### **SYLLABUS**

# BIO 211 - ANATOMY & PHYSIOLOGY I

Fall Semester, 2006

Lecture: CRN 30037, Section M02 12:30 - 1:55 T/Th, Rm. 202 Lab: CRN 30041, Section M2A 9:00 - 12:00 Tuesday, or

CRN 30043, Section M2B 9:00 - 12:00 Thursday, Rm. 204

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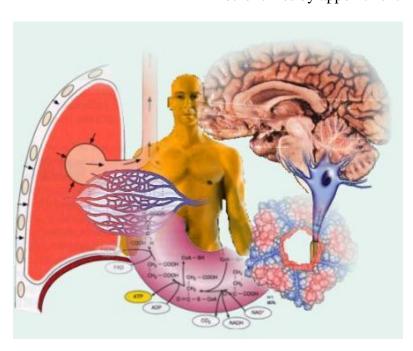
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Office Hours: Monday and Wednesday; 10:00-11:00,

Tuesday and Thursday; 2:00 - 3:00

other times by appointment



<u>COURSE</u>: BIO 211 - Anatomy & Physiology I is the first semester of a two semester sequence. <u>In order to receive knowledge of all body systems, the student should complete this course along with BIO 212 - Anatomy & Physiology II.</u> This is especially important if transferring to a four-year institution with a major requiring a full academic year of anatomy and physiology or if the student is enrolled in Three River's nursing. <u>BIO 211 with a minimum grade of C is the pre-requisite for BIO 212</u>. BIO 211 presents the students with a lecture/laboratory study of basic biological chemistry, cell, tissue, organ, body fluid and cavity organization and nervous, skeletal, and muscular.

**PRE-REQUISITE FOR THE COURSE:** General Biology I (BIO 121) or equivalent with a minimum grade of C or instructor's permission

**CREDIT**; 4 credit hours consisting of 3 contact hours of lecture and 3 hours of laboratory per week during the Fall semester.

#### **REQUIRED TEXTS**;

Fundamentals of Anatomy and Physiology by Frederic Marini, 7th edition, Benjamin-Cummings Publishers. (with COURSE COMPASS)

*Mammalian Anatomy of the Cat* by Aurora Sebastiani and Dale Fishbeck, 2<sup>nd</sup> edition, Morton Publishing Company.

#### **RECOMMENDED TEXTS**: (optional)

Applications Manual for Fundamentals of Anatomy and Physiology, by Martini, Welch, and Newsome,7th ed. Benjamin Cummings Publishers. (included free with the textbook)

A Photographic Atlas for the Anatomy & Physiology Laboratory, by K.M. Van De Graaff & J.L. Crawley, Morton Publishing Co. 5th ed.

*Fundamentals of Anatomy and Physiology, The Study Guide*, by Charles Seiger, Benjamin Cummings Publishers, 7<sup>th</sup> ed. ISBN: 0-13-046407-4

*Outline of Cat Anatomy with Reference to Human*, by Stephen Gilbert, Univ. of Washington Press 2000, ISBN: 0-295-97818-x

\*The texts listed above will also be used for BIO 212. <u>The student is also expected to provide their own dissecting kit and gloves</u>, which are available from the bookstore.

#### **GENERAL COURSE OBJECTIVES:**

- 1. Provide students with a laboratory science to satisfy the science requirements of Three River's LAS or GS Associate Degree.
- 2. To fulfill pre-requisite and co-requisite anatomy and physiology requirements for Three River's Nursing.

- 3. To fulfill pre-requisite and co-requisite anatomy and physiology requirements for allied health programs.
- 4. Provide students with an undergraduate level study of human body systems.
- 5. Provide students with a foundation for study of the medical, biological, or physical sciences.
- 6. Provide students with critical thinking and problem solving skills.
- 7. Demonstrate the biological sciences and how they relate to other disciplines.
- 8. Illustrate the interdependence of all life forms operating on natural laws with the physical environment.
- 9. Encourage not only awareness of the student's natural uniqueness but also their role as an interrelated biological organism of this planet.

#### **CLASS ATTENDANCE**;

Attendance of class is required. Attendance is taken. Absences can be very detrimental due to the nature of the material. An explanation of all absences is very much appreciated, especially if presented in advance when possible. It is the student's responsibility to obtain materials and notes for any classes that they miss.

#### METHODS OF STUDENT EVALUATION; GRADING POLICIES

- A. The student's grade for the course represents their ability to master course objectives, attitude, rate of improvement, proficiency and knowledge of course material.
- B. Final letter grades are determined by converting accumulated points into a percentage score using the following formula:

percentage score = number of points you have accumulated on exams divided by the total number of points possible multiplied by 100

C. Points are obtained by the following methods of evaluation:

#### 1. Lecture

- a. Quizzes: Quizzes worth 15 points each will be given once a week on Wednesdays on line on the Course Compass web site. Their content and times available will be announced in the announcement section of Course Compass and by email. Each will consist of 15 multiple choice questions worth one point each. If missed, they cannot be made-up, however the lowest quiz score will be dropped at the end of the semester.
- b. <u>Major Exams</u>: Three major exams of 140 points each will be given. Each will evaluate the student's knowledge over material given since the last major exam. They will consist of 70 multiple choice questions worth two points each.
- c. <u>Basic biology & chemistry background:</u> A pre-test of 30 points over basic biology and chemistry knowledge will be given. If a passing score is not attained, a post-test may be taken by the student. See p. 6 for details.
- d. <u>Extra Credit</u>: There will usually be extra credit questions attached to the major exams and points given for the ADAM Interactive Physiology modules.

#### 2. Laboratory:

- a. Quizzes; A lab quiz over anatomical terminology worth 15 points and a lab quiz over the eye and ear worth 45 points will be given.
- b. <u>Practical exams:</u> Three identification type exams will be given: tissue identification, bone identification, and muscle identification. Each will be worth 50 points.
- c. <u>Lab reports:</u> A short report of a cellular biology lab exercise and a short report of an experiment of diffusion and osmosis, each worth 15 points, will be written.
- D. Percentage contribution of each evaluation process to the overall lecture/lab score and to the overall grade:
  - a. weekly quizzes: 2.6% of lecture, 1.8% overall (each); 21% of lecture, 14.7% overall (all 8 or 9 for the semester)
  - b. major exams: 24.6% of lecture, 17.2% overall (each of the three)
  - c. pre or post-test: 5.3% of lecture, 3.7% overall
  - d. anatomical term quiz: 6% of lab, 1.8% overall
  - e. eye/ear quiz: 18% of lab, 5.4% overall
  - f. tissue identification: 20% of lab, 6% overall
  - g. bone identification: 20% of lab, 6% overall
  - h. muscle identification: 20% of lab, 6% overall
  - i. cell lab report: 6% of lab, 1.8% overall
  - j. diffusion/osmosis lab report: 6% of lab, 1.8% overall
- E. Exam and quiz questions for lecture and/or laboratory material may consist of multiple choice, true/false, fill in the blank, matching, identification, or essay questions. Some questions might be reserved as an extra credit option.
- F. Absence on examination days:

# Students are required to take exams as scheduled.

- G. Final letter grades for the course are determined by the following steps:
  - 1. Converting lecture points into a percentage score.
  - 2. Converting laboratory points into a percentage score.
  - 3. Combining 70% of the lecture percentage score with 30% of the laboratory percentage score to determine an overall course percentage score. (Lecture is worth 70% and lab 30% of the final grade.)
- \*\*4. The final course grade is determined from the overall course percentage score related to the following percentage scale:

<sup>\*</sup>A+ cannot be reported to the registrar's office as an official grade.

\*\*The instructor reserves the right to use subjective evaluation, especially in cases where the final percentage score is on a borderline between grades.

#### **Procedure for Withdrawing from the Course(s):**

A student who finds it necessary to discontinue a course must complete a withdrawal form obtained from the Registrar's Office. Students may withdraw up to November 4th without the instructor's signature. Between Nov.5th and November 28th, a student must have the instructor's or their advisor's signature in order to withdraw and receive a "W" grade for the course. Students who do not withdraw by November 28, but stop attending will be assigned a "F" grade, signifying failure and no credit. F grades count as courses attempted and may adversely affect the good standing status of the student receiving the grade.

#### **Academic Integrity at Three Rivers**

Academic integrity is essential to a useful education. Failure to act with academic integrity severely limits a person's ability to succeed in the classroom and beyond. Furthermore, academic dishonesty erodes the legitimacy of every degree awarded by the College. In this class and in the course of your academic career, present only your own best work; clearly document the sources of the material you use from others; and act at all times with honor. (taken from the Academic Integrity policy of Three Rivers Community College)

#### **Disabilities:**

If you are a student with a disability and believe you will need accommodations for this class, it is your responsibility to contact the Disabilities Counseling Services at 383-5240. To avoid any delay in the receipt of accommodations, you should contact the counselor as soon as possible. Please note that I cannot provide accommodations based upon disability until I have received an accommodation letter from the Disabilities Counselor. Your cooperation is appreciated.

#### **Revisions to the Syllabus**

The instructor reserves the right to revise the academic schedule, objectives, and/or topical outline contained in this syllabus

## SPECIFIC OBJECTIVES FOR THE LECTURE PORTION OF THE

**COURSE** (objectives with an \* will not be covered in class).

#### I. Pre-Requisite Competencies

It is expected that the student be competent in knowledge of basic biology so that a study of the human bodies structure and functions can be undertaken. This may be accomplished by a variety of means, the preferred being that the student has taken and passed a one semester general biology course at the college level. Methods of self instruction such as computer programs, videotapes, workbooks, or tutors will be available.

At the beginning of the semester, students will be given a "pre-test" to determine the status of their basic biology knowledge base. If a score of 70% or better is attained, the student is automatically given 30 lecture points. If not, a score of 70% or better must be attained on a "post-test" given by appointment after a time period for study in order to receive the 30 points.

Listed below is a list of competencies that will be tested over in the pre/post testing. These competencies deal with basic chemistry and cell biology.

- \*A. Be able to discuss the importance of matter and energy as it relates to the make-up of the life process
  - 1. Define matter (solid, liquid, versus gas) and energy (potential versus kinetic and forms such as chemical, light, mechanical, nuclear, heat, etc.).
  - 2. Define chemical elements and list the symbols of and major functions of the biologically importance elements listed in figure 2-1, p. 28 and those shown in pink in the periodic table in appendix III, p.A-39. Be aware that carbon,
    - hydrogen, oxygen, and nitrogen are the most abundant elements making up the construction of life.
  - 3. Describe atomic structure by defining: atom, subatomic particles (protons, neutrons, electrons), atomic number, atomic mass (weight), isotopes, and radioisotopes.
  - 4. Be able to state what determines the difference of atoms of one element from another (atomic number).
  - 5. If given the atomic number and atomic mass, be able to determine the number of protons, neutrons, and electrons making up the structure of those atoms.
  - 6. Define electron energy levels (shells) and state the significance of the outermost energy level.

Organize matter into most complex structure be becoming familiar with the following:

- 7. Compare ionic and covalent bonding (single versus double versus polar).
- 8. Define compounds, molecules, and ions (cation versus anion).
- 9. When reading or writing ions in symbolic form, be able to interpret the superscript as to the type of electrical charge (positive or negative) and its intensity.
- 10. When reading or writing a formula for a chemical compound, be able to interpret

- what elements are combined together and in what proportion. If reading a structural formula, also be able to interpret what type of chemical bonds are involved and the basic shape of the molecule.
- 11. Define molecular weight. If given a formula for a chemical compound and the atomic weights of the elements involved, be able to determine the molecular weight.
- \*B. Describe the basics of chemical reactions by accomplishing the following:
  - 1. Define chemical reaction, reactants, and products.
  - 2. Define metabolism, catabolism, anabolism, exergonic (exothermic), endergonic (endothermic), catalysts, and enzyme.
- \*C. Discuss the chemical make-up of living organisms based upon types of chemical compounds.
  - 1. State the differences between inorganic and organic compounds and in reference to organic compounds, be able to define macromolecule, monomer, and polymer.
  - 2 Discuss the importance of water.
    - a. Define solution, solute, solvent, hydrophilic, and hydrophobic.
    - b. Define ionization, electrolyte, acid, base, salts, and minerals.
    - c. Discuss measurements of solution concentrations such as percentage, grampercent (gm/dl), mg-percent (mg/dl), moles or millimoles/liter, milliosmoles/liter, milliequivalents per liter (mEq/l). (See page 17 of *Applications Manual*)
    - d. Be able to use the pH scale to measure the concentration of hydrogen ions in an aquatic solution such as body fluids. If given a pH number, be able to state if it is neutral, acidic or basic (alkaline) and its relative strength. Be able to define acidosis and alkalosis by you knowing the normal pH of human blood.
  - 3. Be able to discuss the role of carbohydrates in the life process.
    - a. Relate carbohydrates to sugars and starches and state the primary function of carbohydrates.
    - b. Relate simple sugars to monosaccharides and state the significance of glucose.
    - c. Relate complex sugars to disaccharides and polysaccharides. Define sucrose, glycogen, starch, and cellulose (plant fiber)
    - d. Describe how monosaccharides can be bonded together to form disaccharides
      or polysaccharides by a chemical mechanism called dehydration synthesis.
       Describe how polysaccharides or disaccharides are broken apart into
      monosaccharides by a chemical mechanism called hydrolysis.
    - e. Be able to recognize the basic molecular structure of a carbohydrate.
  - 4. Discuss the role of lipids in relation to the life process.
    - a. List the functions of lipids.
    - b. Be familiar with the terms: fatty acids (saturated versus unsaturated),
    - c. glycerol, di- and triglycerides, steroids, fat-soluble vitamins (A,D,E,K), prostaglandins, and phospholipids.
    - d. Relate the chemical mechanisms of dehydration synthesis and hydrolysis to the conversion of simple lipids like fatty acids to complex like triglycerides and visa versa.
    - e. Be able to recognize the basic molecular structure of a fatty acid and a

steroid.

- 5. Discuss the role of proteins in relation to the life process.
  - a. Define amino acids.
  - b. List the functions of proteins.
  - c. Be able to recognize the basic molecular structure of an amino acid.
  - d. Relate the chemical mechanism of dehydration synthesis and hydrolysis to the conversion of amino acids to polypeptides and visa versa.
  - e. Define peptide bond, antigen, antibody, and enzyme.
  - f. Briefly describe the mechanism of enzyme function using the terms substrate, active site, and product. (see page 52-53 of Martini)
- 6. Briefly discuss the role of nucleic acids in relations to the life process.
  - a. Define nucleotides and be able to list the different types of N-bases.
  - b. Briefly describe the purpose of DNA and RNA.
- 7. Discuss the role of adenosine tri-phosphate (ATP) for energy storage and transfer in biological chemical reactions
  - a. Define adenosine tri-phosphate (ATP) and adenosine di-phosphate (ADP).
- \*D. Be able to discuss the cell as the basic structure of the human body.
  - 1. Be able to list the components of the cell theory. (see p. 63 of Martini)
  - 2. Describe the anatomy and physiology of a typical cell by being able to label a diagram, and/or describe the function of the following cellular structures:

cell membrane endoplasmic reticulum centrioles
centrosome -granular vs agranular ribosomes
nucleus nuclear membrane golgi complex
nucleoplasm lysosome chromatin
mitochondria nucleolus cytoplasm

- 3. Describe amoeboid, ciliary, and flagella movement of cells.
- 4. Briefly describe the process of cell reproduction.
  - a. Define mitosis and state the significant outcome of the process.
  - b. Describe basic chromosome structure and know how many human cells have.
  - c. Describe the main intracellular events that occur during the phases of mitosis.
  - d. Briefly compare mitosis and meiosis.

#### \*will not be covered in class

#### II. Basic Biological Organization of the Human Body

Upon completion of a study of basic organization of the human body, the student should be able to correctly answer questions concerning the following:

- A. Be able to list and describe the characteristics of living material.
- B. Be able to describe the various levels of organization from atoms through organism level.
- C. Be able to list the various body systems.
- D. At the cellular level of biological organization, be able to describe the following:
  - 1. Distinguish between unicellular versus multicellular life forms. In reference to multicellular, understand what is meant by cell differentiation.
  - 2. Associated with cellular structures, be able to define and discuss the following

in relation to respiration.

metabolism acetyl co-enzyme A Kreb's cycle

ATP-ADP glycogenolysis oxydative phosphorylation

glycolysis mitochondrial structure aerobic respiration
pyruvic acid -outer/inner membrane anaerobic respiration

glucose -cristae glycogenesis -matrix

- E. Discuss the organization of the potential dorsal and ventral cavities.
  - 1. Distinguish between cranial and vertebral cavity.
    - a. State the contents of each.
    - b. Define meninges and state their function.
  - 2. Distinguish between the divisions of the ventral cavity.
    - a. List the major contents of the thoracic cavity.
    - b. Pertaining to the thoracic cavity, define

mediastinum diaphragm pericardial cavity visceral pleura pleural fluid pericardial fluid parietal pleura pericardium pleural cavity

- c. List the major contents of the abdominal and pelvic cavity.
- d. Pertaining to the above cavities, define:

visceral and parietal peritoneum peritoneal fluid peritoneal cavity peritoneal fluid diaphragm

#### III. Tissues:

Upon completion of a study of tissues, the student should be able to correctly answer questions concerning the following:

- A. Define tissues and list the four main tissue types.
- B. Describe epithelial tissue.
  - 1. List functions of epithelium, structural specialization's of epithelial cells, and how they maintain their integrity
  - 2. Classify epithelial tissue by cellular shape, layers, and associated structures.
  - 3. Give an example of the location of the following epithelial types:

simple and stratified squamous simple and stratified columnar ciliated pseudostratified columnar transitional simple and stratified columnar neuralepithelium

germinal epithelium

- 4. Briefly organize glandular epithelium into endocrine versus exocrine, simple versus compound and modes of secretion.
- C. Be able to discuss connective tissue
  - 1. List the functions of the tissue.
  - 2. Contrast connective tissue to epithelium using the terms extracellular protein fibers, ground substance, and matrix.
  - 3. Distinguish between types of intercellular material by defining:

connective tissue proper reticular fibers fluid connective tissue elastic fibers supporting connective tissue collagenous fibers

dense vs loose connective tissue chondroitin sulfate regular vs irregular connective tissue

4. Define and state the function of the following connective tissue cells:

mesenchyme osteocyte hemocytoblast adipocyte osteoblast mast cell plasma cell erythrocyte chondrocyte osteoclast leukocyte fibroblast macrophage platelet melanocyte

5. Describe the structure and locations of the following types of connective tissue.

looseadiposeelastic cartilagedensereticularfibrocartilageregularelasticfibrousirregularcollagenousboneareolarhyalin cartilageblood

- 6. Describe the microstructure of cartilage by defining or labeling a diagram the following: perichondrium, matrix, lacuna, chondrocytes.
- 7. Describe the microstructure of bone by defining or labeling a diagram the following: matrix, lacuna, Haversian canal, osteocytes, lamella, canaliculi, osteon.
- 8. Compare the differences and similarities of providing nutrients to chondrocytes of cartilage versus osteocytes of bone.
- D. Be able to describe muscle tissue.
  - 1. Describe the functions of and the characteristics of muscle tissue.
  - 2. Describe the basic structural characteristics and location of skeletal, smooth, and cardiac muscle.
- E. Briefly describe nervous tissue. (p. 134-135 of Martini only)
  - 1. Briefly describe the characteristics of the tissue.
  - 2. Briefly define: neuron, cell body, axon, dendrite, and neuroglia.

#### IV. Skin:

Upon completion of a study of the integumentary system, the student should be able to correctly answer questions concerning the following:

- A. Define an organ, based upon tissue types functioning together, by using skin as an example.
- B. List the functions of skin.
- C. Describe or label on a diagram, the following skin structures:

epidermis hair(follicles, root, shaft)

stratum corneum sebaceous glands stratum granulosum sweat glands stratum basale nerve receptors

melanocytes pilomotor (arrector pili) muscle

keratinocytes ceruminous glands keratin mammary glands

dermis

#### V. Organization and Communication Between Fluid Compartments:

Upon completion of a study of fluid compartments, the student should be able to correctly answer questions concerning the following:

- A. Be able to discuss the organization of the body into fluid compartments.
  - l. Define total body water, intracellular, extracellular fluid, plasma and interstitual fluid.
  - 2. State the normal quantity of fluid in each of the above.
  - 3. Discuss the effect of age, sex, and quantity of adipose tissue on percentage of body weight made up of fluid.
  - 4. Discuss the relative distribution of different types of electrolytes and protein between the fluid compartments.
  - 5. List the normal routes of intake and output of fluids.
  - 6. List miscellaneous extracellular fluid compartments.
  - 7. State the route of communication between intracellular and interstitual fluids and between interstitual and plasma fluid compartments.
- B. Discuss transport of materials through the cell membrane.
  - 1. Describe the molecular construction of the cell membrane.
    - a. Define phospholipid bilayer
    - b. Organize membrane proteins into the following and be able to define each:

integral vs peripheral protein enzymes fibrous vs globular protein receptors

anchors carrier (transport) proteins recognition proteins channel proteins (leak vs gated)

- 2. Define permeability and its various degrees.
- 3. Discuss the following methods of moving chemicals through the cell membranes and factors influencing each:

diffusionosmosispassive transportactive transportpinocytosisphagocytosisfiltrationendocytosisexocytosis

- 4. Relating to osmosis, define isotonic, hypertonic, hypotonic, crenation, plasmolysis, hemolysis, normal saline, 5% dextrose, lactate Ringer's solution.
- 5. Define transmembrane potential and state the cause of a resting membrane potential by relating diffusion, leak channels, and active transport of Na<sup>+</sup> and K<sup>+</sup> and explaining the Na-K pump.
- C. Discuss communication between plasma and interstitual fluid via capillaries.
  - 1. Describe the general structure of a capillary.
  - 2. Define the following and relate them to inward and outward movements fluids through capillary walls:

capillary pressure tissue colloid osmotic pressure effective osmotic pressure

effective hydrostatic pressure filtration pressure plasma colloid osmotic pressure absorption pressure

- D. Discuss the role of the lymphatic system for body fluid regulation.
  - \*1. Describe the basic anatomy of the lymphatic system.
  - \*2. Describe routes of lymphatic drainage for various areas of the body.

- \*3. Discuss the composition of, formation of, purpose of, and movement of lymph.
- \*4. List structures not drained by lymphatics.
- \*5. List various causes of edema.

#### \*will not be covered in class

#### VI. Skeletal System:

Upon completion of a study of the skeletal system, the student should be able to correctly answer questions concerning the following:

- A. List the major functions of the skeletal system.
- \*B. Describe the microscopic construction of bone tissue (review objective III-C-7, p 10).
- C. Organize the skeleton into axial and appendicular portions.
- D. Organize bones into long, short, flat and irregular.
- E. Diagram and discuss the structure of long bones using the following terms:

epiphysis epiphyseal plate diaphysis medullar cavity

articular cartilage red and yellow marrow periosteum spongy and compact bone

metaphysis trabeculae

endosteum

- F. Differentiate between intramembranous and endochondral ossification.
- G. Define and state the cause of the vertebral column curvatures.
- H. Organize skeleton articulations (joints).
  - 1. Define articulation and classify them into synarthrosic, amphiarthrotic, or diarthrosic according to degree of movement permitted.
  - 2. Classify joints according to structure into sutures, synchondrosis, symphysis, and synovial.
  - 3. Diagram and discuss the basic structure of a synovial joint.
- \*I. Define the following joint movements:

flexion eversion
extension supination
abduction pronation
adduction protraction
rotation retraction
circumduction dorsiflexion
inversion plantarflexion

\*J. Define: ligament, tendon, tendon sheath, and bursae

#### \*will not be covered in class

#### **VII Nervous System:**

Upon completion of a study of the nervous system, the student will be able to correctly answer questions concerning the following subject matter:

- A. Describe the overall construction, organization, and terminology associated with nervous tissue.
  - 1. List the specialized characteristics of nervous tissue.

- 2. Describe the organization of neurons.
  - a. Describe the following parts of the neuron: cell body, axon, dendrites, teledendria, myelin sheath, node of Ranvier, and Schwann cells.
  - \*b. Differentiate between the following types of neurons:

myelinated alpha, beta, and gamma

non-myelinated motor unipolar sensory bipolar internuncial

multipolar

- 3. Define neuroglia (glial cells).
- 4. Describe the structure of a nerve.
  - a. Be able to define epineurium, perineurium, endoneurium, and fasiculi as parts of a nerve.
  - \*b. Distinguish between motor, sensory, and mixed nerves.
- \*5. Define the following nervous system terminology:

central nervous system somatic peripheral nervous system visceral receptor effector sensory (afferent) ganglia

motor (efferent)

- \*6. Distinguish between gray and white matter by defining: cortex, nuclei, horns, nerve tracts, commissural, associational, projectional, ascending and descending
- B. Discuss the processes involved in nerve impulse generation and conduction using such terms as:

ion channels (discuss types)
-graded potentia
sodium-potassium pump
-threshold potentials
transmembrane potentials
-action potentials

-resting membrane potential

depolarization hyper-hypopolarization

repolarization refractory periods (absolute, relative)

- C. Diagram and describe the synapse.
  - 1. Be able to define synapse.
  - 2. Relate the following to synapses:

bouton EPSP
synaptic cleft IPSP
pre-postsynaptic membrane calcium
synaptic vesicles adrenergic
neurotransmitter cholinergic

spacial summation temporal summation

- 3. Be able to list and discuss chemicals used as neurotransmitters.4. Compare and contrast adrenergic and cholinergic synapses and receptors
- involved

  D. Diagram and discuss the anatomy of the brain.
  - 1. Define and list the main structures of the telencephalon, diencephalon,

#### \*will not be covered in class

mesencephalon, rhombencephalon, brain stem, and diagram the connection of each.

2. Diagram and describe the cerebrum using the following terms:

cerebral hemishphere convolutions

cerebral cortex sulcus longitudinal fissure fissure

central sulcus primary motor area lateral fissure pre-motor area transverse fissure somesthetic area frontal lobe corpus callosum parietal lobe optic chiasma occipital lobe basal nucleus temporal lobe lymbic system

- \*3. Describe the location of and list the functions of the following lower brain structures: thalamus, hypothalamus, midbrain, pons, medulla, cerebellum.
- E. Diagram and discuss the parts of and the function of the spinal cord.
  - 1. Given a diagram of a cross-section view of the spinal cord, be able to divide the gray matter into anterior and posterior horns.
  - 2. State the purposes of the following spinal nerve tracts: spinocerebellar, funiculus gracilis, funiculus cuneatus, rubrospinal, spinothalamic, corticospinal, pyramidal, and extrapyramidal.
  - 3. State the level at which the spinal cord terminates.
  - 4. Define cauda equina.
  - 5. Divide the spinal cord into cervical, thoracic, lumbar, and sacral segments.
- F. Describe the anatomy and function of the meninges by defining dura mater, venous sinus, epidural space, subdural space, arachnoid mater, subarachnoid space, and pia mater.
- G. State the origin and trace the path of circulation of cerebro-spinal fluid using the following terms:

choroid plexus aquaduct of Sylvius

lateral ventricles 4th ventricle

foramen of Monroe foramen of Luschka and Magendie

3rd ventricle arachnoid villi

- H. Discuss the organization of the peripheral nervous system.
  - \*1. State the name, number, and general function of the cranial nerves.
  - \*2. Describe spinal nerves.
    - a. State the total number and number of cervical, thoracic, lumbar, and sacral, and coccygeal.
    - b. Describe the origin of spinal nerves by defining dorsal and ventral roots, dorsal root ganglia, anterior and posterior rami.
  - \*3. Define, state the location of, and the spinal nerves involved in the make-up of the cervical, brachial, lumbar, and sacral plexus.

#### \*will not be covered in class

- \*4. State the general location and function of the following peripheral nerves: axillary, musculocutaneous, radial, median, ulnar, femoral, obturator, sciatic, pudendal, and phrenic nerves.
- \*5. Organize receptors into types: exteroceptors, proprioceptors, and interoceptors. Briefly state the functions of the following exteroceptors: free dendritic endings, Merkel discs, Meissner's, Ruffini's, and Pacinian corpuscles
- I. Describe the reflex arc as the basic function of the nervous system.
  - 1. Using the spinal cord, correctly locate sensory, internuncial, and anterior horn cells and describe the path of impulse conduction for the myotactic (knee jerk), and withdrawal reflex.
  - 2. Trace the pathway sensory nerve impulses would take as they ascend up the spinal cord to the brain using the dorsal column and spinalthalamic tracts.
  - 3. Trace the pathway motor nerve impulses would take as they descend down the spinal cord from the brain using the corticospinal tracts.
- J. Define the purpose of and describe the make-up of the autonomic nervous system.
  - 1. Contrast autonomic and somatic reflexes.
  - 2. Discuss the difference between the parasympathetic and sympathetic divisions using such terms as:

craniosacral \*celiac, superior and inferior

thoracolumbar mesenteric ganglia pre-ganglionic fibers adrenergic fibers post-ganglionic fibers cholinergic fibers

sympathetic chain ganglia

3. Be able to describe the effect of sympathetic or parasympathetic stimulation on any major visceral organ.

#### \*will not be covered in class

#### VIII. **Myology** (study of muscle)

Upon completion of a study of muscle tissue, the student should be able to correctly answer questions concerning the following:

- A. List and define properties of muscle tissue.
- B. Contrast skeletal, smooth, and cardiac muscle tissue according to cellular structure, location, arrangement, innervation, and physiological properties.
  - 1. Describe cellular structure of the three muscle types using the following terms:

muscle fiber striations

sarcolemma I, A, H, and Z bands sarcoplasm intercalated discs myofibrils tight junctions

multinucleated

- 2. Describe location of the muscle types.
- 3. Contrast innervation of muscle tissue types and define motor end plate.
- 4. Define motor unit.
- 5. Contrast the basic physiological differences between muscle tissue types according to speed of contraction, latent period, fatigue, refractory periods all

or none principle, tonus, tetany, isometric and isotonic contraction.

- C. Describe the overall anatomy of a skeletal muscle.
  - 1. Describe the gross structure of a skeletal muscle by defining origin, insertion, and belly.
  - 2. Describe muscle attachments such as tendons and aponeuroses.
  - 3. Describe the fascia arrangement using the terms: epimysium, fasciculus, perimysium, and endomysium.
- D. Describe the ultra-micro structure of skeletal muscle fibers using the following terms:

motor end plate sarcoplasmic reticulum myosin sarcolemma longitudinal tubules cross bridges myofibrils cisternae Z-bands T-tubules synaptic cleft sarcomere synaptic vesicles triad troponin sarcoplasm myofilaments tropomyosin calcium actin

- E. Describe the contractile mechanism for skeletal muscle.
  - 1. Discuss stimulation of the muscle fiber by describing the conduction across the motor end plate, depolarization of the sarcolemma and conduction into the myofibrils by T-tubules.
  - 2. Describe release of calcium ions and the calcium pump associated with the sarcoplasmic reticulum.
  - 3. Describe the ratchet theory of contraction using the relationships of calcium, actin complex, myosin, troponin, tropomyosin, ATP, ADP, creatine phosphate, and creatine.
  - 4. Discuss ATP replacement by defining aerobic, anaerobic respiration, lactic acid, and oxygen debt.
  - 5. List causes of skeletal muscle fatigue.
  - 6. List the effects of exercise on skeletal muscle.
- F. Discuss how muscles work as groups using such terms as prime mover, synergistic muscles, and antagonistic muscles.
- \*G. Identify the location of major muscles and muscle groups of the body. (Correlation with lab work)

#### \*will not be covered in class

## SPECIFIC OBJECTIVES FOR THE LABORATORY PORTION OF THE COURSE

#### I. Introduction to the Human Body Lab

Upon completion of the following laboratory studies, the student should be able to correctly answer questions concerning the following:

- A. Discuss the derivation of medical terminology.
- B. Define and correctly use anatomical directions, planes, and regions when describing the human body.
- C. Organize the body into its potential body cavities and list major organs found in each.
- D. Locate exterior features and landmarks of the human body.

#### II. Cell Structure and Mitosis Lab

Upon completion of a lab study of microscopic usage, cell structure, and mitosis, the student should correctly complete a lab report.

- A. Identify the major parts of a microscope and use the instrument effectively in study.
- B. Be able to prepare a wet-mount slide for study under a microscope.
- C. Identify major cellular structures with a light microscope using a variety of live and prepared specimens.
- D. Identify cells in various stages of mitosis.

#### **III Identification of Tissues Lab**

The following tissue types are to be correctly identified by the student on a lab practical exam:

- A. Epithelial tissue:
  - 1. simple squamous
  - 2. stratified squamous
  - 3. simple cuboidal
  - 4. stratified cuboidal

- 5. simple columnar
- 6. stratified columnar
- 7. ciliated pseudostratified columnar
- 8. transitional

- B. Connective tissue:
  - 1. areolar
  - 2. adipose
  - 3. reticular
  - 4. hyalin cartilage
  - 5. elastic cartilage

- 6. fibrocartilage
- 7. elastic
- 8. collagenous
- 9. bone
- 10. blood cells (erythrocytes, leukocytes, platelets)
- C. Muscle tissue: (smooth, skeletal, versus cardiac)
- D. Nervous tissue: (neurons versus glial cells)

#### IV. Principles of Diffusion and Osmosis Lab

Upon completion of experimental procedures and terminology associated with diffusion through a liquid and colloidal solution, osmotic pressure, and tonicity, the student should correctly complete a laboratory report of their data and conclusions.

#### V. Anatomy and Physiology of the Ear Lab

Upon completion of a study of the ear, the student should be able to correctly answer questions concerning the following:

A. Describe the anatomy of the ear by locating and stating the functions of the following:

temporal bone -stapes scala vestibula

mastoid process eustachian tube cochlear duct (scala media)

outer, middle, inner ear stapedius basilar membrane cerumenous glands tensor tympani tectoral membrane auricle semicircular canals organ of Corti tympanic membrane cochlea scala tympani

ear ossicles oval window vestibular-cochlear nerve

-malleus round window endolymph

-incus vestibular membrane perilymph

#### VI. Anatomy and Physiology of the Eye Lab

Upon completion of a study of the eye and its associated structures, the student should be able to correctly answer questions concerning the following:

- A. List the five special senses.
- B. Briefly describe the orbits.
  - 1. List the openings into the orbit and their purpose.
  - 2. List the contents of the orbit.
- C. Describe the construction of the anterior coverings of the orbit.
  - 1. State the purpose of the eyelids.
  - 2. Define medial and lateral angles, palpebral fissure, conjunctiva, conjunctival sac, tarsal plates, and their associated glands.
  - 3. Locate, state the nerve supply, and the function of the levator palpebral superioris and orbicularis oculi muscle.
- D. Describe the lacrimal apparatus.
- E. Locate, state the nerve supply, and the function of the muscles that move the eyeball.
- F. Describe the anatomy of the eye by locating and stating the functions of the following:

sclera ciliary body optic disc

cornea suspensory ligaments anterior and posterior cavity choroid retina anterior and posterior chamber

iris rods and cones aqueous humor pupil macula vitreous humor lens fovea centralis optic nerve

\*G. Define the following

ptosis astigmatism glaucoma conjunctivitis myopia accommodation

hypermetropia refraction \*will not be covered in class

<sup>\*</sup>B. Define middle ear (bone) and nerve deafness.

<sup>\*</sup>will not be covered in class

H. Successfully complete the following optional exercises:

near point of accommodation two-point discrimination visual acuity location of tastebuds color blindness examination of retina

Rinne and Weber hearing test examination of tympanic membrane

localization olfactory nerve testing

#### VII Anatomy of the Skeleton Lab

Upon completion of a study of the skeleton, the student should be able to correctly identify the following on a timed laboratory practical examination.

A. Be familiar with the following terms as they apply to skeletal parts.

condyle trochanter fossa spine crest tubercle sinus foramen

head tuberosity meatus

- B. Identify any bone as a member of the axial or appendicular skeleton.
- C. Given a human skull, accurately identify the following bones and their details:
  - 1. frontal bone
    - a. frontal sinus
- b. supraoptic foramen
- 2. parietal bone
- 3. temporal bone
  - a. mastoid process
- e. mandibular fossa

g. carotid canal

h. jugular foramen

c. foramen ovali

d. foramen rotundum

e. perpendicular plate

c. infraorbital foramen

d. ethmoid sinus (air cells)

- b. external auditory meatus f. styloid process
- c. zygomatic process
- d. zygomatic arch
- 4. occipital bone
  - a. foramen magnum c. occiput (external occipital protuberance)
  - b. occipital condyles
- 5. sphenoid
  - a. sella turcica
  - b. optic foramen
  - c. sphenoid sinus
- 6. ethmoid
  - a. cribriform plate
  - b. concha
  - c. crista galli
- 7. maxillary bone (maxilla)
  - a. alveolar process
  - b. maxillary sinus
- 8. zygomatic
  - a. temporal process
- b. zygomatic arch

- 9. lacrimal
- 10. palatine
- 11. nasal
- 12. vomer
- 13. mandible

a. body d. coronoid process g. body b. condyloid (condylar) process e. ramus h. mental foramen c. alveolar process f. angle i. mandibular 14. hyoid foramen 15. other structures a. orbits (superior and inferior orbital fissures) d. lambdoidal suture b. sagittal suture e. squamosal suture c. coronal suture D. If given a vertebra, identify its basic parts: spinous process odontoid process (dens) (axis only) transverse process demifacet (thoracic only) superior and inferior articular process/facets transverse foramen (cervical only) intervertebral foramen vertebral foramen lamina body E. Identify the intervertebral disc and define its parts; annulus fibrosus and nucleus pulposus (p. 269-270). Discuss disc problems (p. 276) F. List the types and number of vertebrae, according to their locations. If given an individual vertebrae, be able to identify if it is a cervical, thoracic, lumbar, or sacral. G. Identify the first two cervical vertebrae as the atlas and the axis and state how each allows head movement. H. If given a sternum, differentiate between its manubrium, body, xiphoid process, sternal (jugular) notch, and sternal angle I. State the number of pairs of and the difference between true, false, and floating ribs and identify the following parts: body or shaft, head, neck, tubercle, angle, costal grove, costal cartilages, and intercostal spaces. J. Identify the following bones of the pectoral girdle and their details: 1. clavicle a. sternal end b. acromial end 2. scapula a. supraspinous fossa e. acromion process i. body b. infraspinous fossa f. spine c. subscapular fossa g. coracoid process d. glenoid fossa h. superior and inferior angle K. Identify the following bones of the upper extremities and their details: 1. humerus a. head f. capitulum k. anatomical/surgical neck b. greater tubercle g. trochlear h. olecranon fossa c. lesser tubercle d. medial epicondyles i. coronoid fossa e. lateral epicondyles j. bicipital (intertubercular) grove 2. ulna a. olecranon process c. coronoid process e. styloid process b. semilunar (trochlear) notch d. radial notch 3. radius

- c. head a. styloid process b. ulnar notch
- 4. carpals: scaphoid, lunate, triquetrium, pisiform, trapezium, trapezoid, capitate, hamate (Also define carpal tunnel and carpal tunnel syndrome)
- 5. metacarpals: I V
- 6. phalanges: proximal, middle, distal
- L. Identify the pair of <u>coxal (innominant)</u>, that as hip bones, form the pelvic girdle. Identify the areas of the coxal bone that are the ilium, ishium, and pubis. Also identify the following features:

1. iliac crest 8. greater or false pelvis 9. lesser or true pelvis 2. pubic symphysis

3. anterior superior iliac spine 10. pelvic brim

11. posterior superior iliac spine 4. greater sciatic notch

5. ischial tuberosity 12. ischial spine 6. acetabulum 13. pelvic inlet

7. obturator foramen

- M. Identify the following bones of the lower extremities and their details:
  - 1. femur

a. head d. shaft

e. medial & lateral condyles b. neck

c. greater & lesser trochanter f. medial & lateral epicondyle

2. patella 3. tibia

> a. medial and lateral condyles c. tibial tuberosity

b. medial malleolus

4. fibula

a. head b. lateral malleolus

- 5. tarsals: calcaneus, talus, navicular, cuboid, cuneiforms (first, second, third)
- 6. metatarsals: I V
- 7. phalanges: proximal, middle, distal

#### VIII. Dissection of Major Skeletal Muscles of the Cat

Upon completion of dissection, the students should be able to correctly identify the following muscles on a dissected cat, a diagram of human musculature, and/or upon themselves on a laboratory practical exam.

A. Superficial Thoracic Muscles:

1. pectoralis major 2. pectoralis minor

B. Abdominal wall muscles:

1. external abdominal oblique 4. transversus abdominis

2. internal abdominal oblique 5. rectus abdominis

3. linea alba (a line of connective tissue on midline where the aponeuroses of the above muscles fuse together

C. Deep Thoracic muscles:

1. serratus ventralis (anterior) 3. external intercostals 2. scalenus ("the scalenes) 4. internal intercostals

D. Superficial back muscles:

1. clavotrapezium 4. spinotrapezius

2. clavobrachialis	5. latissimus dorsi
3. acromiotrapezius	
E. Deep back muscles:	
1. multifidus spinae	3. spinalis dorsi
2. longissimus dorsi	-
F. Muscles of the neck:	
1. sternomastoid	5. cricothyroid
2. cleidomastoid	6. digastric
3. sternohyoid	7. mylohyoid
4. sternothyroid	8. thyrohyoid
G. Deep muscles of the neck and back:	•
1. rhomboideus minor (cervicis)	3. splenius
2. rhomboideus major (thoracis)	-
H. Muscles of the head:	
1. masseter	2. temporalis
I. Shoulder muscles:	-
1. supraspinatus*	5. acromiodeltoid
2. infraspinatus*	6. spinodeltoid
3. teres major*	7. teres minor
4. subscapularis*	
*"rotator cuff" muscles	
J. Muscles of the upper arm (brachium)	
1. biceps brachii	3. brachialis
2. triceps brachii	
K. Superficial muscles of the medial side of t	he thigh:
1. sartorius	2. gracilis
L. Superficial muscles of the lateral side of t	he thigh:
<ol> <li>biceps femoris⊠</li> </ol>	2. tensor fascia latae
M. Deep muscles of the medial side of the thi	igh:
1. pectineus	4. psoas major
2. adductor longus	5. semimembranosus⊠
3. adductor femoris	6. semitendinosus⊠
⊠"hamstring" muscles	
N. Deep muscles of the lateral side of the thi	gh
<ol> <li>vastus medialis●</li> </ol>	4. vastus intermedius●
2. rectus femoris●	5. semimembranosus (deep surface)
3. vastus lateralis●	6. semitendinosus (deep surface)
"quadraceps (quads) femoris" group	
O. Muscles of the calf	
1. tibialis anterior (cranialis)	3. soleus
2. gastrocnemius	
P. Muscles of the hip	
1. gluteus maximus◆	2. gluteus medius
•Note the position of the sciatic nerve dee	ep to the belly of this muscle

## TOPICAL OUTLINE - BIO 211 - HUMAN ANATOMY & PHYSIOLOGY I

- I. Review of chemical organization of Life
  - A. Matter and energy
    - 1. Elements of life
    - 2. Atoms, ions, and molecules
    - 3. Chemical bonding
  - B. Chemical makeup of life
    - 1. Water, solutions, and measurement
    - 2. Biological organic compounds
  - C. Chemical reactions
    - 1. Types of metabolic reactions
    - 2. ATP
    - 3. Role of enzymes and nucleic acids
- II. Review of cellular structure and organization
  - A. Cell theory
  - B. Cellular structure and function
    - 1. Organelles and inclusions
    - 2. Respiration
    - 3. Movement
    - 4. Mitosis
- III. Organization of the Human Body
  - A. Structural interrelationships
  - B. Homeostasis and feedback regulation
  - C. Respiration
  - D. Body cavities
    - 1. Dorsal cavity
      - a. subdivisions
      - b. contents
      - c. meninges
    - 2. Ventral cavity
      - a. subdivisions
      - b. contents
      - c. pleura and peritoneum
  - E. Anatomical directions, planes, and regions
- IV. Tissues
  - A. Definition and types of tissues
  - B. Organization of epithelium
  - C. Organization of connective
  - D. Muscle and nervous

- V. Skin as an example of an organ
  - A. Functions of skin
  - B. Epidermal and dermal structures
- VI. Fluid compartment organization
  - A. Fluid compartments
    - 1. Definitions and quantities
    - 2. Chemical compositions
    - 3. Intake and output
  - B. Cell membrane physiology
    - 1. Molecular structure
    - 2. Transport across cell membranes
    - 3. Membrane electrical potentials
  - C. Capillary dynamics
    - 1. Structure
- 2. Pressures
- D. Lymphatic system

#### VII. Skeletal system

- A. Organization and general structure
- B. Ossification
- C. Vertebral column curvatures
- D. Joint organization and movements
- E. Anatomy of the skeleton

#### VIII. Nervous system

- A. Overall construction, organization and terminology
  - 1. Neurons
  - 2. Nerves
- B. Nerve impulses
- C. Synapses
- D. Central nervous system
  - 1. Brain
  - 2. Spinal cord
- E. Peripheral nervous system
  - 1. Cranial nerves
  - 2. Spinal nerves and nerve plexus
  - 3. Major peripheral nerves
  - 4. Sense receptors

- 3. Meninges
- 4. Cerebrospinal fluid
- 5. Reflex arcs
- 6. Autonomic nervous system
- 7. Eye and ear and other special senses

#### IX. Muscular system

- A. Organization, structure, and characteristics of muscle tissue
- B. Anatomy of a typical skeletal muscle
- C. Microstructure of skeletal muscle fibers
- D. Physiology of contraction
- E. Location of major skeletal muscles

#### TENTATIVE ACADEMIC SCHEDULE

#### Fall Semester, 2006

Lecture: Tuesday and Thursday, 12:30 - 1:55, room 202

Aug. 29: Introduction to the course Oct. 24: Nervous tissue/membrane

potentials

Aug. 31: Body cavities and their linings Oct. 26: Nerve impulse

Sept. 5: Pretest over Unit I given in lab/tissues Oct. 31: Polarization/refractoryness/synapse

Sept. 7: Pretest over Unit I given in lab/tissues Nov. 2: Synaptic transmission

Sept. 12: tissues Nov. 7: Neurotransmitters/CNS

organization
Sept. 14: Skin
Nov. 9: Exam #2

Sept. 19: Fluid compartments Nov. 14: Brain Sept. 21: Fluids/cell membranes Nov. 16: Spinal cord

Sept. 21: Fluids/cell membranes Nov. 16: Spinal cord

Sept. 26: Diffusion/osmosis

Nov. 21: Meninges and CSF
Sept. 28: Carrier and vesicular transport

Nov. 23: No classes: Thanksgiving Break

\*\*

Oct. 3: **Exam #1**Nov. 28: reflex arc
Oct. 5: Capillary exchange
Nov. 30: Cranial nerves

Oct. 10: Capillary exchange/lymphatics
Oct. 12: Skeletal structure
Dec. 5: Spinal and peripheral nerves
Dec. 7: Autonomic nervous system

Oct. 17: Joints
Dec. 12: Muscle tissue
Oct. 19: Nervous Tissue
Dec. 14: Muscle contraction

\*\*\*\*Last day to withdraw; Nov. 28 Dec. 19: Exam #3

#### TOPIC ORDER AND TEXTBOOK READING

Unit 1: Review of Chemical and Cellular Organization; \*Martini: chapters 2 & 3 (omit 66-67, 84-94); *Applications Manual*: pp. 1 - 33

Unit 2: Biological organization; Martini: pp. 4 - 14, 19 - 22, 916 - 930; Applications Manual: 190 - 199

Unit 3: Tissues; Martini: chapter 4; Applications Manual: pp. 34 - 39

Unit 4: Skin; Martini: chapter 5; Applications Manual: pp. 42 - 50

Unit 5: Organization and communication of fluid compartments; Martini: pp. 995 - 1001, 63 - 68, 84 - 95, 712 - 716, 723 - 725, 764 - 768, 770 - 775;

Unit 6: Skeletal system; Martini: chapters 6 - 9; Applications Manual: pp. 51 - 62

Unit 7: Nervous system; Martini: chapters 12 - 16; Applications Manual: pp. 76 - 103

Unit 8: Muscular system; Martini: chapters10 - 11; Applications Manual: pp. 63 - 74

<sup>\*</sup>Fundamentals of Anatomy & Physiology, by Martini, Prentice Hall Publishers, 7th ed.

### Tentative Academic Schedule - Lab Fall Semester, 2006 Tuesday or Thursday - 9:00 - 12:00, Rm. 204

## **Tuesday Lab**

<b>Date</b>	Activity
Aug. 29:	Lecture: Unit II: Biological Organization
Sept. 5:	<b>Pre-test</b> over Unit I objectives (see lecture schedule) followed by Anatomical Terminology exercise; (pp. 15 –19 and lab handout)
Sept. 12:	<b>Quiz</b> over anatomical terminology followed by Cell Structure and Mitosis lab exercise (chapter 3 and lab handout)
Sept 19:	Tissue anatomy; microscopic examination: (chapter 4 and lab handout)
Sept. 26: (con't.)	Muscle and Nervous tissue lecture followed by Tissue anatomy
Oct. 3:	Diffusion and osmosis lab experiment (chapter 3 and lab handout)
Oct. 10:	<b>Lab practical exam</b> over tissues; Special senses - ear lab; chp. 17, <i>Applications Manual</i> : pp. 104-106 and handouts
Oct. 17:	Special senses (con't) - eye lab (with dissection*) chp. 17 and
handout	
Oct. 24:	Quiz over eye/ear anatomy: Begin study of bones; chp. 6-9
Oct. 31:	Skeletal anatomy study (con't)
Nov. 7:	Cat muscle dissection*; (Muscles chapter in Gilbert and chp 11 in Martini)
Nov. 14: (con't)	Lab practical exam over bones; followed by muscle dissection*
Nov. 21:	Lab will not be in session
Nov. 28:	Muscle dissection* (con't)
Dec. 5:	Lab practical exam over muscles
Dec. 12:	Lecture over Unit VIII: Myology lecture objectives

## Thursday Lab

<u>Date</u>	Activity
Aug 31:	Lecture: Unit II: Biological Organization
Sept. 7:	Pre-test over Unit I objectives (see lecture schedule) followed by
	Anatomical Terminology; (pp. 15 -19 and lab handout)
Sept. 14:	Quiz over anatomical terminology followed by: Cell Structure and
	Mitosis lab exercise (chapter 3 and lab handout)
Sept. 21:	Tissue anatomy; microscopic examination: (chapter 4 and lab
	handout)
Sept. 28:	Muscle and Nervous tissue lecture followed by Tissue anatomy
(con't.)	
Oct. 5:	Diffusion and osmosis lab experiment, (chapter 3 and lab handout)
Oct. 12:	Lab practical exam over tissues; Special senses - ear lab; chp. 17,
	Applications Manual: pp. 104-106 and handout

Oct 19:	Special senses (con't) - eye lab (with dissection*) chp. 17 and
handout	
Oct. 26:	Quiz over eye/ear anatomy: Begin study of bones; chp. 6-9
Nov. 2:	Skeletal anatomy study (con't)
Nov. 9:	Cat muscle dissection*; (Muscles chapter in Gilbert and chp 11 in
	Martini)
Nov. 16:	Lab practical exam over bones followed by Muscle dissection*
(con't)	
Nov. 23:	No classes: Thanksgiving Break
Nov. 30:	Muscle dissection* (con't)
Dec. 7:	Lab practical exam over muscles

Dec. 14: Lecture over Unit VIII: Myology lecture objectives

\*dissection tool required; gloves recommended

All readings are from Martini's Fund. of Anatomy/Physiology unless stated otherwise