Capital Community College, Gateway Community College, Naugatuck Valley Community College, Northwestern Connecticut Community College, Norwalk Community College, Three Rivers Community College

> Three Rivers Community College 574 New London Turnpike Norwich, CT 06360

HEALTH ASSESSMENT FORM for
Students participating in Clinical Activities

## **COMPLETED FORM IS DUE ON OR BEFORE:**

July 1, 2017 for fall students
December 1, 2017 for spring students

All requirements are to be submitted through

Castlebranch.com

A confidential document tracking system

Specific instructions to follow

Studen	t Name	CT-CCNP/Three Rive		ege Date of Birth	
	S				
	Home				
	ency Contact Name				
	EXAMINING PHYSICIAN/HEAI				
	on my health assessment and				
*See the	is clear to participate in clinic Required Competencies for A d.IF NO, please explain the nat	Admitted Students to Delive	r Safe and Competent	t Nursing Care for gen	eral expectations,
Refer	to the CDC Healthcare Persor	IMMUNIZATION nnel Vaccination Recommen		t http://www.immunize.	prg/catg.d/p2017.pdf
TITE	RS MUST BE POSITIVE PER L	ABORATORY STANDARD;	REPORT(S), IF INDIC	ATED, MUST ACCOME	PANY THIS FORM.
1. <b>MMR</b> :	MEASLES (RUBEOLA), MUMF	PS & RUBELLA (GERMAN ME	EASLES)^		
a) Vac	ntation of <i>one</i> of the following m cination against measles, mump oratory confirmation of disease or	s, and rubella. 2 doses of MM	R, 4 weeks apart, date		
MMR, 4	accinated HCP born before 195 wks apart and 1 additional dose for those who have received 3 c	of MMR vaccine (for rubella)	at least 4 wks from the	2nd one, is required. R	epeat titers are not
2. VARIO	CELLA (CHICKEN POX)				
a) Veri b) Lab	ntation of one of the following m fication of history of varicella or oratory confirmation of disease of cination against varicella, 2 dose	herpes zoster by HCP (must bor immunity or <i>May be Qualita</i>	e attached) ative or Quantitative 1		
3. <b>TETA</b>	NUS/DIPHTHERIA/PERTUSSIS	S (Tdap)			
a) Tda	ntation of one of the following m p vaccination within 10 years Booster if Tdap was received gre	•	f immunity:		
	healthcare personnel (HCP) muer information see: https://www.				
4. <b>HEPA</b>	TITIS B: see http://www.immuni	ize.org/catg.d/p2108.pdf for ir	nformation about manag	gement of exposure	
Docume	ntation of one of the following wi	Il be accepted as evidence of	immunity, immunity in	progress, or status as a	non-responder:
b) Doo	-HBs ≥10 mIU/mI IF Hep. B Seri umentation of Hep B Series in p oratory report must be submit	rogress: dates of dose(s)/rem	aining dose(s) and Anti	-HBs serologic testing	
ANNUA	L IMMUNIZATION REQUIREME	ENTS:			
5. <b>Tube</b> i	culosis Testing is required eve	ry year, options as below:	(see https://www.cdo	gov/tb/topic/testing/hea	althcareworkers.htm)
b)	TB Skin Test (TST): <b>INITIAL TS</b> TB Blood Test (IGRA, i.e. Quan If either test is positive a chest of the TB screening form must be	tiferon) k-ray report showing no evider	Date of Blood Draw nce of active TB diseas	Dates Read Results e MUST be provided fo	
6. Influe	nza (Flu) Vaccination is require	ed each year prior to October	31 <sup>st</sup> , a separate college	e level process will addre	ess this requirement.
Healthc	are Provider Print Name	Healthcare Provider Sig	nature	DEA Number	DATE
Address	s:		Tel	ephone ( )	

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# Required Competencies for Admitted Students to Deliver Safe and Competent Nursing Care

The competencies reflect reasonable expectations of the RN student for the performance of common functions of the registered nurse. In adopting these standards the CT-CCNP is mindful of the client's right to safe and quality health care provided both by our students and graduates. The RN student must be able to apply the knowledge and skills necessary to function in a broad variety of clinical situations.

Each student in the Associate in Science degree program must have the ability to learn and perform the following competencies and skills:

Motor. The student must possess sufficient motor capabilities to execute the movements and skills required to provide safe and effective nursing interventions. These include, but are not limited to:

- 1. Coordination, speed and agility to assist and safely guard (protect), with safe and proper body mechanics, clients who are ambulating, transferring, or performing other activities.
- 2. Ability to adjust and position equipment and clients, which involves bending or stooping freely to floor level and reaching above the head.
- Ability to move or position clients and equipment, which involves lifting, carrying, pulling, up to and including 30 pounds.
- 4. Ability to guide, resist, and assist clients, or to provide emergency care, which involves the activities of standing, kneeling, sitting, or walking.
- 5. Ability and dexterity to manipulate the devices used in giving nursing care.
- 6. Ability to administer CPR without assistance.

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Sensory. The student must possess the ability to obtain information in classroom, laboratory or clinical settings through observation, auscultation, palpation and other measures, including but not limited to:

- Visual ability (corrected as necessary) to recognize and interpret facial expressions and body language, identify normal and abnormal patterns of movement, to read or set parameters on various equipment, to discriminate color changes, and to interpret and assess the environment.
- 2. Auditory ability (corrected as necessary) to recognize and respond to soft voices, auditory timers, equipment alarms, call bells, and to effectively use devices for measurement of blood pressure, breath sounds, etc.
- 3. Tactile ability to palpate a pulse and to detect changes or abnormalities of surface texture, skin temperature, body contour, muscle tone, and joint movement.
- 4. Sufficient position, movement and balance sensations to assist and safely guard (protect) clients who are ambulating, transferring or performing other activities.

<u>Communication</u>. The student must be able to utilize effective communication with peers, faculty, clients and their families, and other health care providers. This includes, but is not limited to:

- 1. Ability to read at a competency level that allows one to safely carry out the essential functions of an assignment (examples: handwritten chart data, printed policy and procedure manuals).
- 2. Ability to effectively interpret and process information.

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- 3. Ability to effectively communicate (verbally and in writing) with clients/families, health care professionals, and others within the community.
- Ability to access information and to communicate and document effectively via computer.
- 5. Ability to recognize, interpret, and respond to nonverbal behavior of self and others.

Behavior. The student must be capable of exercising good judgment, developing empathic and therapeutic relationships with clients and others, and tolerating close and direct physical contact with a diverse population. This will include people of all ages, races, socioeconomic and ethnic backgrounds, as well as individuals with weight disorders, physical disfigurement and medical or mental health problems. This also includes, but is not limited to:

- 1. Ability to work with multiple clients/families and colleagues at the same time.
- 2. Ability to work with classmates, instructors, health care providers, clients, families and others under stressful conditions, including but not limited to providing care to medically or emotionally unstable individuals, situations requiring rapid adaptations, the provision of CPR, or other emergency interventions.
- 3. Ability to foster and maintain cooperative and collegial relationships with classmates, instructors, other health care providers, clients and their families.

<u>Critical Thinking</u>. The student must possess sufficient abilities in the areas of calculation, critical problem solving, reasoning, and judgment to be able to comprehend and process information within a reasonable time frame as determined by the faculty and the

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profession. The student must be able to prioritize, organize and attend to tasks and responsibilities efficiently. This includes, but is not limited to:

- 1. Ability to collect, interpret and analyze written, verbal and observed data about clients.
- 2. Ability to prioritize multiple tasks, integrate information and make decisions.
- 3. Ability to apply knowledge of the principles, indications, and contraindications for nursing interventions.
- 4. Ability to act safely and ethically in the college clinical lab and in clinical placements within the community.

## **Healthcare Personnel Vaccination Recommendations**

#### **VACCINES AND RECOMMENDATIONS IN BRIEF**

- **Hepatitis B** If previously unvaccinated, give 3-dose series (dose #1 now, #2 in 1 month, #3 approximately 5 months after #2). Give intramuscularly (IM). For HCP who perform tasks that may involve exposure to blood or body fluids, obtain anti-HBs serologic testing 1–2 months after dose #3.
- **Influenza** Give 1 dose of influenza vaccine annually. Inactivated injectable vaccine is given IM, except when using the intradermal influenza vaccine. Live attenuated influenza vaccine (LAIV) is given intranasally.
- **MMR** For healthcare personnel (HCP) born in 1957 or later without serologic evidence of immunity or prior vaccination, give 2 doses of MMR, 4 weeks apart. For HCP born prior to 1957, see below. Give subcutaneously (Subcut).
- **Varicella (chickenpox)** For HCP who have no serologic proof of immunity, prior vaccination, or diagnosis or verification of a history of varicella or herpes zoster (shingles) by a healthcare provider, give 2 doses of varicella vaccine, 4 weeks apart. Give Subcut.
- **Tetanus, diphtheria, pertussis** Give 1 dose of Tdap as soon as feasible to all HCP who have not received Tdap previously and to pregnant HCP with each pregnancy (see below). Give Td boosters every 10 years thereafter. Give IM.
- **Meningococcal** Give both MenACWY and MenB to microbiologists who are routinely exposed to isolates of *Neisseria meningitidis*. Every 5 years boost with MenACWY if risk continues. Give MenACWY and MenB IM; if necessary to use MPSV4, give Subcut.

Hepatitis A, typhoid, and polio vaccines are not routinely recommended for HCP who may have on-the-job exposure to fecal material.

#### **Hepatitis B**

Unvaccinated healthcare personnel (HCP) and/or those who cannot document previous vaccination should receive a 3-dose series of hepatitis B vaccine at 0, 1, and 6 months. HCP who perform tasks that may involve exposure to blood or body fluids should be tested for hepatitis B surface antibody (anti-HBs) 1–2 months after dose #3 to document immunity.

- If anti-HBs is at least 10 mIU/mL (positive), the vaccinee is immune. No further serologic testing or vaccination is recommended.
- If anti-HBs is less than 10 mIU/mL (negative), the vaccinee is not protected from hepatitis B virus (HBV) infection, and should receive 3 additional doses of HepB vaccine on the routine schedule, followed by anti-HBs testing 1–2 months later. A vaccinee whose anti-HBs remains less than 10 mIU/mL after 6 doses is considered a "non-responder."

For non-responders: HCP who are non-responders should be considered susceptible to HBV and should be counseled regarding precautions to prevent HBV infection and the need to obtain HBIG prophylaxis for any known or probable parenteral exposure to hepatitis B surface antigen (HBsAg)-positive blood or blood with unknown HBsAg status. It is also possible that non-responders are people who are HBsAg positive. HBsAg testing is recommended. HCP found to be HBsAg positive should be counseled and medically evaluated.

For HCP with documentation of a complete 3-dose HepB vaccine series but no documentation of anti-HBs of at least 10 mIU/mL (e.g., those vaccinated in childhood): HCP who are at risk for occupational blood or body fluid exposure might undergo anti-HBs testing upon hire or matriculation. See references 2 and 3 for details.

#### Influenza

All HCP, including physicians, nurses, paramedics, emergency medical technicians, employees of nursing homes and chronic care facilities, students in these professions, and volunteers, should receive annual vaccination against influenza. Live attenuated influenza vaccine (LAIV) may be given only to non-pregnant healthy HCP age 49 years and younger. Inactivated injectable influenza vaccine (IIV) is preferred over LAIV for HCP who are in close contact with severely immunosuppressed patients (e.g., stem cell transplant recipients) when they require protective isolation.

#### Measles, Mumps, Rubella (MMR)

HCP who work in medical facilities should be immune to measles, mumps, and rubella.

■ HCP born in 1957 or later can be considered immune to measles, mumps, or rubella only if they have documentation of (a) laboratory confirmation of disease or immunity or (b) appropriate vaccination against measles, mumps, and rubella (i.e., 2 doses of live measles and mumps vaccines given on or after

- the first birthday and separated by 28 days or more, and at least 1 dose of live rubella vaccine). HCP with 2 documented doses of MMR are not recommended to be serologically tested for immunity; but if they are tested and results are negative or equivocal for measles, mumps, and/or rubella, these HCP should be considered to have presumptive evidence of immunity to measles, mumps, and/or rubella and are not in need of additional MMR doses.
- Although birth before 1957 generally is considered acceptable evidence of measles, mumps, and rubella immunity, 2 doses of MMR vaccine should be considered for unvaccinated HCP born before 1957 who do not have laboratory evidence of disease or immunity to measles and/or mumps. One dose of MMR vaccine should be considered for HCP with no laboratory evidence of disease or immunity to rubella. For these same HCP who do not have evidence of immunity, 2 doses of MMR vaccine are recommended during an outbreak of measles or mumps and 1 dose during an outbreak of rubella.

#### Varicella

It is recommended that all HCP be immune to varicella. Evidence of immunity in HCP includes documentation of 2 doses of varicella vaccine given at least 28 days apart, laboratory evidence of immunity, laboratory confirmation of disease, or diagnosis or verification of a history of varicella or herpes zoster (shingles) by a healthcare provider.

#### Tetanus/Diphtheria/Pertussis (Td/Tdap)

All HCPs who have not or are unsure if they have previously received a dose of Tdap should receive a dose of Tdap as soon as feasible, without regard to the interval since the previous dose of Td. Pregnant HCP should be revaccinated during each pregnancy. All HCPs should then receive Td boosters every 10 years thereafter.

#### Meningococcal

Vaccination with MenACWY and MenB is recommended for microbiologists who are routinely exposed to isolates of *N. meningitidis*. The two vaccines may be given concomitantly but at different anatomic sites, if feasible.

#### REFERENCES

- 1 CDC. Immunization of Health-Care Personnel: Recommendations of the Advisory Committee on Immunization Practices (ACIP). *MMWR*, 2011; 60(RR-7).
- 2 CDC. CDC Guidance for Evaluating Health-Care Personnel for Hepatitis B Virus Protection and for Administering Postexposure Management, MMWR, 2013; 62(10):1–19.
- 3 IAC. Pre-exposure Management for Healthcare Personnel with a Documented Hepatitis B Vaccine Series Who Have Not Had Post-vaccination Serologic Testing. Accessed at www.immunize.org/catg.d/p2108.pdf.

For additional specific ACIP recommendations, visit CDC's website at www.cdc.gov/vaccines/hcp/acip-recs/index. html or visit IAC's website at www.immunize.org/acip.

Technical content reviewed by the Centers for Disease Control and Prevention

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Student Statement of Responsibility

I understand that I must submit a completed Health Assessment form prior to participation in any clinical experiences.

I am aware that if my health status should change in a way that would impact my ability to perform in the nursing program, I must notify the Director/Administrator of the program immediately. The need for additional clearance will be determined at that time.

 Date