Dr. Mark Frizzell is a long-time adjunct instructor in the Three Rivers Community College Early Childhood Education program. In his retirement, he will continue as an adjunct.

Tonight was a bittersweet evening at the Griswold Board of Education meeting inside the media center at Griswold Middle School. The meeting started off like any other with the Pledge of Allegiance, accepting donations, and talking about the pending school budget for the next fiscal year.

The next order of business was the submitted resignation and subsequent retirement of Dr. Mark Frizzell, long time Principal at Griswold High School. In reality it was almost the worst kept secret in town since it was almost common knowledge that retirement was eminent once his son graduated from the school. His son, Trevor, is a senior at GHS.

Board of Education Chairperson, Atty Stuart Norman accepted Dr. Frizzell’s resignation…. With regret.

"Wow! TRCC and all of the learners that will continue to benefit from his teaching are certainly lucky. Out of all of my schooling the lessons that Doc. Frizzell taught me still resonate the most."

Mercedes Teachworth Alger, 4th grade teacher Lyme, CT

“When you are in a position like Dr. Frizzell, not all people 'like' you. However, the capacity in which I had the privilege of knowing Dr. Frizzell, changed my life!!! I had the good fortune at the beginning of my college education, to have 'Mark' as a professor for a Special Education course that was required for my regular Early Childhood Education degree. When I first met him, he came across as tough and very direct- (you know, I didn't get the warm fuzzies!!! LOL) After a few weeks, I had learned more from him than I had in other courses over an entire semester! In fact, he inspired me so much, I added Special Education to my course of study and earned a degree in Early Childhood Education with an emphasis in Special Education. Not only did he inspire me as a teacher, when trying to balancing working full-time, going to school full time and being a wife and mother full time, his determination to over-come his disabilities to earn his Ph.D. inspired me as a student- there was no excuse for me to 'give up'! If Dr. Frizzell happens to come across this.... Thank you for helping to inspire and mold me into the teacher I have become. 20 years later, and I can still remember specifics you taught me.

Enjoy your retirement Mark!!! It is well deserved!!!! Congratulations!!!”

Melissa Painter-Canova
Montessori Teacher, Norwich