Do you have a question about a personal health or medical concern?

To get answers to your medical questions, contact **Healthnet** at the University of Connecticut Health Center Library – **860/679-4055**. Experienced medical information professionals will research a medical topic for you and provide you with a free customized packet of information based on your specific needs. The resources we use to answer your questions include medical textbooks, medical journals, computer databases, and access to the Internet. Healthnet staff is available from 8:00 a.m. to 5:00 p.m. Monday through Friday. Please remember that Healthnet cannot provide medical advice, opinion, or recommendations.

If you want to do your own research, consider using your local public library. Many public libraries in Connecticut have books, computer databases, and access to the Internet to help you find the answers to your medical questions. Ask a Reference Librarian at the public library for assistance with your research. If you are unable to find the information you need, you can call Healthnet.

You may also use the resources of the Health Center Library to do your own research. The Library is open to the public 7 days a week. You may use our books, medical journals, computer databases, and Internet resources in the library and copy any information you need. If you plan to use our library, you may want to do so when a professional Information Services librarian is available to assist you. Assistance is available Monday through Friday, 8:30 a.m. to 4:30 p.m. (Wednesday, 9:30 a.m. to 4:30 p.m.)

A few examples of the types of questions Healthnet can answer include:

- What current treatments are recommended for rheumatoid arthritis?
- What are the long term effects of surgery for carpal tunnel syndrome?
- Does the herb St. John’s wort really work for depression?
- My 6 month old son was just diagnosed with celiac disease. Do you have any information about this condition?
- My doctor prescribed Lipitor for my high cholesterol. Are there any side effects?

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**Healthnet: Connecticut Consumer Health Information Network**  
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