Three Rivers Community College Psychology 111 General Psychology I Ms. N. Crofts (860)535-2606 CampCrofts@aol.com

**Course Description:** This introductory course provides an overview of the theories and research findings pertaining to scientific Psychology with an emphasis on; the origins of psychology, theoretical models, research methodology, biological basis of thought and behavior, learning theory, sensation and perception, memory, stress and health as well as emotion and motivation.

Goals and Objectives: The goals and objectives for the General Psychology 1 are integrated with the college's general educational goals. After completing this course, the successful student will have the following knowledge and skills.

**Critical Thinking**: Utilize critical thinking skills to analyze psychological theories and research data.

- Describe human behavior and mental processes from various theoretical perspectives in the field of psychology
- Identify the interrelationship between human biology and psychology
- Identify the manner in which psychological research on memory relates to college study skills.

**Information Literacy**: Assess what information is needed to answer questions as well as evaluate the quality of information.

- Demonstrate the skill of identifying information needed to answer questions pertaining to psychological terms and concepts
- Recognize and evaluate information sources for a specific purpose
- Develop an understanding of psychology as an ever-changing discipline, based on contemporary research data.

**Communication**: Understand and express ideas about psychology through reading and writing.

- Demonstrate the ability to articulate one's viewpoint in verbal or electronic discussions
- Write clearly
- Demonstrate the ability to comprehend and interpret written passages.

**Systematic Inquiry**: Understand social science research methods used in psychological research

- Demonstrate the ability to describe the science of psychology
- Describe different research methods used in psychology
- Acquire knowledge about men and women whose research endeavors made significant contributions to the field.
- Develop an understanding of the strengths and weaknesses of different psychology research methods.

Course Requirements: Quizzes may be announced or unannounced.

Exams 1 & 2 45% Final Exam 30% Paper 15% Quizzes and Class 10%

## **Required Text**: Myers in Modules.

Attendance and Make Ups: attendance is required and expected. Make-ups will be taken the following class period unless other arrangements are made. There are no make ups for quizzes.

Class Format: Class time will be divided into time for discussions concerning the reading assignments, group work, and related videos.

**Paper:** Each student will be responsible for one research paper. minimum of four pages in length. Students should explore an area of psychology that holds some interest for them. The APA style of documentation is preferable, MLA is also acceptable. Suggestions for topics will be introduced throughout the semester with papers due on Nov17. You may refer to personal or family experiences as a motivation for your topic. Tell me what you learned through your research that might be useful to you in your career, personal life, or studies.

Disabilities Statement: If you have a question regarding a disability that may affect your progress in this course, please contact one of the college's disability service providers as soon as possible. Chris Scarborough (892-5751) generally works with students who have learning disabilities or attention deficit disorder. Kathleen Gray (885-2328) generally works with students who have physical, visual, hearing, medical, mobility, and psychiatric disabilities. Matt Liscum (383-5240) also works with students who have disabilities.

## **Course Schedule:**

Sept 1-Introduction Modules 1 & 2 & 3

Sept 8–15 Complete 3 begin - The Biology of the Mind - 4

- Module 5, 6 plus: pg 372-373 Language areas of the brain

Sept 22 Mod 11- nature -nurture Review

Sept 29 – exam #1

Oct 6 – Nature-Nurture Mod 12

Oct 13 – 20 Sensation and perception Mods 17-19

Oct 27 – Exam #2

Nov 3- Learning -20-22

Nov 10 – Finish Learning, begin memory 23-26

Nov 17 – Memory Papers due

Nov 24 – Thanksgiving break

Dec 1 – Motivation 32-34

Dec 8 – Emotion, stress and health, Review

Nancy Crofts 337 Wyassup Road North Stonington, Ct. 06359

**September 16, 2012** 

To Whom it May Concern;

I am writing on behalf of Tammy Panciera. Tammy worked in our home as a home health aide with the VNA for more than a year. She worked for one hour five mornings a week and, occasionally returned for an additional hour in the afternoon. We are a foster care family for three adult males with mental challenges and physical disabilities. Tammy was excellent with them; kind, compassionate, prompt, and resourceful. These qualities are particularly important when working with individuals with these particular challenges. She was an asset and a voluble worker who we relied upon to assist with care for our family members.

One month ago Tammy returned to work with our family in a similar but unique capacity. She is now a mentor for our most elderly gentleman who requires supervision for Sunday mass. She performs home health aide duties with him and then escorts him to church. I cannot emphasize how important this is to our family and what a difference it makes to the individual she works with. We are happy to have her working with us again, and would recommend her as an employee in any capacity.

**Sincerely** 

**Nancy Crofts**