Caring: An Introduction to Nursing

Welcome
N. Rymut, RN, MS, CEN
Definition of Nursing

- Write your own definition
History

- A nation that forgets its history is doomed to repeat it.
History of Nursing

- Josephine Dolan- Nursing in Society: An Historical Perspective
- Kalish and Kalish- The Advance of American Nursing
- American Association for the History of Nursing
- Google
Beginnings

- Knights Templar
- Religious groups
- Servants
Deaconess Movement

- Home care
- Prisoners, drunks, prostitutes
- Hospital = death house
- Social reformers
Linda Richards
Clara Mass
Mary Eliza Mahoney
Lillian Wald
Miss Isabel A. Hampton

- NLN
Isabel Hampton Robb
Nurse Edith Cavell

L'ASSASSINAT de Miss Edith Cavell
(12 Octobre 1915).

L'EXECUTION

L'Assassinat de Miss Edith Cavell. — The Murder of Miss Edith Cavell, (12 October 1915).
Mary Breckinridge
World War II
Virginia Henderson
1st Lt. Sharon Lane
Mother Theresa
Definition of Nursing

- Nightingale
- Henderson
- ANA
- Patient
- Client
Holism: Societal Influences on Nursing
Factors Effecting Care

- MONEY
- Technology
- Elderly
- Disintegration of family
- Emigration
- Shortage
- Managed care
Professionalism: The Role of the Nurse

- Safe and Competent Practice
  - Standards of Practice
  - Nurse Practice Act
  - Code of Ethics
What do nurses do?

- Promote health
- Prevent illness
- Restore health
- Care for dying
Role of the Nurse

- Patient/client advocate
- Role model
- Expanded role of nurse
Is nursing a profession?

- Body of knowledge
- Higher education
- Code of Ethics
- Self-regulated
Benner

- Box 1-3 in text
  - 1 Novice
  - 2 Advanced beginner
  - 3 Competent (2-3 yrs)
  - 4 Proficient (3-5 yrs)
  - 5 Expert
Practice Settings: NICU
Adult ICU
Occupational Health
Visiting Nurses
Military Nursing
Nursing Research
OR Nursing
Long Term Care/Rehab
Psych Nurse
Nursing Education
The Student Nurse
# First Schools

- New England Hospital for Women and Children
- Bellevue Training School
- Connecticut Training School
- Boston Training School
Education vs training
Types of Programs

- Diploma
- AD
- BSN
- Fast track
AD Nursing

- 1952
- Prepare more grads than any other type of program
Critical Thinking: Trends in Nursing

- Economics
- Science and technology
- Information and computers
- Legislation
- Nursing shortage
- Nursing associations
Communication: Program Philosophy

- The Associate Degree Nursing Program supports the mission of the Connecticut Community College System and is committed to the educational preparation of safe, competent, entry level practitioners of nursing. This is accomplished through a dynamic educational experience which involves active and diverse learning processes. Program graduates are prepared to assume the multi-faceted role of the professional nurse which includes planning and provision of care, client advocacy, communication, teaching, and managing human, physical, financial and technological resources. Graduates must possess the ability to recognize and respond to current trends and issues while upholding standards of care through life-long learning.

- The faculty believes nursing is a dynamic profession that incorporates evidenced-based theory and skills required for safe practice. Nursing practice integrates the art and science of nursing with theoretical principles from the natural, social, behavioral, biological and physical sciences.
Core Values: Critical Thinking

- Critical thinking skills are essential in today’s rapidly changing health care environment. Critical thinking is a complex process that is purposeful, goal-directed and based on factual evidence. Critical thinking requires the skills of collecting, identifying, examining, interpreting and evaluating data. Critical thinking in nursing utilizes the nursing process to identify problems, determine goals and interventions, and evaluate outcomes in client care situations. Critical thinking skills encourage nursing students to think for themselves and initiate appropriate interventions after defining the health care needs.
Caring

- Caring is fundamental to nursing practice. Caring encompasses comfort, empathy, compassion, concern and advocacy within a culturally diverse client population. Caring nurses enhance the dignity and integrity of individuals, families and groups within the health care delivery system.
Caring

- Providing presence
- Comforting
- Listening
- Knowing the client
- Spiritual caring
- Family care
Safe and Competent Practice

- Safe and competent practice embraces standards of professional nursing. These standards are implemented through clinical, cultural, and technological proficiency in a variety of health care settings. Nurses continuously strive to provide high level nursing care and to improve client outcomes based upon scientifically supported evidence.
Professionalism

- Professionalism is acquired through a complex process by which the nursing student internalizes values inherent to the practice of nursing. These values include integrity, legal-ethical standards, confidentiality, political awareness, and collegiality. Professional role development includes the acquisition of knowledge and skills through life-long learning.
Communication

- Communication is essential to the practice of professional nursing and includes both verbal and non-verbal skills, and information technologies to enhance client care. The nursing student develops skills in presentation, documentation, teaching, conflict resolution, assertiveness, negotiation, and therapeutic communications with individuals, families, groups, health care team, and community agencies.
Holistic Care

- Nursing utilizes a multidisciplinary approach to managing care that recognizes the uniqueness of the individual. Holistic nursing has as its goal the enhancement of illness prevention, health promotion, wellness maintenance, and health restoration across the life span. Holistic care involves the identification of the bio-psycho-social and cultural dimensions of the client across the life span on the wellness-illness continuum. Clients,
- Families, and groups are respected according to their physical, emotional, social, economic, cultural, and spiritual needs.
You

- Safe, competent, entry level practitioner of nursing