to complete the answer sheet as directed, which includes **accurate** Banner ID number. Students will have one hour to complete exams and 2 hours to complete the final exam. Students may not leave the exam room for any reason and return to the exam. All books, coats, backpacks, bags, etc. must be left in your car or placed in the front of the exam room. Eating and/or drinking are not permitted during exams. Students may not wear hats during exams. Calculators will be provided by the school and no cell phone use is allowed. Wooden #2 lead pencils are to be used, no mechanical pencils. Anyone who looks at another student's exam or who is seen talking either to themselves or to someone else during the exam may receive an exam grade of 0. Exam scores will be posted on Blackboard no later than 48 hours after the exam.

**Exam Review:** Exam review- TBA. Following exam review, exams will be available in the nursing lab for a one on one exam review with the lab staff. **Any student receiving a 77.5 or less on an exam is responsible for a mandatory exam review with the lab staff. Please schedule appointment with lab instructor.**

**Clinical Evaluation Activities:**

Clinical performance is evaluated on the basis of how well the learner meets the objectives and achievements identified on the evaluation form. Students must successfully meet the clinical objectives in order to pass the course. Students are responsible for self-evaluation and documentation. Students will submit their Clinical Learning Evaluation Tool either in the paper and pen format or electronically in the computerized format. This weekly form is due to the clinical instructor 24 hours after the end of clinical.

A conference will be scheduled **by the learner** with his/her clinical instructor for discussion and  
December 2015

evaluation **of the student's progress at the end of each clinical week.** A clinical evaluation form will be completed by the instructor and reviewed by the student at these times.

Clinical performance is evaluated on the basis of how well the learner meets the objectives and achievements identified on the evaluation form. Students must successfully meet all clinical objectives in order to pass the course. Students are responsible for self-evaluation and documentation. A summative evaluation will be completed and reviewed at the end of the semester.

Students will be assessed on their clinical performance in accordance with their ability to meet the behaviors identified on the NUR 203 Clinical Summative Evaluation Form. **See CT-CCNP Student Handbook for information regarding the clinical evaluation process.**

**Clinical and college lab time including observational learning activities must be completed to successfully meet objectives.** Students who do not complete clinical and clinical laboratory hour requirements may receive a grade of **Incomplete**. All absences must be made up, including both clinical, lab, and observational experiences. Students are strongly encouraged to avoid clinical/lab absences for personal reasons other than student's **own** illness.

**Nursing Lab Resources:** The Nursing lab is available for all students. They offer a wide variety of services to help students succeed. Students may be referred to the lab for tutoring, math skills, clinical skills, organization and time management, study strategies and test taking strategies. Students are encouraged to utilize the lab.

### **Required Textbooks: (textbooks are used in prior/subsequent courses)**

1. Potter, P, & Perry, A, (2013) Fundamentals of nursing, Enhanced multimedia edition. (8<sup>th</sup> ed) St Louis MI: Mosby/Elsevier. 978-0-323-08867-1

2. Potter P, & Perry A. (2013) Clinical nursing skills and techniques (7<sup>th</sup> edition) St Louis MI: Mosby/Elsevier 9780323079334

3. Ackley, B. J.& Ladwig (2010) Nursing diagnosis handbook (9<sup>th</sup> edition) Philadelphia: Saunders

4. Lewis, S.L., Dirksen, S.R., McLean Heitkemper, M. Bucher, L., & Camera, I.M. (2011), Medical-surgical nursing. Assessment and management of clinical problems (8th ed), St Louis: Elsevier Mosby. ISBN 978-0-323-06581-8

5. Wilson (2013), Pearson nurse's drug guide (2<sup>nd</sup> ed) Upper Saddle River, NJ: Pearson. 9780132964890

6. Pickar, G. D. & Abernathy A. B. (2013) Dosage calculations, with CD, (9<sup>th</sup> edition) Clifton Park NY: Delmar Publications, 9781133707271

7. Lehne, R. A. (2012) Pharmacology for nursing care, with CD (8th edition) St Louis MI: Elsevier ISBN 978-1-4160-6249-3

8. VanLeeuwen, A. M. & Poellhuis-Leth, D. J. (2011), Davis's comprehensive handbook of laboratory and diagnostic tests with nursing implications. Philadelphia: F. A. Davis

9. Hockenberry, M.J., & Wilson, D. (2013) Wong's essentials of pediatric nursing (8<sup>th</sup> ed.) St Louis: Mosby Elsevier

7. Varcarolis, E. W., Caron, V. B., & Shoemaker, M. C. (2013). Foundations of psychiatric nursing (7th ed.). Philadelphia: W.B. Saunders.

9. Hockenbury, M. W., & Wiersma, J. B. (2013). Wong's essentials of pediatric nursing (8th ed.). St Louis, Mo: Mosby/Elsevier.

1. Varcarolis, E. W., Caron, V. B., & Shoemaker, M. C. (2013). Foundations of psychiatric nursing (7th ed.). Philadelphia: W.B. Saunders.

1. Varcarolis, E. W., Caron, V. B., & Shoemaker, M. C. (2013). Foundations of psychiatric nursing (7th ed.). Philadelphia: W.B. Saunders.

New Books available on the bookstore

New Books for this course

New Books for this course

12. Sale, M. L., Lambert and Hartshorn, (2012). Introduction to critical care nursing, (6th ed.) Philadelphia: F. A. Davis.

New Books available on the bookstore

New Books for this course

New Books for this course

Option 9780323088480

1. Sale, M. L., Lambert and Hartshorn, (2012). Introduction to critical care nursing, (6th ed.) Philadelphia: F. A. Davis.

Optimal: Patricia; Nursing health hssessment: Clinical pocket guide, Philadelphia: F. A. Davis.

Optimal: Patricia; Nursing health hssessment: Clinical pocket guide, Philadelphia: F. A. Davis.

8. Birlin, Patricia; Nursing health hssessment: Clinical pocket guide, Philadelphia: F. A. Davis.

4. Bernales M. S., & Johnson, S. A. (2011) Diseases & disorders: A nursing therapeutics manual (4th ed.) Philadelphia: F. A. Davis.

4. Bernales M. S., & Johnson, S. A. (2011) Diseases & disorders: A nursing therapeutics manual (4th ed.) Philadelphia: F. A. Davis.

14. Sommers, M. S., & Johnson, S. A. (2011) Diseases & disorders: A nursing therapeutics manual (4th ed.) Philadelphia: F. A. Davis.

14. Sommers, M. S., & Johnson, S. A. (2011) Diseases & disorders: A nursing therapeutics manual (4th ed.) Philadelphia: F. A. Davis.

14. Sommers, M. S., & Johnson, S. A. (2011) Diseases & disorders: A nursing therapeutics manual (4th ed.) Philadelphia: F. A. Davis.



## **Additional Information**

### **Nursing Student Handbook**

The Connecticut Community College Nursing Program (CT-CCNP) Nursing Student Handbook contains the program specific policies and procedures in effect for academic year 15/16. It is the student's responsibility to be familiar with the content in the Nursing Student Handbook. The student will be held accountable for meeting the expectations outlined in the Nursing Student Handbook, College Catalog, and College Student Handbook. The CT-CCNP reserves the right to modify any information contained in the Nursing Student Handbook. Officially approved changes will be made known to students through a Nursing Student Handbook Addendum.

Refer to the Nursing Student Handbook for detailed information regarding:

- Missed Exams
- Clinical Evaluations
- Clinical Warning
- College Labs
- Attendance
- Required Clinical Equipment
- Professional Appearance in the Clinical Sites
- Return if withdraw
- Inability to return under certain circumstances

### **Three Rivers Community College Student Handbook**

Refer to the TRCC Student Handbook regarding Disabilities, Course Refunds, Withdrawal Dates, Financial Aide and other college specific policies and resources.

### **Attendance Policy**

Students are expected to attend each lecture, classroom laboratory and clinical experience. It is the student's responsibility to notify the instructor if absence is necessary and to fulfill objectives of the experience. All clinical absences are to be made up as per the Nursing Program Policy Handbook.

### **WITHDRAWAL POLICY:**

Students may withdraw, in writing, at the Registrar's Office for any reason. Refer to the Nursing and College Student Handbooks and College Catalog. Students who receive an overall unsatisfactory clinical grade at any time in the rotation will fail this course and receive a grade of F. This course does not offer midterm theoretical warning grades. Students with concerns about their course average are encouraged to contact the course leader.

### **DISABILITIES STATEMENT:**

If you have a hidden or visible disability which may require classroom or test-taking modifications, please see the Disability coordinator as soon as possible. Please be sure to register with Chris Scarborough if you have a learning disability, ADD or ADHD, or Student Services for other physical disabilities. Please see the Three Rivers Community College Catalog for additional policies and information.

### **CLINICAL CANCELLATION DUE TO INCLEMENT WEATHER:**

When the college is closed for reasons of inclement weather, clinical experiences will also be canceled. When the college delays opening, clinical experiences will begin when the college opens. However, students should **use discretion in traveling in poor weather conditions**. If you are unable to report to scheduled clinical experiences, be sure to notify your clinical Instructor. Preplanning and communication with your clinical instructor and course coordinator is important. (The College Student Handbook and Catalog lists tv/radio stations announcing cancellations). This information may also be found at: [www.trcc.commnet.edu](http://www.trcc.commnet.edu).

Postings may also be seen on the Three Rivers Web Page: [www.trcc.commnet.edu](http://www.trcc.commnet.edu) or via Blackboard.

**INDIVIDUALIZED LEARNING NEEDS:** The student has the option of choosing which method of studying or combination of methods is most suitable for his/her learning needs. Faculty may request completion of additional learning activities as indicated by student needs. Extra practice sessions can be planned in the laboratory upon request. Study groups can be formed. Additional reading materials can be suggested. Audio and visual tapes and computerized materials on several patient situations are available. At the discretion of the faculty team, individual student clinical rotations maybe re-sequenced to facilitate student learning.

**ACADEMIC INTEGRITY:**

“Academic integrity is essential to a useful education. Failure to act with academic integrity severely limits a person’s ability to succeed in the classroom and beyond. Furthermore, academic dishonesty erodes the legitimacy of every degree awarded by the College. In this class and in the course of your academic career, present only your own best work; clearly document the sources of the material you used from others; and act at all times with honor.” See TRCC Student Handbook. A student's written work is expected to be **original** and done independently unless otherwise indicated. Footnotes and references must be used to acknowledge the source and avoid plagiarism.

Selected portions of the nursing curriculum are taught, reinforced, or reviewed through the use of educational software/instructional media: e.g., videotapes, computer programs, audio cassettes, filmstrips, online learning activities, etc. Students must sign an Ethics Statement regarding the use of these materials and agree to follow the policies outlined in the Statement. The signed Ethics Statement is retained in each student's record.

Violations of academic integrity will be referred to the Academic Dean and dealt with in accordance with the college policy on Academic Integrity.

See Nursing Student Handbook

**STATEMENT ON PENALTY FOR ACADEMIC DISHONESTY OR PLAGIARISM:**

Plagiarism is the unacknowledged use of another person’s words or ideas in your writing. Whether conscious or not, plagiarism is a serious offense. Evidence that you did not write material that you submit under your name can result in failure for the entire course. Refer to College Catalog for policy. Students are expected to:

Demonstrate academic integrity by not engaging in conduct that has as its intent or effect the false representation of a student’s academic performance, including but not limited to: (a) cheating on an examination; (b) collaborating with others in work to be presented, contrary to the stated rules of the course; (c) plagiarizing, including the submission of others’ ideas or papers (whether purchased, borrowed, or otherwise obtained) as one’s own; (d) stealing or having unauthorized access to examination or course materials; (e) falsifying records or laboratory or other data; (f) submitting, if contrary to the rules of a course, work previously presented in another course; and (g) knowingly assisting another student in any of the above, including an arrangement whereby any work, classroom performance, examination, or other activity is submitted or performed by a person other than the student under whose name the work is submitted or performed. Consequences are specified in the College Catalog.

**DIGICATION:**

All students are required to maintain a learning portfolio in Digication that uses the TRCC college template. Please upload your N203 **Process Recording** as a General Education artifact. Due Date: **TBA**