# Zumba

**Instructor:** Katie Sandberg

**Days:** Tuesdays and Thursdays

**Dates:** 6/28/16 to 8/4/16

**Time:** 6:00pm to 7:00pm

**Room:** Exercise Studio

**Tuition:** \$100.00

**CRN** #: 50890

Please Note: Completion of any program does not guarantee employment.

### Contact Us

Workforce & Community Education 574 New London Turnpike Norwich, CT 06360 (860) 215-9028 Phone

(860) 215-9902 Fax

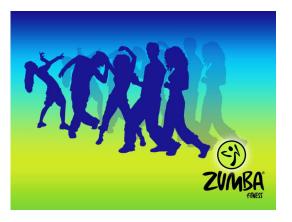
email: WCEinfo@threerivers.edu

Visit us on the web: www.threerivers.edu

# Three Rivers Community College 574 New London Turnpike, Norwich, CT 06360

# Zumba

# Summer 2016





Zumba—CRN # 50890						
Last Name:			F	First Name:		
Street Address:						
City:			S	State:	Zip Code:	
Social Security #				Date of Birth:		
Gender			Т	Telephone:		
□ Male □ Female						
Email:						
☐ Mark box if paying by check						
Please make check payable to:  Three Rivers Community College						
Type of Card: C			Cre	redit Card Number:		
□ Visa □ Discover						
☐ MasterCard						
Expiration Date:				3 digit code on back:		
Are you a US citizen?   Yes   No						
Ethnicity:						
Race :	□ Caucasian □ African-American □ Latino □Alaskan Native/American Indian □Asian/Pacific Islander					
Student Signature-I have read the refund policy						
Refund policy: Withdrawal from any class must be submitted in writing to the Division of Workforce & Community Education office up to tone business day prior to the first class. Absolutely no refunds will be issued after the first class has begun. The college reserves the right to cancel any course for which there is insufficient enrollment. In that event, a full refund will be issued.						
Student Signature					Date	
Banner ID:		Entered by:			Date Entered:	

Zumba Fitness is a Latininspired cardio-dance workout that uses music and choreographed steps to form a fitness party atmosphere. While many of the types of dance and music featured in the program are Latin American inspired, classes can also contain everything from jazz to African beats to country to hip-hop and pop. Zumba is exercise in disquise and is great for participants of any fitness level, background or age. Every class feels like a party! You don't have to know how to dance. Just follow our lead and move your body to get Zumba fit!





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