Effective Teaching Practices for Web-Enhanced, Hybrid and Online Classes

Project Introduction

This document was developed by the WebCT Vista Teaching & Learning Team. The Teaching & Learning team is principally concerned with ensuring that instructors using WebCT Vista are cognizant of instructional best practices concerning online teaching and learning guidelines and as such was charged with the following tasks:

- Defining best practices in online instruction that align with the system’s mission and strategic goals.¹
- Determining ways to deploy and support these practices system-wide.

The T&L team includes members of all relevant stakeholder groups, including academic deans, faculty members, distance learning managers from both the System Office and the colleges, members of the Center for Teaching, and members of AITAC. The team’s focus is on creating opportunities and resources that emphasize the ways in which WebCT Vista can be used to enhance learning, teaching, and collaboration that will benefit both students and faculty.

The "Effective Teaching Practices" Guideline Development Process

The guidelines are equally relevant for instructors regardless of whether their course delivery will be in a “web-enhanced” on-ground course section, a “hybrid” course (a course that is taught partially online and partially in a classroom), or a fully-online course.

To develop the “Effective Teaching Practices for Web-Enhanced, Hybrid and Online Classes” document for Connecticut Community Colleges faculty, the committee reviewed existing rubrics and best practices documents, websites, and standards. With the increasing use of course management systems such as WebCT/Vista, there is a need to support instructors as they transition from teaching in the face-to-face classroom to the online classroom. The group believed the approach to teaching online should be informed by a clear theoretical framework. Therefore, the group’s discussion focused on adult learning theory and research, specifically on constructivist learning theory because its principles align well with the design of asynchronous online learning environments. The National Center for Online Learning Research (NCOLR) currently endorses pedagogical models based on constructivist theories of learning (NCOLR, 2005).

The term “pedagogy” encompasses the approach, the methods and strategies, and the underlying epistemology of an approach to teaching. The skills, training, and commitment of the instructor are critical to the implementation of an effective online pedagogy. Online courses require different strategies to present content, interact with students, and assess course outcomes.

¹ (Online instruction may be defined as any educational process in which Internet technology is used to facilitate a student’s ability to access course content and activities, and to communicate--asynchronously or synchronously--with the instructor and other students.)
Ultimately, the approach that will be used by an instructor depends on his or her personal philosophical beliefs about teaching and learning.

The group’s goal was to provide faculty with a roadmap that would help guide them through the major pedagogical issues in the process of course design and delivery that would be equally applicable in both a traditional classroom as well as in a fully Internet-based course.

It is our hope that the document that resulted will enhance teaching and learning in our system by helping faculty use WebCT Vista (and other online/Internet-based tools) to develop courses that are learner-focused, promote active learning, guided discovery, and the construction of new knowledge, and provide a variety of options that encourage reflection, interaction, and collaboration among students and faculty.

Applying the Effective Online Teaching Practices

For more information about additional resources and training related to the ways in which you can learn to apply the principles and practices recommended in this document, contact your college's local Distance Learning Support Staff and Faculty Mentors: http://www.commnet.edu/academics/webct/dl_staff.asp.

For more information about WebCT Vista, visit the Connecticut Community Colleges WebCT Resources for Faculty website: www.commnet.edu/academics/webct.


This document was developed by the VISTA Teaching and Learning Workstream

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Outline of Effective Teaching Practices Guidelines

This document is organized within three main sections, each of which has two or more major subsections, as shown below.

I. COURSE DESIGN
   A. Course Objectives
   B. Pedagogical: Learning & Teaching Theory
   C. Class Management

II. STUDENT SERVICES
   A. Instructor informs students of available resources
   B. Instructor promotes ethical behavior

III. TECHNOLOGICAL ISSUES
   A. Student Use of Technology
   B. Course Management System (CMS) Tools
   C. Technological Support for Faculty
   D. Interface Design

REFERENCES

GLOSSARY OF TERMS
Each instructor should determine which of these recommended practices is appropriate to his or her discipline and teaching preferences. Additionally, each instructor should determine the extent to which these recommendations apply individually or collectively to the online component of the course.

I. COURSE DESIGN

A. Course Objectives
   1. The learning objectives of the course are clearly stated and understandable to the student
   2. A complete, clear course syllabus is available for review
   3. The course is organized in coherent, sequential manner
   4. Assignments are aligned with stated objectives/learning outcomes
   5. Meaningful Assessments are created and provided
      a. The type and quality of student assessments included are appropriate for the course and tied to course objectives
      b. Students are provided an opportunity for formative assessment and feedback
      c. Instructor feedback is more than a grade
      d. Clear grading criteria are defined
      e. Consistent feedback is given
      f. Student assessments are external to the online learning environment where appropriate

B. Pedagogical: Learning and Teaching Theory
   1. Instructor facilitates the learner's efforts in constructing and interpreting new knowledge (Active learning)
      a. Student engagement
         (1) Students are requested to introduce themselves to the class
         (2) Discussions are learner focused
         (3) Students have opportunities to make choices about course content or activities
         (4) Cooperation between students is encouraged
      b. Course Facilitation
         (1) Moderate discussions
         (2) Present content in a logical progression
         (3) Make content available to students in manageable segments
         (4) Scaffold important information
            (i) Provide a statement introducing students to the course and to the structure of the student learning
(ii) Create course assignments and projects that require students to make appropriate and effective use of external resources, including print, library, Web-based, and other electronic resources

(iii) Provide students with mental models (schemas) to help organize material

2. Instructor integrates the diversity of students' needs and experiences into the learning process (Constructive learning, prior knowledge)
   a. Consider diverse learning styles
   b. Consider prior experience and knowledge
   c. Consider cultural diversity

3. Instructor encourages and develops higher-level critical thinking (Intentional learning)
   a. Communicate high expectations
      (1) Provide opportunities for students to work at the higher levels of Bloom's taxonomy: knowledge, comprehension, application, analysis, synthesis, and evaluation
   b. Give students opportunities to engage in abstract thinking and critical reasoning

4. Instructor promotes self-directed learning, guided discovery and reflection (Reflective learning)
   a. Encourage personal autonomy
   b. Provide opportunities for reflection (metacognition)
   c. Encourage self-assessment
   d. Provide opportunities to identify topics, problems, cases and make informed judgments

5. Instructor facilitates learning through interactive, collaborative activities (Collaborative learning)
   a. Encourage learner cooperation
   b. Develop varied collaborative activities: research and group projects; peer assessments

6. Instructor anchors instruction with authentic tasks situated in real-world contexts (Contextual learning)
   a. Create activities relevant to learners that allow learners to attach personal meaning to content
   b. Create authentic activities that involved Problem-based or case-based activities
   c. Create simulations (virtual, role-play) that apply to real-world issues

7. Instructor promotes a conversational, social, dialogical process (Conversational learning)
   a. Incorporate social aspects to improve satisfaction, provide a realistic environment, present multiple viewpoints, and overcome anonymity
b. Develop varied opportunities for interaction: student-student; student-instructor; student-content

c. Ensure a sense of community

   (1) Create a safe environment

   (2) Participate in discussions (and/or chats) and post a self-introduction

   (3) Acknowledge learner contributions

   (4) Moderate disagreements and group problems

   (5) Provide separate communication opportunities for sharing non-course information

C. Class Management

1. Post course materials online in advance so learners can plan

2. Assure that all learners are 'on board' at the beginning of the course

3. Provide clear and concise directions on how to navigate through the course

4. Convey changes and updates

5. Return learner calls/emails quickly to allow learners to progress

6. Refer problems to appropriate sources and follow up to ensure resolution

7. Have an alternate plan in case WebCT/Vista is unavailable

8. Make a course backup at the beginning and the end of the semester
II. STUDENT SERVICES

A. Instructor informs students of available resources
   1. Library
   2. Technological support
   3. Counseling services
   4. Tutoring and learning support

B. Instructor promotes ethical behavior
   1. Provide information on ethical use of resources
   2. Explain issues of academic integrity and plagiarism
III. TECHNOLOGICAL ISSUES

A. Student Use of Technology
   1. Clearly state minimum technology requirements
   2. Identify required level of technological literacy (e.g. downloading/uploading files; using attachments)
   3. Contingency plans for downtime are created
   4. Student connectivity issues are considered
   5. Technologies required for this course are either provided or easily downloadable
   6. The tools and media are compatible with existing standards of delivery modes
   7. The course makes appropriate use of digitized audio and video, whether internal to the course or external via the Web or other media
      a. Streaming video, audio, graphics, podcasts, SCORM
      b. Other tools outside Vista: MUDS/MOOS/Blogs

B. Course Management System (CMS) Tools

C. Technological Support for Faculty
   1. Instructors should become familiar with local resources
   2. Instructors should become familiar with system wide resources

D. Interface Design
   1. Navigational choices
      a. Build in intuitive navigational instructions and choices
      b. Use good information design in course organization (e.g., chunking, sequencing, queuing of course components and written materials)
   2. Americans with Disabilities Act (ADA)
      a. Provide equivalent alternatives to auditory and visual content
      b. Show sensitivity to readability issues
      c. Maintain a standard page layout and navigation method throughout the web site.
      d. Use headings, lists, and consistent structure
      e. Avoid the unnecessary use of icons, graphics and photographs
      f. Include textual as well as graphical navigation aids
g. Provide meaningful and descriptive text for hyperlinks, don't use short hand, e.g. "click here"; instead of "Follow this link to our News Page". (Assistive technology devices, such as screen readers can search specifically for linked text; "click here" provides no indication of where the link will take them.) If documents are provided in a specialized format (e.g. PDF (Portable Document Format), etc.) provide the equivalent text in plain text or HTML format.

h. If you link to an audio file, inform the user of the audio file format and file size in kilobytes
REFERENCES


GLOSSARY OF TERMS

**Active learning**  In traditional or pedagogical education, material to be learned is often transmitted to students by teachers. That is, learning is passive. In active learning, students are much more actively engaged in their own learning while educators take a more guiding role. This approach is thought to promote processing of skills/knowledge to a much deeper level than passive learning. Related terms/concepts include: experiential learning, hands on learning.


**ADA (Americans with Disabilities Act)**  When Congress passed the Rehabilitation Act of 1973, it included Section 504 which forbade discrimination against persons with disabilities by programs and activities receiving federal financial assistance, which included virtually every institution of higher education, except the U.S. military academies and a few small religious schools. The Americans with Disabilities Act of 1990 (ADA) was patterned after Section 504. It requires that students with disabilities may not be excluded from participation in, or be denied the benefits of, or be subjected to discrimination by any institution which is subject to the ADA. The ADA does not require that the institution receive federal financial assistance. A postsecondary institution must make reasonable accommodations in order to provide students with disabilities an equal opportunity to participate in the institution's courses, programs and activities.


See also: Distance Education: Access Guidelines for Students with Disabilities August 1999 [http://www.htctu.net/publications/guidelines/distance_ed/disted.htm](http://www.htctu.net/publications/guidelines/distance_ed/disted.htm)

And Web Accessibility Initiative (WAI) [http://www.w3.org/WAI/](http://www.w3.org/WAI/)

**Assistive technology**  Assistive technology is either software, hardware, or both which is designed to help individuals with disabilities be more independent. In general, the term is applied to technology designed to help individuals with vision disabilities but it can also be applied to tactile aides such as haptic devices and software.

**Audio**  Audio refers to the sound component of multimedia content.

**Blog**  A blog (web log) is web-based journal. It gives a chronological, usually daily, account of the author’s interests, activities or life.

**Bloom's Taxonomy**  Beginning in 1948, a group of educators, headed by Benjamin Bloom, undertook the task of classifying educational goals and objectives. The intent was to develop a classification system for three domains: the cognitive, the affective, and the psychomotor. Work on the cognitive domain was completed in 1956 and is commonly referred to as Bloom's Taxonomy of the Cognitive Domain (Bloom et al., 1956). It is a classification of thinking with six different levels, with each successive level increasing in complexity. The first three levels: Knowledge, Comprehension and Application are often referred to as lower level thinking, while the second three levels: Analysis, Synthesis and Evaluation are referred to as higher level thinking.

Anderson & Krathwohl (2001) have proposed some minor changes to include the renaming and reordering of the taxonomy. Anderson and Krathwohl expanded the single dimension of the original taxonomy into a two-dimensional framework consisting of factual/conceptual knowledge
and cognitive processes.

The revised taxonomy incorporates both the kind of knowledge to be learned (knowledge dimension) and the process used to learn (cognitive process), allowing for the instructional designer to efficiently align objectives to assessment techniques.


**Collaborative learning** “A structured instructional interaction among two or more learners to achieve a learning goal or complete an assignment” (Clark & Mayer, 2003, p. 310).


**Constructive learning** Learning based on the constructivist philosophy, which places emphasis on the active involvement of the learner as he or she constructs his or her own knowledge.

**Constructivist Learning Theory** Constructivist learning theory is based on the belief that individuals actively construct their own knowledge and their own understanding of the world based on past knowledge. Constructivists believe that the environment needs to be highly adaptive to the student, and they rely heavily on student initiative, allowing students to learn at their own speed. People then construct meaning by the way in which they make sense of their experiences as an internal cognitive activity (Alessi & Trollip, 2001). “Meaning is made by the individual and is dependent on the individual’s previous and current knowledge structure” (Merriam & Caffarella, 1999, p. 261). In constructivism, the brain not only finds slots to house the information entering it, but it must also process and interpret the information. This process may be conscious or unconscious, but it is the process through which learning occurs. This process of interpretation may also be referred to as metacognition or the process of thinking about thinking. (Taken from Cercone, 2006).

**Contextual learning** Occurs in close relationship with actual experience, allowing students to test academic theories through real-world applications.

**Conversational learning** The process by which learners construct meaning and new knowledge through discussion and social interaction.

**Critical thinking** Critical thinking includes the ability for a person to use his/her intelligence, knowledge and skills to question and carefully explore situations to arrive at thoughtful conclusions based on evidence and reason. A critical thinker is able to get past biases and view situations from different perspectives to ultimately improve his/her understanding of the world. According to Brookfield critical thinking includes reflecting on the assumptions underlying our actions, and considering new ways of looking at the world and living in it.

The Critical Thinking Organization has a lot of information about critical thinking with many references, http://www.criticalthinking.org/.

**Dialogic instructional strategies**  Instructional strategies that promote discursive student activities (students are engaged in articulation, reflection, or collaboration or are exposed to multiple perspectives).


**Formative evaluation**  At its most basic, formative evaluation is an assessment of efforts prior to their completion for the purpose of improving the efforts. It is a technique that has become well developed in the education and training evaluation literature. [Michael Scriven, 1991] See also Summative evaluation.


**Graphics**  Graphics refers to images or pictures, particularly when displayed on web pages.

**Guided discovery**  Guided Discovery is a method of instruction based on the Discovery Learning Theory. Discovery learning can be defined simply as a learning situation in which the principal content of what is to be learned is not given, but must be independently discovered by the learner, making the student an active participant in his learning. Jerome S. Bruner is credited with first introducing discovery learning as a formal learning theory in 1960. One example of true discovery learning is the use of hypertext and hypermedia environments, such as the World Wide Web, that rely on learning by browsing.


Definition based on information taken from: http://www.npexplore.com/AboutExplore/about.cfm

**HTML (HyperText Markup Language)**  HTML is a language to specify the structure of documents for retrieval across the Internet using browser programs of the World Wide Web. An HTML file is a special kind of text document (with an HTM or HTML file extension) that presents both text and graphics in a Web browser (a software application, such as Internet Explorer or Netscape, that enables a user to display and interact with web pages on the World Wide Web or a local area network). HTML documents are often referred to as "Web pages". The browser retrieves Web pages from Web servers that, thanks to the Internet, can be pretty much anywhere in World.


**Intentional learning**  Three aspects of intentional learning are the (1) decision to engage in committed, persisted learning effort (self-motivation), (2) the ability to apply and manage strategic cognitive efforts to achieve goals (self-direction), and the (3) extent to which the learner takes responsibility for learning autonomously. Intentional learning depends on one's conception
of knowledge, how to connect meaning and use that knowledge to act or create, and the learner's perception of the intended task, activity, or instructional situation. Intentional learners choose to be in charge of their learning. In an intentional learning environment, the teacher's role is to mentor or coach and the learner's role is to question, connect, reflect, and apply knowledge to create, act, and achieve.


**Interaction**  “Structured opportunities for the learner to engage with the content by responding to a question or taking an action to solve a problem” (Clark & Mayer, 2003, p. 315).

**Metacognition**  “Awareness and control of one’s cognitive processing, including setting goals, monitoring progress, and adjusting strategies as needed” (Clark & Mayer, 2003, p. 313). Metacognition is "knowledge of one's knowledge, processes, and cognitive and affective states; and the ability to consciously and deliberately monitor and regulate one's knowledge, processes, and cognitive and affective states.” In more general terms, metacognition is the awareness of the acquisition of mental organization skills, and the ability to apply these organization and recognition skills.

What is basic to the concept of metacognition is the notion of thinking about one's own thoughts. Those thoughts can be of what one knows (i.e., metacognitive knowledge), what one is currently doing (i.e., metacognitive skill), or what one's current cognitive or affective state is (i.e., metacognitive experience). To differentiate metacognitive thinking from other kinds of thinking, it is necessary to consider the source of metacognitive thoughts: Metacognitive thoughts do not spring from a person's immediate external reality; rather, their source is tied to the person's own internal mental representations of that reality, which can include what one knows about that internal representation, how it works, and how one feels about it. Therefore, metacognition sometimes has been defined simply as thinking about thinking, cognition of cognition, or using Flavell's (1979) words, "knowledge and cognition about cognitive phenomena" (p. 906).


**Mental models**  Mental models are deeply ingrained assumptions, generalizations, or even pictures and images that influence how we understand the world and how we take action.


**MOO**  A MOO (MUD Object Oriented) is a game, played online with various participants, in which each player takes control of a character and moves him though the game environment interacting with characters controlled by the other players. The MOO has the added feature that it allows users to make object oriented changes to the playing environment, i.e. to have a greater ability to make more rapid changes. The major functionality of MOOS is made possible by the MOO programming language.
**MUD**  MUD is an acronym for Multi User Dimension, Multi User Domain, or Multi User Dungeon. The acronym refers to a game, played online with various participants, in which each player takes control of a character and moves him though the game environment interacting with characters controlled by the other players. Although computer versions of MUDs date back to the late 1970s, the game is related to the Dungeons and Dragons games that have been played in various formats since the 1970s.

**PDF**  A PDF (Portable Document Format) is special file format created by Adobe Systems Inc. Documents in this format can be distributed electronically across the web and on a variety of platforms all the while retaining their original look. With the use of Adobe's PDF reader program, documents originally created by any number of programs (word processors, spreadsheets, desktop publishing programs, etc.) appear on the screen exactly as they were meant to look, including the correct type fonts, graphics, etc.. PDF files can be viewed electronically or printed, and can usually be saved to the user's PC. Adobe's PDF reader is called Adobe Acrobat Reader and can be downloaded free of charge from Adobe's website, [http://www.adobe.com/products/acrobat/readstep2.html](http://www.adobe.com/products/acrobat/readstep2.html).  
Definition (slightly adapted) taken from [http://www.medicine.arizona.edu/pubs/what_is_pdf.html](http://www.medicine.arizona.edu/pubs/what_is_pdf.html)

**Pedagogy**  “It is the tools, activities, strategies, and decisions for a more interactive, engaging, collaborative and motivational learning environment” (C. J. Bonk, personal communication, February 12, 2005). Pedagogy relates to the teaching skills and strategies used by instructors to facilitate learning.

**Podcasts**  A Podcast is a sound or video file distributed over the Internet. Although this kind of file is typically available to computers and a host of other devices that connect to the Internet, it owes its name and proliferation to the iPOD, a portable device manufactured by Apple computer, which allows users to download and take with them various kinds of music, sound and audio files.

**Problem-based learning**  PBL is an instructional method that challenges students to "learn to learn," working cooperatively in groups to seek solutions to real world problems. These problems are used to engage students' curiosity and initiate learning the subject matter. PBL prepares students to think critically and analytically, and to find and use appropriate learning resources.  
Definition taken from [http://www.udel.edu/pbl/](http://www.udel.edu/pbl/); (Barbara Duch [bduch@udel.edu](mailto:bduch@udel.edu))

**Reflective learning**  Consciously thinking about and analyzing what one has done, or is doing.

**Scaffolding**  Scaffolding instruction as a teaching strategy originates from Lev Vygotsky’s sociocultural theory and his concept of the zone of proximal development (ZPD). “The zone of proximal development is the distance between what learner can do by themselves and the next learning that they can be helped to achieve with competent assistance.” The scaffolding teaching strategy provides individualized support based on the learner’s ZPD. In scaffolding instruction a more knowledgeable other provides scaffolds or supports to facilitate the learner’s development. The scaffolds facilitate a learner’s ability to build on prior knowledge and internalize new information. The activities provided in scaffolding instruction are just beyond the level of what the learner can do alone. The more capable other provides the scaffolds so that the learner can accomplish (with assistance) the tasks that he or she could otherwise not complete, thus helping
the learner through the ZPD.

Adapted from Rachel Van Der Stuyf [http://condor.admin.cnny.cuny.edu/~group4/]

**Schema** Schemas (or schemata) are cognitive structures, rather like mental templates or 'frames', that represent a person's knowledge about objects, people or situations. Schemas are derived from prior experience and knowledge. (Chandler, D. 1997. Schema Theory and the Interpretation of Television Programmes. Retrieved on March 16, 2006 from [http://www.aber.ac.uk/media/Modules/TF33120/schematv.html](http://www.aber.ac.uk/media/Modules/TF33120/schematv.html).

**Screen Reader** A screen reader is an application that can interpret text and other types of information shown on a computer screen. The output can either be speech or can feed to a device that produces Braille text. Blind and low vision computer users are able to take advantage of this assistive technology.

**SCORM** The Shareable Content Object Reference Model (SCORM) is an XML-based framework used to define and access information about learning objects so they can be easily shared among different learning management systems (LMSs). SCORM was developed in response to a United States Department of Defense (DoD) initiative to promote standardization in e-learning.

Taken from [http://searchwebservices.techtarget.com/sDefinition/0,,sid26_gci796793,00.html](http://searchwebservices.techtarget.com/sDefinition/0,,sid26_gci796793,00.html).

**Self-directed learning** Self-directed learning has been described as "a process in which individuals take the initiative, with or without the help of others," to diagnose their learning needs, formulate learning goals, identify resources for learning, select and implement learning strategies, and evaluate learning outcomes (Knowles 1975). An estimated 70 percent of adult learning is self-directed learning (Cross 1981).

Adult educators have found that some adults are incapable of engaging in self-directed learning because they lack independence, confidence, or resources. Not all adults prefer the self-directed option, and even the adults who practice self-directed learning also engage in more formal educational experiences such as teacher-directed courses (Brookfield 1985).


**Streaming Video** Streaming video is a sequence of "moving images" that are sent in compressed form over the Internet and displayed by the viewer as they arrive. Streaming media is streaming video with sound. With streaming video or streaming media, a Web user does not have to wait to download a large file before seeing the video or hearing the sound. Instead, the media is sent in a continuous stream and is played as it arrives. The user needs a player, which is a special program that uncompresses and sends video data to the display and audio data to speakers. A player can be either an integral part of a browser or downloaded from the software maker's Web site.

**Summative evaluation**  Summative evaluation is designed to present conclusions about the merit or worth of an object and recommendations about whether it should be retained, altered, or eliminated. (Scriven, 1991) See also formative evaluation.


**Wiki**  A wiki is a web page that allows users to actively edit its content within a prescribed format. Wiki is from the Hawaiian word “wiki” which means fast. In general, one user can post information to a web page and other users can makes subsequent changes. Because of their rapid growth and potentially frequent changes, it can be difficult to maintain the veracity of the content of wikis.


“Wikipedia exec defends process” ([http://www.rockymountainnews.com/drmn/tech/article/0,2777,DRMN_23910_4513833,00.html](http://www.rockymountainnews.com/drmn/tech/article/0,2777,DRMN_23910_4513833,00.html))


“Educators warn of errors in Wikipedia” ([http://www.charleston.net/stories/?newsID=73215&section=ink](http://www.charleston.net/stories/?newsID=73215&section=ink))
Facilitating Interaction in Computer Mediated Online Courses

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Background paper for our presentation at the FSU/AECT Distance Education Conference, Tallahasee FL, June, 1996

Introduction

As Cj Baehr (1995, p.11) remarked, "My expectation is that, though we have a clear goal, our course through the session will be guided by you who attend the session, and most of what happens here will be
in the form of responses to one another. In this session we will all be speaking, listening, responding, considering, and making group decisions about how to proceed. It will not be chaos, but it is difficult to describe ahead of time." So I will outline here what we will do and provide the background and introductory material that is best conveyed on paper (or CD-ROM in this case).

Depending on audience size and how many audience members have been students/teachers online, we will pose questions focused toward the scope of this presentation: teaching methods and techniques to foster interaction (process) and collaboration (product) among students and teachers online. If at least half the participants are familiar with online environments (email, discussion groups, computer conferences), we will first ask them to compare and contrast face-to-face teaching and online facilitation techniques and determine what is likely to be good practice in both venues. We will ask some of those who have taught online to share their best and worst experiences, and what they learned from each.

If few have taught online, we will ask them to form small groups and report on the following questions: Given the nature of computer mediated conferencing, and thinking about what constitutes good face-to-face classroom practice, what teacher activities and attitudes might promote interaction? What activities and attitudes might stifle or discourage interaction? Before the presenters reveal their thoughts, the audience will be asked to share their own experiences. The presenters will focus them on the theme of the presentation. We will relate participants' findings to what good facilitation practice is in Cyberspace.

This paper contains background material for the discussions. First we will give a brief introduction to computer conferencing, somewhat generically and look at both the advantages and the disadvantages of the various "flavors" of computer conferencing. You have to know your tools before you can use them. We will then look at interaction in online learning environments, the changing roles of teachers and students and the role of the online conference tutor/moderator/facilitator. This paper concludes with an extensive bibliography.

**Computer Conferencing**

When we talk about computer mediated communication (CMC) it is in the sense of an umbrella term that subsumes computer based instruction, informatics and human-to-human communication in the form of email and computer conferences (Santoro, in press). In computer based instruction, the computer (networked or otherwise) assumes the role of patient teacher or tutor, often on a one-to-one basis, often using highly structured and previously prepared course materials. Informatics has the computer-as-client, used as a means of accessing data internally from its own data storage media, or, in a networked setting, from remote databases like online public-access library catalogs or external file servers and archives using client programs like ftp, telnet, archie, gopher, or any one of the World Wide Web browsers.

The third emphasis within CMC spotlights the various flavors of computer conferencing with the computer in its role as interpersonal communication device, used synchronously or asynchronously to connect human beings to each other. This can be via email and mailing lists or computer conferencing systems (which may include email and synchronous communications in their text-based, asynchronous environments). We will use the term "computer conference" in a fairly generic sense in this paper to
encompass a full range of human-to-human computer mediated interactions.

Computer conferencing can be looked from a number of different perspectives. In one principal form of computer conferencing, the transactions are carried out asynchronously by electronic mail that arrives in, and is sent from, the participant's mailbox. Examples of this are plain email, and computer conferencing conducted via mailing lists running under Listserv, Majordomo, Listproc or some other mailing list management software. When email and email mailing lists are used for computer conferencing, the participant receives in their mailbox a constant stream of reminders that the conference is proceeding. This opens the possibility of mailboxes filled to overflowing if the conference members are "talkative" and mail is not checked frequently. Most users are familiar with their own electronic mail systems and, in the case of a conference that extends over many sites, there are personnel at each site who can provide training and support for their site's users. Participants are expected to be proactive in sorting and storing the messages themselves and may have difficulties coping with discussions that are attenuated over time (Romiszowski & de Haas, 1989).

The other main form requires the participant to log into the computer or network on which the computer conference software resides. The most ubiquitous form of bulletin board (BBS) conferencing is Usenet Netnews and privately established Netnews groups are often used as a form of conferencing software. This conference format stores all the messages in a single, central location and participants must log onto the system or use a client program to read them. All messages are listed with the subject line showing so participants can choose to read them all sequentially or read them in groups of messages with a particular subject line. This relieves the participant of having to sort and store the messages themselves.

"Main-frame" conferencing systems like VaxNotes and CoSy are text-based and are elaborations on the bulletin board concept, with separate areas for separate topics, and they sometimes include electronic mail and synchronous communication within the conferencing program. Sophisticated groupware programs like LotusNotes allow even more features, with conference members being able to work on documents simultaneously and the program supports group decision making. As computer conferencing software increases in sophistication, so does the users' learning curve, the sophistication of the hardware needed to mount and access the conference, and the cost of supporting both software and users.

Synchronous computer conferencing takes the form of interactive messaging systems like "internet relay chat (IRC)", the "chat rooms" on most of the commercial internet access providers; and the increasingly popular MUDs/MOOs/MAUDs. All participants must be present online at the same time in order to interact and when many people do so, the text on the screen can scroll along at a furious pace, with the discussion having much of the flexibility of the spoken word. Careful classroom management can mitigate some of the problem by establishing protocols for who can talk when and to whom. While a transcript of the proceedings can be accessed later for those who can't read fast enough or miss a scheduled discussion period, this medium favors those who can read and absorb information quickly, hold multiple discussion threads in their heads at the same time, type with some accuracy and speed and be present, despite the difference in time, across national and international time zones.

Asynchronous computer conferencing can run the gamut from simple email discussions between
individuals that require only that the participants have access to an electronic mailbox to feature-rich groupware programs like LotusNotes, which run on mainframes or dedicated servers that one must log into. Participants do not have to be online at the same time in order to interact and can do so from any location from which they have access to a networked computer with the appropriate client program (which may be just Telnet).

Theoretically computer conferencing is available 24 hours a day, but this is mitigated by the participant's ability to access that networked computer, or the availability of a dial-up modem connection. Instant responses are rarely required when one is working asynchronously, so students do have time to think and reflect on their responses, if that is their chosen learning style. Online instructors also need to set reasonable time limits, expecting a response in a certain number of days, to accommodate those who do not have daily access. Participants may find courses taught by computer conferencing easier to fit in around work and family responsibilities, if they have access from work or home or another convenient location. Working with an online cohort also takes some of the pacing of the course out of the participants hands. This may cause difficulties if, for instance, the participant has to travel or has other situations arise that cause absences from their studies. They can lose their place in the discussion and become discouraged.

**Advantages of Computer Conferencing**

The advantages of computer conferencing include interacting at a distance with other students and the instructor, rather than studying alone. A virtual community can be built that provides support and encouragement and promotes sharing among the participants and can help overcome the isolation of remote areas (Singletary and Anderson 1995; McAuley, 1995). Guest "lecturers" can be invited in to join the conference, so students can interact directly with experts in their fields (Cotlar & Shimabukuro, 1995). It can be very convenient, theoretically being available as close as the nearest telephone or modem connection. Computer conferencing can be independent of time (I often work in the early hours of the morning; and have been a guest speaker in a number of Australian computer conferences) and independent of distance (I have logged in from Australia, several Canadian locations and from an assortment of cities throughout the United States.)

**Disadvantages of Computer Conferencing**

The disadvantages of computer conferencing start with the problems inherent in gaining reliable access to networked computer. Learning curves and time investments can be very steep and students may not experience a good return on their investment. Access to technical support is crucial as there is a multiplicity of computer and software configurations that may not necessarily communicate with each other. And just because a student has used computers in the course of their work, this does not necessarily mean that they know anything about the use of telecommunications software, nor can you assume they know how to upload and download files, nor know how to create folders in their electronic mail program in which to store incoming messages. Email appears ephemeral and commonplace and it is sometimes difficult to persuade participants to treat conference contributions as if they are "real" and "important". Where students in place-based classrooms are used to setting aside a portion of their lives for travel and
attendance in scheduled classroom periods, students in computer conferences must pace themselves, remember to log in frequently and attend to their course activities.

Computer conferencing is text-based in all but a few experimental virtual reality forms. This advantages those who are literate and articulate and who can keyboard. In text-based conferences social context cues are absent and, as humans are used to the high bandwidth of face-to-face communications, this can cause problems. Misunderstandings can arise quickly and be difficult and time consuming to solve. On the other hand, stigma attached to personal appearances or handicaps is less likely to "stick" and those who cannot ordinarily communicate in a face-to-face classroom can do so in the relative anonymity of computer conferencing (Day & Batson, 1995; Kinner & Coombs, 1995; Pemberton & Zenhausern, 1995)

**Integrating Computer Conferencing**

Computer conferencing can be used to supplement face-to-face instruction, bring the outside world into the classroom, open the classroom to the world or replace the face-to-face classroom entirely. Where computer conferencing is not the primary method of course delivery, it is crucial to the success of the enterprise that the content of the conference be tightly and meaningfully integrated with the balance of the course and course materials. In some distance courses this is accomplished by delivering "dense" content on recorded media (paper, audio/video tape, CD-ROM) and all the discussion of the material takes place in the computer conference with a grade attached to the student's participation. A month-long conference, for instance, used as a supplement to a place-based course where students see each other each class period may be perceived as an "exercise" with high frustration levels unless students realize that the content of the discussions is a relevant part of the course.

**Interaction and Learning**

There are essentially two kinds of interaction with regard to learning. One is a student individually interacting with content. The other is social activity: a student interacting with others about the content. Both types of interaction are necessary for efficient, effective and affective learning. In distance education, it is particularly important to provide an environment in which both kinds of interaction can occur. In the past the social interaction about the content has most often only been between instructor and student; but it is increasingly possible for students to interact with one another, even when geographically and temporally separated (Moore, 1989).

Interaction takes different forms: between a student and course materials; between student and learning activities/examinations; between student and instructor; among students. Each student must do something with the knowledge he or she is attempting to learn. Interacting with content means actively processing and combining this content with prior knowledge.

Regarding social interaction, it is our assumption that a goal of distance teaching is to create an environment that both fosters trust among learners and the instructor and seeks to promote a cooperative and collaborative environment, allowing students to learn from course materials, the instructor and each other.
Synchronous and Asynchronous Interaction

Hand-in-hand with the principle of interaction is the assumption that learning is a social activity. That doesn't necessarily have to mean face-to-face interaction--social interaction can occur among people using phones, fax, mail, and other mediating technologies. Social interaction doesn't necessarily require real-time (synchronous) communication either. Thus, interaction among learners or instructor can be independent of time and geography.

Computer mediated communication and computer conferencing, combined with text books or readings, can provide an asynchronous setting that is independent of both time and distance and yet can provide valuable interaction opportunities for students, both with the instructor and among themselves. Online class interaction can be structured as one-to-one (email); one-to-many (Listserver managed groups) and many-to-many (bulletin boards and dedicated computer conferencing systems (CoSy, VaxNotes, Caucus, LotusNotes etc.).

Regardless of the particular delivery mechanism, computer mediated communication is interaction stripped of social context cues and human "presence", yet for learning to occur students and faculty must become familiar with the environment, and each other and be able to make both sense and meaning of the learning experienced they are engaged in.

Scaffolding for students interaction and meaning-making activities must be provided by the online instructor by modeling appropriate interaction and facilitation techniques on screen, and by providing metaphors and analogies to personalize and humanize the transactional space. To do this effectively teachers must first realize some of the basic differences between teaching face-to-face and facilitating online interactions, become themselves adept at the use of the computer conferencing technology and be aware of various teaching and facilitation techniques that are, and are not, suitable for online classrooms.

The Role of the Instructor When Teaching in the CC Environment

Clearly the most important role of the online instructor is to model effective teaching and accept "the responsibility of keeping discussions track, contribute special knowledge and insights, weave together various discussion threads and course components, and maintaining group harmony" (Rohfeld & Hiemstra, 1995, p. 91). Learning to use the technology to effectively mediate the communications process is a critical skill to be acquired early in the teaching process (Gunawardena, 1992 (p. 59). When teaching via computer conferencing responsibilities can be effectively shared between the instruction and the course members (Tagg, 1994).

Most current instructional design models don't fit the online teaching environment especially well and directly translating a place-based course into one delivered by computer conferencing may not be possible. Lectures, the staple of most place-based instruction, are particularly ineffective. In a computer conference they become screen after screen of text which, when printed out, looks like any other assigned article to be
read. Creating a balance of independent, interactive and interdependent course activities, takes time, more time than most instructors ever spend on designing their face-to-face courses. This is seldom recognized by traditional faculty reward systems.

Gunawardena (1992, p. 61) decided to "do away with knowledge transmission and focus on learner-initiated inquiry and exploration." In the process, Gunawardena found:

In order to change to a learner-controlled instructional system and to maximize interaction, I had to change my role from that of a teacher at the front of the classroom and the center of the process to that of facilitator who is one with the participants and whose primary role is to guide and support the learning process. The result was a course designed as a learner-centered system based on dialogue and cooperation among students (1992, p. 61).

Such a move engenders a radical shift in the power and interaction structures in the classroom as the students must accept the responsibility for their own knowledge creation, and the instructor must relinquish a certain amount of control over the process. Gunawardena (1992) had to teach herself to "let go as [she] became more satisfied with the quality of student controlled interaction and discussion" as she "realized that by emphasizing the process of learning and interaction, students would begin to interact with the content" (p. 64). She found it very difficult to give up the control she had practiced in the traditional class and found that some students had equal difficulty in taking responsibility for their own learning and required constant supported.

### Changing Roles

The following is a summary table of the changing roles of teachers and students when computer conferencing becomes a major feature of the teaching-learning experience, (Berge, 1995):

<table>
<thead>
<tr>
<th>Changing Instructor Roles</th>
<th>Changing Student Roles</th>
</tr>
</thead>
<tbody>
<tr>
<td>From oracle and lecturer to consultant, guide, and resource provider</td>
<td>From passive receptacles for hand-me-down knowledge to constructors of their own knowledge</td>
</tr>
<tr>
<td>Teachers become expert questioners, rather than providers of answers</td>
<td>Students become complex problem-solvers rather than just memorizers of facts</td>
</tr>
<tr>
<td>Teachers become designers of learning student experiences rather than just providers of content</td>
<td>Students see topics from multiple perspectives</td>
</tr>
<tr>
<td>Teachers provide only the initial structure to student work, encouraging increasing self-direction</td>
<td>Students refine their own questions and search for their own answers</td>
</tr>
</tbody>
</table>
Emoderators document

Teacher presents multiple perspectives on topics, emphasizing the salient points

Students work as group members on more collaborative/cooperative assignments; group interaction significantly increased

From a solitary teacher to a member of a learning team (reduces isolation sometimes experienced by teachers)

Increased multi-cultural awareness

From teacher having total autonomy to activities that can be broadly assessed

Students work toward fluency with the same tools as professionals in their field

From total control of the teaching environment to sharing with the student as fellow learner

More emphasis on students as autonomous, independent, self-motivated managers of their own time and learning process

More emphasis on sensitivity to student learning styles

Discussion of students' own work in the classroom

Teacher-learner power structures erode

Emphasis on knowledge use rather than only observation of the teacher's expert performance or just learning to "pass the test"

Emphasis on acquiring learning strategies (both individually and collaboratively)

Access to resources is significantly expanded

The Online Instruction/Moderator/Facilitator's Roles

There are many necessary conditions for successful online instruction, which Berge (1995) categorized into the following four areas: pedagogical, social, managerial, and technical. Not all of these roles need to be carried out in their entirety by the same person. In fact, it may be rare that they are. A brief description of those roles follows (Feenberg, 1986; Gulley, 1968; Kerr, 1986; McCreary, 1990; McMann, 1994; Paulsen, 1995).

Pedagogical (intellectual; task)

Certainly, some of the most important roles of online discussion instructor/moderator/tutor revolves around their duties as an educational facilitator. The instructor contributes their special knowledge and insights and uses questions and probes for student responses that focus discussions on critical concepts, principles and skills. By modeling appropriate online behaviors, the instructor can prepare students, alone or in groups, to experience moderating the conference for themselves.

Social

Creating a friendly, social environment in which learning is promoted is also essential for successful online teaching. This suggests promoting human relationships, affirming and recognizing students' input; providing opportunities for students to develop a sense of group cohesiveness, maintaining the group as a
unit, and in other ways helping members to work together in a mutual cause, are all critical to success of any conferencing activities.

*Managerial* (organizational; procedural; administrative)

This role involves setting the agenda and pacing for the conference: the objectives of the discussion, the timetable, procedural rules and decision-making norms. Meta-comments can be used to remedy problems in context, norms or agenda, clarity, irrelevance and help participants deal with information overload. Unobtrusively managing the flow and direction of the conference discussion without stifling the participants a sine qua non of successful conference facilitation.

*Technical*

The instructor must first themselves become comfortable and proficient with the technology and then must ensure that participants are comfortable with the system and the software that the conference is using. The ultimate technical goal for the instructor is to make the technology transparent. When this is done, the learner may concentrate on the academic task at hand.

One of the more exhaustive listings of online pedagogical techniques can be found on Morten Paulsen's World Wide Web homepage at [http://www.nki.no/~morten](http://www.nki.no/~morten) as "The online report on pedagogical techniques for computer-mediated communication."

We trust that you will find this background material for the presentation discussion to be valuable. We have a deep and abiding interest in the moderator's role and ask that you send to us any references you may see are missing from our bibliography.

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References


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