

Zumba

Instructor: Katie Sandberg
Days: Tuesdays and Thursdays
Dates: 6/28/16 to 8/4/16
Time: 6:00pm to 7:00pm
Room: Exercise Studio
Tuition: \$100.00
CRN #: 50890

Please Note: Completion of any program does not guarantee employment.

Contact Us

Workforce & Community Education
574 New London Turnpike
Norwich, CT 06360
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Visit us on the web:
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Three Rivers Community College

574 New London Turnpike, Norwich, CT 06360

Zumba

Summer 2016



Zumba—CRN # 50890		
Last Name:	First Name:	
Street Address:		
City:	State:	Zip Code:
Social Security #	Date of Birth:	
Gender	Telephone:	
<input type="checkbox"/> Male <input type="checkbox"/> Female		
Email:		
<input type="checkbox"/> Mark box if paying by check		
Please make check payable to: Three Rivers Community College		
Type of Card:	Credit Card Number:	
<input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard		
Expiration Date:	3 digit code on back:	
Are you a US citizen? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Ethnicity: <input type="checkbox"/> Hispanic <input type="checkbox"/> Non-Hispanic		
Race :	<input type="checkbox"/> Caucasian <input type="checkbox"/> African-American <input type="checkbox"/> Latino <input type="checkbox"/> Alaskan Native/American Indian <input type="checkbox"/> Asian/Pacific Islander	
Student Signature-I have read the refund policy		
Refund policy: Withdrawal from any class must be submitted in writing to the Division of Workforce & Community Education office up to one business day prior to the first class. Absolutely no refunds will be issued after the first class has begun. The college reserves the right to cancel any course for which there is insufficient enrollment. In that event, a full refund will be issued.		
Student Signature		Date
Banner ID:	Entered by:	Date Entered:

Zumba Fitness is a Latin-inspired cardio-dance workout that uses music and choreographed steps to form a fitness party atmosphere. While many of the types of dance and music featured in the program are Latin American inspired, classes can also contain everything from jazz to African beats to country to hip-hop and pop. Zumba is exercise in disguise and is great for participants of any fitness level, background or age. Every class feels like a party! You don't have to know how to dance. Just follow our lead and move your body to get Zumba fit!



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